

USATF ADIRONDACK NIGHT OF MILES - 7/12/2019

SHENENDEHOWA HIGH SCHOOL

Results

Event 17 Men 1 Mile Run AGE GRADED

Name	Age Team	Seed	Finals	Age-Grading H#	Points
Finals					
1 Fazio, Ben	M24 Una	4:10.00	4:23.32	4:23.33 84.54%	7 10
2 Conston, Jeff	M51 Una	4:59.00	5:04.38	4:26.25 83.61%	6 8
3 Giambalvo, Bob	M70 Una	5:57.00	6:04.24	4:26.59 83.50%	5 6
4 Greenberg, Ben	M50 Una	4:55.00	5:07.63	4:29.09 82.73%	6 5
5 Lange, Matthew	M23 Una	4:20.00	4:32.38	4:32.39 81.72%	7 4
6 Stephenson, Mark	M55 Una	4:59.00	5:26.25	4:33.89 81.28%	6 3
7 Donegan, Shaun	M33 Una	4:35.00	4:34.18	4:34.19 81.19%	7 2
8 Metacarpa, David	M17 Una	4:22.00	4:37.08	4:37.09 80.34%	7 1
9 Decker, Holden	M16 Una	4:18.00	4:40.10	4:40.11 79.47%	7
10 Terry, Chuck	M37 Una	4:40.00	4:46.22	4:40.16 79.46%	7
11 Burkowski, Volker	M47 Una	5:00.00	5:09.01	4:41.17 79.17%	3
12 Stookey, Jake	M43 Una	4:50.00	4:58.59	4:42.20 78.88%	3
13 Carroll, Patrick	M28 Una	4:30.00	4:42.86	4:42.87 78.70%	7
14 Merlis, Josh	M37 Una	4:59.90	4:54.62	4:48.38 77.19%	2
15 Borden, Brian	M55 Una	5:30.00	5:45.91	4:50.40 76.66%	6
16 Knobloch, Aaron	M43 Una	5:00.00	5:08.97	4:52.01 76.23%	3
17 McNamara, Scott	M51 Una	5:35.00	5:36.26	4:54.13 75.68%	6
18 Hislop, Jack	M16 Una	4:40.00	4:55.18	4:55.19 75.41%	7
19 Rizzo, Thomas	M22 Una	4:45.00	4:56.10	4:56.11 75.18%	7
20 Lynch, Richard	M61 Una	6:00.00	6:09.08	4:56.86 74.99%	5
21 Sesito, John	M55 Una	5:40.00	5:54.36	4:57.49 74.83%	6
22 Catlett, Jonathan	M41 Una	5:13.00	5:15.32	4:58.01 74.70%	3
23 Crowley, Colin	M42 Una	5:05.00	5:17.40	4:59.98 74.21%	3
23 Reed, Andrew	M48 Una	5:15.00	5:29.68	4:59.98 74.21%	3
25 Bean, Bill	M59 Una	5:55.00	5:57.57	5:00.19 74.16%	5
26 O'Grady, Thomas	M34 Una	4:30.00	5:01.79	5:01.80 73.76%	2
27 Austin, Michael	M37 Una	5:05.00	5:09.93	5:03.36 73.38%	2
28 Nunez, Mark	M62 Una	5:41.00	6:18.13	5:04.14 73.19%	6
29 Geesler, Dean	M46 Una	5:35.00	5:37.07	5:06.71 72.58%	4
30 Zachgo, Rick	M48 Una	5:23.00	5:39.27	5:08.71 72.11%	3
31 McCarthy, Andrew	M35 Una	5:20.00	5:15.51	5:08.83 72.08%	2
32 Perry, Alexander	M30 Una	4:55.00	5:11.45	5:11.46 71.47%	2
33 McGarry, Gabriel	M42 Una	5:40.00	5:30.03	5:11.92 71.37%	4
34 Ninneman, Matt	M26 Una	5:05.00	5:15.00	5:15.01 70.67%	2
35 Hart, Greg	M30 Una	5:15.00	5:15.42	5:15.43 70.57%	2
36 Dinicola, Michael	M44 Una	5:12.00	5:34.51	5:16.15 70.41%	3
37 Pusateri, John	M51 Una	5:20.00	6:07.13	5:21.13 69.32%	6
38 Seregott, Neil	M47 Una	5:40.00	5:59.37	5:27.00 68.07%	4
39 Potestio, Greg	M33 Una	5:20.00	5:31.42	5:31.43 67.17%	2
40 Cote, Denis	M48 Una	6:40.00	6:22.21	5:47.78 64.01%	4
41 Tebo, Matthew	M41 Una	6:55.00	6:31.23	6:09.76 60.20%	4
42 Krupski, Andrew	M29 Una	6:00.00	6:14.24	6:14.25 59.48%	2
43 Tyrrell, Neil	M44 Una	6:30.00	6:38.43	6:16.56 59.11%	4
44 Juliano, Vince	M62 Una	7:35.00	8:20.74	6:42.75 55.27%	5
45 McPartlon, Patrick	M31 Una	7:10.00	6:47.51	6:47.52 54.62%	2
46 Feinstein, Ralph	M65 Una	9:00.00	9:36.33	7:23.26 50.22%	5
47 Banker, Jonathan	M37 Una	7:30.00	7:41.98	7:32.19 49.23%	2
48 Lee JR, Raymond	M77 Una	13:00.00	12:10.92	8:17.62 44.73%	5

