

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Event 1 Boys 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1	Douglas Freeman High School	1:33.81	1:32.64
2	Mills E Godwin High School	1:36.10	1:35.02
3	Albemarle High School	1:34.74	1:35.09
4	First Colonial High School	1:36.17	1:35.54
5	Briar Woods High School	1:37.82	1:36.47
6	Independence High School	1:36.30	1:36.60
7	Riverside High School	1:37.07	1:36.85
8	Ocean Lakes High School	1:38.02	1:38.75
B - Final			
9	Midlothian High School	1:38.58	1:39.04
10	James River High School	1:39.87	1:39.13
11	Lightridge High School	1:40.38	1:41.00
12	Clover Hill High School	1:41.08	1:41.02
13	Potomac Falls High School	1:40.79	1:41.84
14	Deep Creek High School	1:41.84	1:42.04
15	Floyd E Kellam High School	1:43.13	1:43.58
---	Nansemond River High School	1:41.81	DQ

Event 1 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	Douglas Freeman High School	1:34.86	1:33.81
2	Albemarle High School	1:37.80	1:34.74
3	Mills E Godwin High School	1:35.28	1:36.10
4	First Colonial High School	1:37.52	1:36.17
5	Independence High School	1:37.51	1:36.30
6	Riverside High School	1:37.33	1:37.07
7	Briar Woods High School	1:37.95	1:37.82
8	Ocean Lakes High School	1:38.88	1:38.02
9	Midlothian High School	1:39.40	1:38.58
10	James River High School	1:39.09	1:39.87
11	Lightridge High School	1:39.92	1:40.38
12	Potomac Falls High School	1:42.50	1:40.79
13	Clover Hill High School	1:42.65	1:41.08
14	Nansemond River High School	1:43.85	1:41.81
15	Deep Creek High School	1:51.75	1:41.84
16	Floyd E Kellam High School	1:43.72	1:43.13
17	Stone Bridge High School	1:42.29	1:43.49
18	Great Bridge High School	1:43.52	1:43.72
19	Patrick Henry High School	1:44.33	1:45.66
20	Hickory High School	1:43.05	1:45.71
21	Matoaca High School	1:43.29	1:45.79
22	Menchville High School	1:46.50	1:46.48
23	Maury High School	1:47.22	1:47.91
24	Frank W Cox High School	1:44.90	1:48.02
25	Granby High School	1:49.78	1:51.32

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1	Albemarle High School	1:45.48	1:44.28
2	Douglas Freeman High School	1:48.42	1:47.35
3	Mills E Godwin High School	1:49.37	1:47.67
4	Briar Woods High School	1:48.70	1:48.44
5	JR Tucker High School	1:49.58	1:48.55
6	James River High School	1:49.57	1:51.12
7	Floyd E Kellam High School	1:52.55	1:51.79
8	Independence High School	1:52.66	1:53.38
B - Final			
9	Ocean Lakes High School	1:53.69	1:52.63
10	Potomac Falls High School	1:53.68	1:53.23
11	Hickory High School	1:53.91	1:53.83
12	Menchville High School	1:59.54	1:59.32
13	Nansemond River High School	2:02.00	2:00.72
14	Stone Bridge High School	1:57.43	2:02.21
15	Warwick High School	2:09.25	2:07.83
16	Maury High School	2:10.17	2:09.30

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	Albemarle High School	1:46.03	1:45.48
2	Douglas Freeman High School	1:47.80	1:48.42
3	Briar Woods High School	1:48.47	1:48.70
4	Mills E Godwin High School	1:47.83	1:49.37
5	James River High School	1:53.18	1:49.57
6	JR Tucker High School	1:49.01	1:49.58
7	Floyd E Kellam High School	1:53.90	1:52.55
8	Independence High School	1:51.77	1:52.66
9	Potomac Falls High School	1:52.75	1:53.68
10	Ocean Lakes High School	1:52.23	1:53.69
11	Hickory High School	1:53.97	1:53.91
12	Stone Bridge High School	1:55.75	1:57.43
13	Menchville High School	1:58.28	1:59.54
14	Nansemond River High School	2:00.83	2:02.00
15	Warwick High School	2:09.33	2:09.25
16	Maury High School	2:08.40	2:10.17
---	First Colonial High School	1:48.47	DQ
---	Riverside High School	1:54.56	DQ
---	Midlothian High School	1:47.73	DQ

Event 3 Boys 200 Yard Freestyle

Name	Yr School	Prelim Time	Finals Time
A - Final			
1	Szobota, Nathan JR Douglas Freeman High School	1:41.74	1:38.93
2	Knapp, Parker FR First Colonial High School	1:41.90	1:40.50
3	Keenan, Nate SR First Colonial High School	1:43.13	1:41.14
4	Nelson, Cole FR Douglas Freeman High School	1:43.47	1:41.78
5	Koepp, Tyler SO Salem High School Swim Team	1:43.77	1:42.51
6	Wilkerson, Chase SO First Colonial High School	1:43.43	1:44.28

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

A - Final ... (Event 3 Boys 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
7 Easton, Chase		Albemarle High School	1:44.77	1:45.33
8 Rabe, Chase	FR	Independence High School	1:45.44	1:45.38

B - Final

9 Knight, Benjamin	JR	Ocean Lakes High School	1:46.47	1:44.49
10 McNabb, Zachary	SO	Hickory High School	1:46.31	1:45.25
11 Freeman, Harper	JR	Riverside High School	1:46.02	1:45.75
12 Sawyer, Bradley		Albemarle High School	1:46.55	1:45.82
13 Stratton, Nicholas	SO	Great Bridge High School	1:46.03	1:46.36
14 Vinarov, Evan	JR	Hickory High School	1:46.69	1:48.05
15 Rodgers, Sterling	JR	Menchville High School	1:46.51	1:49.46
16 Fisher, Adam	SR	Mills E Godwin High School	1:47.96	1:49.85

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Szobota, Nathan	JR	Douglas Freeman High School	1:38.38	1:41.74
2 Knapp, Parker	FR	First Colonial High School	1:43.11	1:41.90
3 Keenan, Nate	SR	First Colonial High School	1:42.97	1:43.13
4 Wilkerson, Chase	SO	First Colonial High School	1:44.34	1:43.43
5 Nelson, Cole	FR	Douglas Freeman High School	1:42.55	1:43.47
6 Koepp, Tyler	SO	Salem High School Swim Team	1:45.83	1:43.77
7 Easton, Chase		Albemarle High School	1:43.11	1:44.77
8 Rabe, Chase	FR	Independence High School	1:44.87	1:45.44
9 Freeman, Harper	JR	Riverside High School	1:48.65	1:46.02
10 Stratton, Nicholas	SO	Great Bridge High School	1:46.31	1:46.03
11 McNabb, Zachary	SO	Hickory High School	1:45.34	1:46.31
12 Knight, Benjamin	JR	Ocean Lakes High School	1:48.37	1:46.47
13 Rodgers, Sterling	JR	Menchville High School	1:48.84	1:46.51
14 Sawyer, Bradley		Albemarle High School	1:46.05	1:46.55
15 Vinarov, Evan	JR	Hickory High School	1:47.51	1:46.69
16 Fisher, Adam	SR	Mills E Godwin High School	1:47.96	1:47.96
17 Szabo, Erik	SO	Clover Hill High School	1:48.43	1:48.00
18 Tragle, Harrison	FR	Riverside High School	1:48.63	1:48.37
19 Winston, Gabriel		Granby High School	1:51.78	1:49.63
20 Kampfe, Tyler	JR	Floyd E Kellam High School	1:52.54	1:51.89
21 Jordan, Patrick	SR	Briar Woods High School	1:52.38	1:52.08
22 Wood, Wilson	FR	First Colonial High School	1:52.93	1:52.69
23 Griffin, Wyatt	SO	Independence High School	1:52.60	1:55.55
24 Brennan, Beckett	FR	Maury High School	1:58.75	1:56.00
25 Barakey, Colin	SR	Hickory High School	1:51.34	1:56.31
26 Wooleyhand, Blaine	SO	Kecoughtan High School	2:00.47	1:58.51
27 Venable, Sam	SR	Nansemond River High School	1:58.47	2:00.29

Event 4 Girls 200 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Bischoff, Allison	JR	Douglas Freeman High School	1:50.21	1:49.50
2 Stuhlmacher, Claire	SR	Douglas Freeman High School	1:52.70	1:51.50
3 Wells, Sara		Albemarle High School	1:53.99	1:51.88
4 Duffy, Dara	SO	First Colonial High School	1:52.39	1:52.02
5 Armstrong, Kiersten	SO	JR Tucker High School	1:54.00	1:53.66

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

A - Final ... (Event 4 Girls 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
6 Meyer, Amelie		Albemarle High School	1:55.64	1:54.89
7 Reid, Keira	SR	Mills E Godwin High School	1:54.67	1:55.38
8 Rebich, Lizzie	SR	Riverside High School	1:56.36	1:59.53

B - Final

9 Hudson, Kayley	JR	Briar Woods High School	1:56.76	1:56.66
10 Barron, Ella	SO	Douglas Freeman High School	1:58.16	1:56.67
11 Loyd, Hannah	SR	Ocean Lakes High School	1:58.67	1:57.95
12 Blanco, Karina	SO	Douglas Freeman High School	1:58.95	1:59.77
13 Kryszon, Maddie	12	James River High School	1:57.73	1:59.82
14 Richardson, Reese	FR	Midlothian High School	1:59.78	2:00.22
15 Giroud, Caroline	JR	Floyd E Kellam High School	1:59.67	2:00.27
16 Verbel, Georgia	SO	Massaponax High School	1:59.22	2:03.33

Event 4 Girls 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Bischoff, Allison	JR	Douglas Freeman High School	1:55.03	1:50.21
2 Duffy, Dara	SO	First Colonial High School	1:52.81	1:52.39
3 Stuhlmacher, Claire	SR	Douglas Freeman High School	1:52.26	1:52.70
4 Wells, Sara		Albemarle High School	1:54.75	1:53.99
5 Armstrong, Kiersten	SO	JR Tucker High School	1:54.95	1:54.00
6 Reid, Keira	SR	Mills E Godwin High School	1:55.12	1:54.67
7 Meyer, Amelie		Albemarle High School	1:57.42	1:55.64
8 Rebich, Lizzie	SR	Riverside High School	1:57.95	1:56.36
9 Hudson, Kayley	JR	Briar Woods High School	1:56.95	1:56.76
10 Kryszon, Maddie	12	James River High School	1:57.25	1:57.73
11 Barron, Ella	SO	Douglas Freeman High School	1:56.49	1:58.16
12 Loyd, Hannah	SR	Ocean Lakes High School	1:57.91	1:58.67
13 Blanco, Karina	SO	Douglas Freeman High School	1:59.70	1:58.95
14 Verbel, Georgia	SO	Massaponax High School	2:03.30	1:59.22
15 Giroud, Caroline	JR	Floyd E Kellam High School	2:00.31	1:59.67
16 Richardson, Reese	FR	Midlothian High School	1:58.51	1:59.78
17 Masson, Alina	FR	First Colonial High School	1:59.16	2:00.02
18 Iniguez, Annalise	SR	Deep Creek High School	1:57.42	2:01.08
19 Coelho, Melissa	FR	Riverside High School	2:01.57	2:02.61
20 Wysocki, Nina	SO	Independence High School	1:59.59	2:02.65
21 Ramey, Addilynn	JR	Lightridge High School	2:03.48	2:05.34
22 Kerr, Olivia	SR	Independence High School	2:04.22	2:06.25
23 Arbuckle, Ella		Granby High School	2:09.14	2:08.21
24 Brutus, Gianna	SO	Nansemond River High School	2:12.45	2:13.32
25 Guerra, Jacie	SR	Nansemond River High School	2:15.55	2:15.56
26 Giles, Rachel	JR	Menchville High School	2:18.03	2:15.91
--- Holland, Grace	JR	Menchville High School	2:14.04	DQ

Event 5 Boys 200 Yard IM

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Silva, Pablo	SR	Mills E Godwin High School	1:54.21	1:48.72
2 Wolfe, Matthew	10	James River High School	1:54.09	1:51.24
3 Ayers, Alex	SR	Douglas Freeman High School	1:53.41	1:51.42
4 Hodges, Josh		Albemarle High School	1:54.20	1:54.69

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

A - Final ... (Event 5 Boys 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time
5 Ridge, Spencer	JR	Mills E Godwin High School	1:56.15	1:56.31
6 Jun, Caleb	SO	Douglas Freeman High School	1:56.17	1:56.41
7 Julian, Bryant	SR	Midlothian High School	1:56.92	1:57.51
8 Clippinger, Jack	SO	LC Bird High School	1:57.11	1:59.00

B - Final

9 Lineberry, Alex	SR	Frank W Cox High School	1:58.28	1:54.92
10 Smith, Josh	JR	Patrick Henry High School	1:58.35	1:56.57
11 McCoy, Colt	JR	First Colonial High School	1:59.28	1:56.98
*12 Kresin, Nikita	JR	Riverside High School	1:57.58	1:58.58
*12 Char, Matthew	FR	Briar Woods High School	1:58.24	1:58.58
14 Swartz, Tyler		Deep Creek High School	1:58.51	1:59.32
15 Ericson, Ryan	JR	Ocean Lakes High School	1:57.95	1:59.88
16 Rabe, Chase	FR	Independence High School	1:57.69	2:05.40

Event 5 Boys 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Ayers, Alex	SR	Douglas Freeman High School	1:49.16	1:53.41
2 Wolffe, Matthew	10	James River High School	1:52.78	1:54.09
3 Hodges, Josh		Albemarle High School	1:57.71	1:54.20
4 Silva, Pablo	SR	Mills E Godwin High School	1:56.94	1:54.21
5 Ridge, Spencer	JR	Mills E Godwin High School	1:56.34	1:56.15
6 Jun, Caleb	SO	Douglas Freeman High School	1:57.20	1:56.17
7 Julian, Bryant	SR	Midlothian High School	1:57.81	1:56.92
8 Clippinger, Jack	SO	LC Bird High School	1:57.83	1:57.11
9 Kresin, Nikita	JR	Riverside High School	2:00.87	1:57.58
10 Rabe, Chase	FR	Independence High School	1:55.39	1:57.69
11 Ericson, Ryan	JR	Ocean Lakes High School	1:59.23	1:57.95
12 Char, Matthew	FR	Briar Woods High School	1:58.51	1:58.24
13 Lineberry, Alex	SR	Frank W Cox High School	1:58.06	1:58.28
14 Smith, Josh	JR	Patrick Henry High School	1:58.62	1:58.35
15 Swartz, Tyler		Deep Creek High School	1:57.49	1:58.51
16 McCoy, Colt	JR	First Colonial High School	1:59.61	1:59.28
17 Ferguson, George	SR	Douglas Freeman High School	2:00.85	2:00.44
18 Seo, Aiden	JR	Independence High School	2:01.29	2:00.81
19 Salpeter, Troy		Deep Creek High School	2:01.06	2:01.15
20 Marshall, Connor		Albemarle High School	2:00.05	2:01.32
21 Harrell, Lincoln	SO	Mills E Godwin High School	2:01.38	2:01.47
22 Kobzar, Nikita	SR	Maury High School	2:07.15	2:03.58
23 Root, Garrett	FR	Kecoughtan High School	2:11.85	2:09.55
24 Kim, Bernard	JR	Menchville High School	2:11.00	2:10.60
25 Parker, Riley	SO	Nansemond River High School	2:11.76	2:11.74
26 Warren, Will	SR	Kecoughtan High School	2:13.18	2:13.16

Event 6 Girls 200 Yard IM

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Hotem, Kate	JR	Mills E Godwin High School	2:04.29	2:03.02
2 Czirjak, Sara		Albemarle High School	2:07.97	2:04.36
3 Smith, Cameron		Albemarle High School	2:06.50	2:04.37
4 Grishaeva, Maria	SR	Briar Woods High School	2:05.71	2:04.58

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

A - Final ... (Event 6 Girls 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time
5 White, Charlotte	FR	Douglas Freeman High School	2:08.36	2:06.16
6 Eubank, Mia	FR	Mills E Godwin High School	2:12.68	2:08.32
7 Santucci, Elle	JR	Riverside High School	2:08.12	2:08.59
8 Ix, Sara	SR	Midlothian High School	2:10.01	2:11.61

B - Final

9 Everhart, Charlotte	SR	First Colonial High School	2:13.45	2:10.41
10 Everhart, Norah	SO	First Colonial High School	2:13.19	2:11.18
11 Rodriguez, Cristina	JR	JR Tucker High School	2:13.63	2:12.99
12 Roberts, Addy	SR	First Colonial High School	2:14.26	2:13.41
13 Roy, Asha	FR	Independence High School	2:13.37	2:14.40
14 Fary, Brenna	SO	First Colonial High School	2:14.05	2:14.65
15 Crum, Josie	SR	Midlothian High School	2:13.96	2:15.47
16 Rocha, Sloane	FR	Independence High School	2:17.66	2:16.39

Event 6 Girls 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Hotem, Kate	JR	Mills E Godwin High School	2:05.35	2:04.29
2 Grishaeva, Maria	SR	Briar Woods High School	2:06.78	2:05.71
3 Smith, Cameron		Albemarle High School	2:09.35	2:06.50
4 Czirjak, Sara		Albemarle High School	2:08.16	2:07.97
5 Santucci, Elle	JR	Riverside High School	2:08.40	2:08.12
6 White, Charlotte	FR	Douglas Freeman High School	2:10.01	2:08.36
7 Ix, Sara	SR	Midlothian High School	2:09.22	2:10.01
8 Eubank, Mia	FR	Mills E Godwin High School	2:09.31	2:12.68
9 Everhart, Norah	SO	First Colonial High School	2:12.91	2:13.19
10 Roy, Asha	FR	Independence High School	2:17.91	2:13.37
11 Everhart, Charlotte	SR	First Colonial High School	2:12.69	2:13.45
12 Rodriguez, Cristina	JR	JR Tucker High School	2:14.38	2:13.63
13 Crum, Josie	SR	Midlothian High School	2:12.61	2:13.96
14 Fary, Brenna	SO	First Colonial High School	2:15.92	2:14.05
15 Roberts, Addy	SR	First Colonial High School	2:11.60	2:14.26
16 Johnson, Skylar	SR	Kecoughtan High School	2:17.02	2:17.17
17 Rocha, Sloane	FR	Independence High School	2:17.25	2:17.66
18 Maniace, Kaylah	FR	Hickory High School	2:19.02	2:18.22
19 Marcussen, Lise	SR	Ocean Lakes High School	2:19.60	2:19.99
20 Phillips, Ava	SR	Nansemond River High School	2:21.50	2:20.80
21 Donaldson, Madeline	SR	Menchville High School	2:28.12	2:27.24
22 Drozda, Isabella		Warwick High School	2:36.85	2:32.74
23 Soter, Alison	JR	Kecoughtan High School	2:39.65	2:40.21
--- Sherrock, Vivan	FR	Bayside High School	2:14.59	DQ

Event 7 Boys 50 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Temple, Austin	SO	First Colonial High School	20.72	20.47
2 Tragle, H T	SR	Riverside High School	20.86	20.88
3 Baum, Carter	JR	Frank W Cox High School	21.01	20.93
4 Elmore, Lance		Albemarle High School	21.27	21.09
5 Spade, Gage	SR	Ocean Lakes High School	21.62	21.36
6 Menz, Mason	JR	Independence High School	21.17	21.43

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

A - Final ... (Event 7 Boys 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
7 Tiller, Grant	SR	Clover Hill High School	21.74	21.66
8 Bupp, Tate	JR	Clover Hill High School	21.96	22.07

B - Final

9 Kuriger, Nicholas	JR	Douglas Freeman High School	22.14	21.90
10 Kocak, Ethan	SR	Independence High School	22.06	22.05
11 Bettis, Will	SR	Ocean Lakes High School	22.08	22.15
12 Ellenberger, Carson	SO	Clover Hill High School	22.44	22.16
13 Neuhaus, Harrison	SR	Mills E Godwin High School	22.22	22.26
14 Heiskanen, Adam	SR	Briar Woods High School	22.47	22.36
15 Weeks, Bennett	JR	Floyd E Kellam High School	22.45	22.41
16 Grau III, Billy	10	James River High School	22.58	22.63

Event 7 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Temple, Austin	SO	First Colonial High School	21.07	20.72
2 Tragle, H T	SR	Riverside High School	21.02	20.86
3 Baum, Carter	JR	Frank W Cox High School	21.19	21.01
4 Menz, Mason	JR	Independence High School	22.07	21.17
5 Elmore, Lance		Albemarle High School	21.58	21.27
6 Spade, Gage	SR	Ocean Lakes High School	21.68	21.62
7 Tiller, Grant	SR	Clover Hill High School	21.71	21.74
8 Bupp, Tate	JR	Clover Hill High School	22.39	21.96
9 Kocak, Ethan	SR	Independence High School	22.10	22.06
10 Bettis, Will	JR	Ocean Lakes High School	22.17	22.08
11 Kuriger, Nicholas	JR	Douglas Freeman High School	22.38	22.14
12 Neuhaus, Harrison	SR	Mills E Godwin High School	22.20	22.22
13 Ellenberger, Carson	SO	Clover Hill High School	22.59	22.44
14 Weeks, Bennett	JR	Floyd E Kellam High School	22.55	22.45
15 Heiskanen, Adam	SR	Briar Woods High School	22.48	22.47
16 Grau III, Billy	10	James River High School	22.04	22.58
17 Anderson, Jake	JR	Potomac Falls High School	22.57	22.59
18 Creech, Wil	12	James River High School	22.59	22.59
19 Cooper, Caleb	SR	Matoaca High School	22.26	22.63
20 Kretzing, Pierson	JR	Lightridge High School	22.32	22.70
21 Keenan, Alex	FR	First Colonial High School	22.41	22.73
22 Venable, Sam	SR	Nansemond River High School	23.22	23.53
23 Denton, Brookes	JR	Kecoughtan High School	23.94	23.61
24 Grantham, Justin	SR	Kecoughtan High School	23.50	23.62
25 Woollett, Malcolm		Granby High School	23.99	23.92
26 Holland, Brendan	SR	Maury High School	23.88	24.19

Event 8 Girls 50 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Duffy, Kayleigh	SR	First Colonial High School	23.45	23.48
2 Teague, Sara	JR	First Colonial High School	24.15	24.01
3 Mierenfeld, Ellie	SO	Midlothian High School	24.46	24.16
4 Sleman, Molly	JR	Douglas Freeman High School	24.09	24.20
5 Marchione, Maris	SO	First Colonial High School	24.39	24.43
6 Mckinney, Ava	JR	Mills E Godwin High School	24.49	24.45

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

A - Final ... (Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
7 Hayward, Audrey	SO	Briar Woods High School	24.74	24.46
8 Rawlins, Afsana	JR	Ocean Lakes High School	24.76	24.83

B - Final

9 Rawlins, Sohalya	JR	Ocean Lakes High School	25.15	24.49
10 Bredbenner, Elsie	11	James River High School	25.12	24.82
11 Kaufman, Sidney	JR	Midlothian High School	24.78	24.85
12 Wolfe, Madison	JR	Menchville High School	25.17	24.94
13 Antognoli, Soleil	JR	Potomac Falls High School	24.96	24.95
14 Dugger, Sophia	FR	JR Tucker High School	25.05	25.08
15 Lundeberg, Ilsa	12	James River High School	24.85	25.14
16 Morrow, Katelyn	JR	Douglas Freeman High School	25.16	25.19

Event 8 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Duffy, Kayleigh	SR	First Colonial High School	23.43	23.45
2 Sleman, Molly	JR	Douglas Freeman High School	24.17	24.09
3 Teague, Sara	JR	First Colonial High School	24.35	24.15
4 Marchione, Maris	SO	First Colonial High School	24.64	24.39
5 Mierenfeld, Ellie	SO	Midlothian High School	25.26	24.46
6 Mckinney, Ava	JR	Mills E Godwin High School	24.74	24.49
7 Hayward, Audrey	SO	Briar Woods High School	24.67	24.74
8 Rawlins, Afsana	JR	Ocean Lakes High School	25.02	24.76
9 Kaufman, Sidney	JR	Midlothian High School	25.12	24.78
10 Lundeberg, Ilsa	12	James River High School	24.50	24.85
11 Antognoli, Soleil	JR	Potomac Falls High School	25.18	24.96
12 Dugger, Sophia	FR	JR Tucker High School	25.03	25.05
13 Bredbenner, Elsie	11	James River High School	25.00	25.12
14 Rawlins, Sohalya	JR	Ocean Lakes High School	24.86	25.15
15 Morrow, Katelyn	JR	Douglas Freeman High School	25.08	25.16
16 Wolfe, Madison	JR	Menchville High School	25.27	25.17
17 Perezous, Micaela	JR	Potomac Falls High School	24.83	25.25
18 Bates, Carly	SR	Princess Anne High School	25.41	25.37
19 Antognoli, Marley	FR	Potomac Falls High School	25.76	25.70
20 Hansen, Lina	SR	Riverbend High School	25.47	25.73
21 Grabinski, Kayla	SO	Nansemond River High School	26.18	25.78
22 Rice, Carson		Granby High School	26.74	26.56
23 Ferguson, Brooke	JR	Menchville High School	26.77	26.59
24 Davis, Aliya		Warwick High School	27.01	27.38

Event 9 Boys 1 mtr Diving

Name	Yr	School	Finals Score
1 Popovsky, Vincent		Albemarle High School	470.10
2 Eubank, Ethan		James River High School	349.35
3 Bennington, Dylan	SO	Ocean Lakes High School	324.70
4 Rossi, Tyler	SO	Douglas Freeman High School	310.30
5 Green, Brayden	SR	Kecoughtan High School	364.90
6 Brookshier, Grady	SO	Douglas Freeman High School	311.95
7 Gray, James	SO	Douglas Freeman High School	351.35
8 Ellis, Xavier		James River High School	326.95
9 Beahm, Randall		Albemarle High School	358.95

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

(Event 9 Boys 1 mtr Diving)

	Name	Yr	School		Finals Score
10	Bjurman-Birr, Jarrett	SO	Patrick Henry High School	250.75	235.55
11	Shinn, Jacob	JR	Hickory High School	234.25	230.70
12	Lavender, Jay	JR	Midlothian High School	256.35	223.40
13	Nelson, Blaine	JR	Douglas Freeman High School	302.95	221.90
14	Weber, Kyle		Albemarle High School	313.50	211.35
15	Kinser, Patrick	SO	Ocean Lakes High School	232.65	204.30
16	Pierce, Luke		Kempsville High School	223.15	191.90
17	Brady, Phillip	JR	Princess Anne High School	259.30	144.75
18	Sanders, Tyler		Floyd E Kellam High School	243.00	142.65
19	Lively, Hunter	SO	Kecoughtan High School	244.20	132.40
20	McCauley, Jose		Menchville High School	284.90	127.20

Event 10 Girls 1 mtr Diving

	Name	Yr	School		Finals Score
1	Stilley, Meredith		Albemarle High School	486.65	379.85
2	Worman, Peyton	JR	Hickory High School	411.00	366.90
3	Holbach, Sydney		Deep Creek High School	394.15	340.60
4	Vinzant, Tara		Albemarle High School	401.40	300.70
5	Sokalzuk, Maggie	JR	Ocean Lakes High School	326.00	279.80
6	Workman, Sadie	FR	Frank W Cox High School	321.90	257.90
7	Freitas, Rio		Albemarle High School	341.10	252.00
8	Morel, Mathilde	SO	Princess Anne High School	301.55	250.35
9	Thebarga, Maegan		Granby High School	344.70	247.40
10	Runge, Madison	SR	Kecoughtan High School	291.60	245.15
11	Brown, Ellen	SO	Douglas Freeman High School	266.40	242.95
12	Hobbs, Ollie	SR	Louisa County High School	300.55	232.10
13	Mauldin, Izzie	SO	Hickory High School	240.35	228.30
14	Gregory, Scotty	JR	Douglas Freeman High School	289.45	219.85
15	Carneal, Kate	SR	Midlothian High School	279.55	213.05
16	Bonser, Rilyn	FR	Midlothian High School	254.90	159.50
17	Holmes, Cici		Floyd E Kellam High School	266.80	158.95
18	Olwin, Leslie	SO	Tallwood High School	246.50	148.90
19	Cieremans, Tori	JR	Kecoughtan High School	244.65	142.20
20	Bowers, Mollie	SO	Clover Hill High School	251.80	88.20
21	Boone, Lynlea	SR	Kecoughtan High School	223.55	85.00
22	Post, Kate	SO	Douglas Freeman High School	238.15	82.75
23	Cathey, Tess		Albemarle High School	263.60	81.20
24	Harbach, Grace	JR	Douglas Freeman High School	262.50	79.90
---	Baron, Cady		James River High School	271.50	DQ

Event 11 Boys 100 Yard Butterfly

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Ayers, Alex	SR	Douglas Freeman High School	50.33	50.21
2	Keenan, Nate	SR	First Colonial High School	51.66	50.57
3	Goad, Zachary	JR	Matoaca High School	51.60	50.87
4	Cather, Owen	JR	Briar Woods High School	51.00	51.09
5	Campbell, Spencer	JR	Clover Hill High School	50.88	51.11
6	Menz, Mason	JR	Independence High School	51.65	51.59
7	Gadsby, Kyle	FR	Independence High School	52.20	52.16
8	Gabriel, Lucas	JR	Lightridge High School	52.55	52.97

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

B - Final ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time
B - Final				
9 Ferguson, George	SR	Douglas Freeman High School	52.93	52.75
10 Cortez-Martinez, Adrian	FR	Lightridge High School	53.00	53.18
11 Kalka, Thomas	SO	Potomac Falls High School	53.15	53.19
12 McCarthy, Connor	JR	Midlothian High School	52.87	53.58
13 Bergmann, Theodor		Albemarle High School	54.04	53.91
14 Tragle, Harrison	FR	Riverside High School	53.61	54.24
15 Goedecke, Colin	SR	Great Bridge High School	53.93	54.26
16 Garth, Ian		Deep Creek High School	53.61	54.81

Event 11 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Ayers, Alex	SR	Douglas Freeman High School	49.56	50.33
2 Campbell, Spencer	JR	Clover Hill High School	51.21	50.88
3 Cather, Owen	JR	Briar Woods High School	51.12	51.00
4 Goad, Zachary	JR	Matoaca High School	53.27	51.60
5 Menz, Mason	JR	Independence High School	53.01	51.65
6 Keenan, Nate	SR	First Colonial High School	51.13	51.66
7 Gadsby, Kyle	FR	Independence High School	52.27	52.20
8 Gabriel, Lucas	JR	Lightridge High School	52.65	52.55
9 McCarthy, Connor	JR	Midlothian High School	54.15	52.87
10 Ferguson, George	SR	Douglas Freeman High School	53.73	52.93
11 Cortez-Martinez, Adrian	FR	Lightridge High School	52.88	53.00
12 Kalka, Thomas	SO	Potomac Falls High School	53.14	53.15
*13 Tragle, Harrison	FR	Riverside High School	54.37	53.61
*13 Garth, Ian		Deep Creek High School	53.70	53.61
15 Goedecke, Colin	SR	Great Bridge High School	53.53	53.93
16 Bergmann, Theodor		Albemarle High School	54.70	54.04
17 Luzak, Landon	SR	Ocean Lakes High School	55.22	54.17
18 King, Michael	SR	Douglas Freeman High School	54.26	54.50
19 Hendershot, Carter	SR	Potomac Falls High School	54.28	54.84
20 Tran, Vincent	JR	Floyd E Kellam High School	54.14	55.25
21 Rohlfs, Noah	SR	Menchville High School	56.87	56.78
22 Balk, Jordan	JR	Mills E Godwin High School	54.42	57.89
23 Ternes, Mason	SR	Nansemond River High School	1:00.20	58.58
24 Rodgers, Caden	FR	Menchville High School	59.91	58.78
25 Warren, Will	SR	Kecoughtan High School	1:00.72	1:00.54
26 Wooleyhand, Blaine	SO	Kecoughtan High School	1:03.80	1:04.08

Event 12 Girls 100 Yard Butterfly

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Davis, Grey		Albemarle High School	54.66	54.84
2 Ix, Sara	SR	Midlothian High School	57.51	57.36
3 Klotz, Anna	JR	Stone Bridge High School	57.67	57.42
4 Marchione, Maris	SO	First Colonial High School	57.95	57.47
5 Santucci, Elle	JR	Riverside High School	58.60	57.87
6 Kang, Sarah	SR	Douglas Freeman High School	58.38	58.12
7 Maniace, Abby	JR	Hickory High School	58.41	58.75
8 Oluwabusola, Mya	JR	Floyd E Kellam High School	57.55	59.33

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

B - Final ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time
B - Final				
9 Wright, Maggie	SO	First Colonial High School	58.71	58.16
10 Everhart, Norah	SO	First Colonial High School	1:00.17	58.53
11 Johnson, Skylar	SR	Kecoughtan High School	1:01.48	59.57
12 Hoang, Angelina		Albemarle High School	1:01.14	1:00.50
13 Chen, Sara	JR	Independence High School	1:01.28	1:01.33
14 Lear, Reagan	9	James River High School	1:00.79	1:01.49
15 Woolley, Jamie	SR	Hickory High School	1:01.46	1:01.94
16 Tiberio, Kyleigh	SR	Massaponax High School	1:01.82	1:03.10

Event 12 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Davis, Grey		Albemarle High School	56.17	54.66
2 Ix, Sara	SR	Midlothian High School	57.87	57.51
3 Oluwabusola, Mya	JR	Floyd E Kellam High School	58.32	57.55
4 Klotz, Anna	JR	Stone Bridge High School	57.31	57.67
5 Marchione, Maris	SO	First Colonial High School	59.11	57.95
6 Kang, Sarah	SR	Douglas Freeman High School	57.68	58.38
7 Maniace, Abby	JR	Hickory High School	59.32	58.41
8 Santucci, Elle	JR	Riverside High School	58.51	58.60
9 Wright, Maggie	SO	First Colonial High School	59.19	58.71
10 Everhart, Norah	SO	First Colonial High School	59.46	1:00.17
11 Lear, Reagan	9	James River High School	1:02.32	1:00.79
12 Hoang, Angelina		Albemarle High School	1:01.78	1:01.14
13 Chen, Sara	JR	Independence High School	1:01.71	1:01.28
14 Woolley, Jamie	SR	Hickory High School	1:01.08	1:01.46
15 Johnson, Skylar	SR	Kecoughtan High School	59.85	1:01.48
16 Tiberio, Kyleigh	SR	Massaponax High School	1:01.69	1:01.82
17 Speilman, Mackenzie	JR	Potomac Falls High School	1:01.34	1:03.04
18 Donaldson, Madeline	SR	Menchville High School	1:04.39	1:05.41
19 Graves, Bethany	FR	Warwick High School	1:12.66	1:09.38
20 Hamby, Claire	JR	Nansemond River High School	1:09.97	1:10.11
21 Benoit, Hazel	SO	Menchville High School	1:20.20	1:21.85

Event 13 Boys 100 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Temple, Austin	SO	First Colonial High School	45.57	44.99
2 Tragle, H T	SR	Riverside High School	45.76	45.23
3 Baum, Carter	JR	Frank W Cox High School	46.69	46.39
4 Brooks, Henry	JR	Douglas Freeman High School	47.26	46.79
5 Tiller, Grant	SR	Clover Hill High School	47.59	47.39
6 Elmore, Lance		Albemarle High School	48.04	47.67
7 Rivas, Matthew	JR	Mills E Godwin High School	47.79	47.72
8 Easton, Chase		Albemarle High School	47.84	48.02
B - Final				
9 Spade, Gage	SR	Ocean Lakes High School	48.53	47.75
10 Jastrzembski, Ryan	SR	Independence High School	48.30	48.41
11 Sawyer, Bradley		Albemarle High School	48.50	48.54
12 Bupp, Tate	JR	Clover Hill High School	48.39	48.79

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

B - Final ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
13 Fisher, Adam	SR	Mills E Godwin High School	49.21	48.90
14 Char, Andrew	SR	Briar Woods High School	49.30	49.69
15 Harmon, Dahmon	SR	Deep Creek High School	49.92	50.63
16 Ward, Forrest	SO	Nansemond River High School	49.91	50.81

Event 13 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Temple, Austin	SO	First Colonial High School	46.48	45.57
2 Tragle, H T	SR	Riverside High School	45.54	45.76
3 Baum, Carter	JR	Frank W Cox High School	47.73	46.69
4 Brooks, Henry	JR	Douglas Freeman High School	48.05	47.26
5 Tiller, Grant	SR	Clover Hill High School	47.73	47.59
6 Rivas, Matthew	JR	Mills E Godwin High School	48.10	47.79
7 Easton, Chase		Albemarle High School	47.38	47.84
8 Elmore, Lance		Albemarle High School	48.71	48.04
9 Jastrzembski, Ryan	SR	Independence High School	48.32	48.30
10 Bupp, Tate	JR	Clover Hill High School	49.03	48.39
11 Sawyer, Bradley		Albemarle High School	49.38	48.50
12 Spade, Gage	SR	Ocean Lakes High School	48.92	48.53
13 Fisher, Adam	SR	Mills E Godwin High School	49.24	49.21
14 Char, Andrew	SR	Briar Woods High School	49.04	49.30
15 Ward, Forrest	SO	Nansemond River High School	51.25	49.91
16 Harmon, Dahmon	SR	Deep Creek High School	50.83	49.92
17 Kretzing, Pierson	JR	Lightridge High School	49.63	49.99
18 Rooney, Jackson	JR	Patrick Henry High School	49.53	49.99
19 Long, Carter	SR	Lightridge High School	50.88	50.20
20 Hancock, Jack	SR	Ocean Lakes High School	51.32	50.32
21 Kocak, Ethan	SR	Independence High School	51.40	51.24
22 Root, Garrett	FR	Kecoughtan High School	51.81	51.77
23 Brennan, Beckett	FR	Maury High School	52.73	52.49
24 Woollett, Malcolm		Granby High School	52.80	53.73
25 Holland, Brendan	SR	Maury High School	53.22	54.39

Event 14 Girls 100 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Duffy, Kayleigh	SR	First Colonial High School	51.23	50.91
2 Bischoff, Allison	JR	Douglas Freeman High School	51.47	50.95
3 Kilty, Caroline	SO	Briar Woods High School	51.97	51.97
4 Mckinney, Ava	JR	Mills E Godwin High School	52.66	52.60
5 Sleman, Molly	JR	Douglas Freeman High School	53.04	53.50
6 Rawlins, Afsana	JR	Ocean Lakes High School	53.30	53.56
7 Hayward, Audrey	SO	Briar Woods High School	54.06	53.97
8 Schmidt, Meghan	SR	JR Tucker High School	54.42	54.72
B - Final				
9 Giroud, Caroline	JR	Floyd E Kellam High School	54.60	54.13
10 Whiteman, Sydney	SO	First Colonial High School	54.51	54.86
11 Hinton, Carter	JR	Clover Hill High School	55.15	54.89
12 Macchi, Lana	JR	First Colonial High School	55.08	55.21
13 Barron, Ella	SO	Douglas Freeman High School	55.35	55.29

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

B - Final ... (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
14 Antognoli, Soleil	JR	Potomac Falls High School	54.87	55.50
15 Perezous, Micaela	JR	Potomac Falls High School	56.49	56.01
16 Wolfe, Madison	JR	Menchville High School	56.05	56.63

Event 14 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Duffy, Kayleigh	SR	First Colonial High School	51.33	51.23
2 Bischoff, Allison	JR	Douglas Freeman High School	51.63	51.47
3 Kilty, Caroline	SO	Briar Woods High School	52.20	51.97
4 Mckinney, Ava	JR	Mills E Godwin High School	53.72	52.66
5 Sleman, Molly	JR	Douglas Freeman High School	53.34	53.04
6 Rawlins, Afsana	JR	Ocean Lakes High School	53.84	53.30
7 Hayward, Audrey	SO	Briar Woods High School	53.68	54.06
8 Schmidt, Meghan	SR	JR Tucker High School	54.55	54.42
9 Whiteman, Sydney	SO	First Colonial High School	55.16	54.51
10 Giroud, Caroline	JR	Floyd E Kellam High School	54.45	54.60
11 Antognoli, Soleil	JR	Potomac Falls High School	55.18	54.87
12 Macchi, Lana	JR	First Colonial High School	56.14	55.08
13 Hinton, Carter	JR	Clover Hill High School	55.08	55.15
14 Barron, Ella	SO	Douglas Freeman High School	55.31	55.35
15 Wolfe, Madison	JR	Menchville High School	55.70	56.05
16 Perezous, Micaela	JR	Potomac Falls High School	55.58	56.49
17 Nguyen, Dan	FR	Briar Woods High School	57.34	57.15
18 Grabinski, Kayla	SO	Nansemond River High School	57.26	57.43
19 Dixon, Lizzie	SO	Maury High School	57.76	58.60
20 Rice, Carson		Granby High School	59.89	59.92
21 Davis, Aliya		Warwick High School	1:01.53	1:02.24

Event 15 Boys 500 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Szobota, Nathan	JR	Douglas Freeman High School	4:31.64	4:25.83
2 Knapp, Parker	FR	First Colonial High School	4:37.83	4:38.90
3 Julian, Brady	SO	Midlothian High School	4:39.27	4:40.03
4 McNabb, Zachary	SO	Hickory High School	4:45.77	4:40.60
5 Webster, Andrew	SR	Clover Hill High School	4:45.19	4:43.03
6 Knight, Benjamin	JR	Ocean Lakes High School	4:49.44	4:43.95
7 Freeman, Harper	JR	Riverside High School	4:48.20	4:46.44
8 Marshall, Connor		Albemarle High School	4:49.76	4:46.64
B - Final				
9 Payne, Jonathan	SO	Mills E Godwin High School	4:51.54	4:47.85
10 Bruley, Nathan	SR	Stone Bridge High School	4:50.87	4:48.19
11 Vinarov, Evan	JR	Hickory High School	4:50.46	4:50.37
12 Valentine, Jack	FR	Great Bridge High School	4:51.28	4:50.42
13 Smith, Josh	JR	Patrick Henry High School	4:55.99	4:52.31
14 Szabo, Erik	SO	Clover Hill High School	4:52.65	4:52.69
15 Martin, Teddy	FR	Douglas Freeman High School	4:56.45	4:54.13
16 Rodgers, Sterling	JR	Menchville High School	4:57.40	4:57.94

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Event 15 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Szobota, Nathan	JR	Douglas Freeman High School	4:24.00	4:31.64
2 Knapp, Parker	FR	First Colonial High School	4:41.47	4:37.83
3 Julian, Brady	SO	Midlothian High School	4:39.60	4:39.27
4 Webster, Andrew	SR	Clover Hill High School	4:54.77	4:45.19
5 McNabb, Zachary	SO	Hickory High School	4:39.65	4:45.77
6 Freeman, Harper	JR	Riverside High School	4:48.05	4:48.20
7 Knight, Benjamin	JR	Ocean Lakes High School	4:48.15	4:49.44
8 Marshall, Connor		Albemarle High School	4:51.16	4:49.76
9 Vinarov, Evan	JR	Hickory High School	4:56.71	4:50.46
10 Bruley, Nathan	SR	Stone Bridge High School	4:52.29	4:50.87
11 Valentine, Jack	FR	Great Bridge High School	4:55.69	4:51.28
12 Payne, Jonathan	SO	Mills E Godwin High School	4:49.42	4:51.54
13 Szabo, Erik	SO	Clover Hill High School	4:55.98	4:52.65
14 Smith, Josh	JR	Patrick Henry High School	4:56.35	4:55.99
15 Martin, Teddy	FR	Douglas Freeman High School	4:56.58	4:56.45
16 Rodgers, Sterling	JR	Menchville High School	4:57.07	4:57.40
17 Stratton, Nicholas	SO	Great Bridge High School	4:48.45	4:59.00
18 Buttram, Noah	SO	Riverbend High School	5:02.14	5:02.31
19 Winston, Gabriel		Granby High School	5:15.19	5:07.62
20 Petery, Jacob	JR	Kecoughtan High School	5:51.81	5:52.23
21 Boney, Noah		Granby High School	6:02.66	6:10.41
22 Butler, Theo	SR	Nansemond River High School	6:16.97	6:15.34
--- Nelson, Cole	FR	Douglas Freeman High School	4:37.88	DQ

Event 16 Girls 500 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Stuhlmacher, Claire	SR	Douglas Freeman High School	4:54.69	4:54.17
2 Armstrong, Kiersten	SO	JR Tucker High School	5:00.31	4:59.83
3 Wells, Sara		Albemarle High School	5:03.74	5:00.34
4 Reid, Keira	SR	Mills E Godwin High School	5:01.78	5:02.44
5 Morrow, Katelyn	JR	Douglas Freeman High School	5:09.19	5:05.52
6 Duffy, Dara	SO	First Colonial High School	5:10.05	5:09.37
7 Eubank, Mia	FR	Mills E Godwin High School	5:09.81	5:11.01
8 Verbel, Georgia	SO	Massaponax High School	5:10.49	5:24.49
B - Final				
9 Kryszon, Maddie	12	James River High School	5:12.64	5:11.89
10 Connor, Julia	JR	Douglas Freeman High School	5:15.85	5:11.95
11 Hudson, Kayley	JR	Briar Woods High School	5:14.89	5:14.02
12 Roberts, Addy	SR	First Colonial High School	5:18.38	5:14.99
13 Sherrock, Vivan	FR	Bayside High School	5:19.08	5:15.81
14 Richardson, Reese	FR	Midlothian High School	5:16.72	5:15.99
15 Rebich, Lizzie	SR	Riverside High School	5:14.34	5:16.29
16 Loyd, Hannah	SR	Ocean Lakes High School	5:17.47	5:20.16

Event 16 Girls 500 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Stuhlmacher, Claire	SR	Douglas Freeman High School	4:53.75	4:54.69

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
2 Armstrong, Kiersten	SO	JR Tucker High School	5:03.61	5:00.31
3 Reid, Keira	SR	Mills E Godwin High School	5:01.13	5:01.78
4 Wells, Sara		Albemarle High School	5:14.59	5:03.74
5 Morrow, Katelyn	JR	Douglas Freeman High School	5:07.95	5:09.19
6 Eubank, Mia	FR	Mills E Godwin High School	5:07.09	5:09.81
7 Duffy, Dara	SO	First Colonial High School	5:07.52	5:10.05
8 Verbel, Georgia	SO	Massaponax High School	5:17.69	5:10.49
9 Kryszon, Maddie	12	James River High School	5:13.18	5:12.64
10 Rebich, Lizzie	SR	Riverside High School	5:21.40	5:14.34
11 Hudson, Kayley	JR	Briar Woods High School	5:13.69	5:14.89
12 Connor, Julia	JR	Douglas Freeman High School	5:17.66	5:15.85
13 Richardson, Reese	FR	Midlothian High School	5:15.61	5:16.72
14 Loyd, Hannah	SR	Ocean Lakes High School	5:16.79	5:17.47
15 Roberts, Addy	SR	First Colonial High School	5:20.66	5:18.38
16 Sherrock, Vivan	FR	Bayside High School	5:19.67	5:19.08
17 Jones, Riley	JR	JR Tucker High School	5:14.58	5:19.16
18 Eakes, Anne Reagan	FR	Mills E Godwin High School	5:14.66	5:19.35
19 Graham, Claire	FR	First Colonial High School	5:24.83	5:31.12
20 Arbuckle, Ella		Granby High School	5:46.57	5:37.01
21 Hamby, Claire	JR	Nansemond River High School	6:10.40	6:15.57
22 Harris, Sophia	JR	Kecoughtan High School	6:51.11	6:42.27
23 Davis, Cassandra		Granby High School	6:58.35	7:05.67
--- Holland, Grace	JR	Menchville High School	6:06.25	DFS

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Albemarle High School		1:25.09	1:24.23
2 First Colonial High School		1:26.02	1:24.87
3 Mills E Godwin High School		1:27.15	1:26.72
4 Clover Hill High School		1:26.92	1:26.79
5 Frank W Cox High School		1:26.58	1:27.06
6 Independence High School		1:26.77	1:27.27
7 Ocean Lakes High School		1:27.53	1:27.66
8 Riverside High School		1:27.66	1:27.90
B - Final			
9 Douglas Freeman High School		1:28.32	1:27.93
10 Lightridge High School		1:29.88	1:29.98
11 Potomac Falls High School		1:31.38	1:30.22
12 Briar Woods High School		1:31.39	1:30.77
13 Matoaca High School		1:30.71	1:30.93
14 Patrick Henry High School		1:31.67	1:31.46
15 JR Tucker High School		1:31.58	1:31.69
16 Floyd E Kellam High School		1:31.82	1:32.32

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Albemarle High School		1:26.29	1:25.09
2 First Colonial High School		1:25.89	1:26.02
3 Frank W Cox High School		1:28.95	1:26.58

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
4	Independence High School	1:29.62	1:26.77
5	Clover Hill High School	1:28.00	1:26.92
6	Mills E Godwin High School	1:27.29	1:27.15
7	Ocean Lakes High School	1:29.05	1:27.53
8	Riverside High School	1:28.85	1:27.66
9	Douglas Freeman High School	1:26.51	1:28.32
10	Lightridge High School	1:30.36	1:29.88
11	Matoaca High School	1:32.70	1:30.71
12	Potomac Falls High School	1:33.02	1:31.38
13	Briar Woods High School	1:31.71	1:31.39
14	JR Tucker High School	1:32.55	1:31.58
15	Patrick Henry High School	1:33.13	1:31.67
16	Floyd E Kellam High School	1:33.17	1:31.82
17	Deep Creek High School	1:32.30	1:32.06
18	Midlothian High School	1:32.56	1:32.33
19	James River High School	1:30.82	1:32.72
20	Nansemond River High School	1:36.41	1:33.03
21	Maury High School	1:33.74	1:33.27
22	Great Bridge High School	1:32.62	1:34.57
23	Granby High School	1:36.77	1:36.86
24	Menchville High School	1:38.13	1:39.54

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1	First Colonial High School	1:37.35	1:36.13
2	Douglas Freeman High School	1:38.05	1:37.55
3	Midlothian High School	1:39.56	1:39.07
4	Albemarle High School	1:40.43	1:39.73
5	JR Tucker High School	1:39.64	1:40.59
6	Floyd E Kellam High School	1:40.89	1:41.21
7	Potomac Falls High School	1:41.61	1:41.43
8	Mills E Godwin High School	1:42.35	1:42.74
B - Final			
9	Independence High School	1:43.55	1:43.60
10	Ocean Lakes High School	1:44.92	1:44.69
11	Menchville High School	1:47.58	1:45.14
12	Nansemond River High School	1:46.33	1:46.07
13	Riverside High School	1:46.52	1:46.08
14	Warwick High School	1:53.85	1:54.29
---	James River High School	1:42.52	DQ

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	First Colonial High School	1:37.13	1:37.35
2	Douglas Freeman High School	1:37.99	1:38.05
3	Midlothian High School	1:39.88	1:39.56
4	JR Tucker High School	1:40.00	1:39.64
5	Albemarle High School	1:38.03	1:40.43
6	Floyd E Kellam High School	1:41.42	1:40.89

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
7 Potomac Falls High School		1:42.38	1:41.61
8 Mills E Godwin High School		1:44.13	1:42.35
9 James River High School		1:42.73	1:42.52
10 Independence High School		1:43.13	1:43.55
11 Ocean Lakes High School		1:43.18	1:44.92
12 Nansemond River High School		1:46.19	1:46.33
13 Riverside High School		1:46.24	1:46.52
14 Menchville High School		1:45.37	1:47.58
15 Warwick High School		1:54.52	1:53.85
--- Stone Bridge High School		1:45.12	DQ
--- Granby High School		1:54.05	DQ
--- Princess Anne High School		1:43.79	DQ

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Lineberry, Alex	SR	Frank W Cox High School	50.43	49.63
2 Cather, Owen	JR	Briar Woods High School	50.72	50.62
3 Brooks, Henry	JR	Douglas Freeman High School	51.32	50.65
4 Wilkerson, Chase	SO	First Colonial High School	50.96	51.31
5 Koepp, Tyler	SO	Salem High School Swim Team	51.73	51.80
6 Goad, Zachary	JR	Matoaca High School	52.06	52.05
7 Gadsby, Kyle	FR	Independence High School	51.67	52.45
8 Julian, Brady	SO	Midlothian High School	52.54	52.87
B - Final				
9 Neuhaus, Harrison	SR	Mills E Godwin High School	53.00	53.41
10 Creech, Wil	12	James River High School	53.26	53.72
11 Kalka, Thomas	SO	Potomac Falls High School	53.50	53.84
12 Webster, Andrew	SR	Clover Hill High School	54.52	54.65
13 Bruley, Nathan	SR	Stone Bridge High School	54.92	55.02
14 Tran, Vincent	JR	Floyd E Kellam High School	54.69	55.80
15 Campbell, Spencer	JR	Clover Hill High School	54.24	55.87
16 Ericson, Ryan	JR	Ocean Lakes High School	54.87	56.60

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Lineberry, Alex	SR	Frank W Cox High School	51.33	50.43
2 Cather, Owen	JR	Briar Woods High School	50.27	50.72
3 Wilkerson, Chase	SO	First Colonial High School	52.13	50.96
4 Brooks, Henry	JR	Douglas Freeman High School	52.14	51.32
5 Gadsby, Kyle	FR	Independence High School	52.32	51.67
6 Koepp, Tyler	SO	Salem High School Swim Team	52.08	51.73
7 Goad, Zachary	JR	Matoaca High School	52.48	52.06
8 Julian, Brady	SO	Midlothian High School	52.11	52.54
9 Neuhaus, Harrison	SR	Mills E Godwin High School	54.15	53.00
10 Creech, Wil	12	James River High School	53.97	53.26
11 Kalka, Thomas	SO	Potomac Falls High School	54.38	53.50
12 Campbell, Spencer	JR	Clover Hill High School	53.50	54.24
13 Webster, Andrew	SR	Clover Hill High School	56.35	54.52
14 Ericson, Ryan	JR	Ocean Lakes High School	55.25	54.87

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
15 Bruley, Nathan	SR	Stone Bridge High School	55.56	54.92
16 Van Drew, Brendan	SO	Prince George High School	55.56	55.11
17 Bergmann, Theodor		Albemarle High School	56.13	55.56
*19 Buttram, Noah	SO	Riverbend High School	55.69	55.56
*19 Martin, Leif	JR	Douglas Freeman High School	55.65	55.62

Swim-Off Required

20 Hays, Bliss	JR	Prince George High School	55.71	55.69
21 Andrews, Jacob	SR	Douglas Freeman High School	56.02	56.10
22 Parker, Riley	SO	Nansemond River High School	55.82	56.16
23 Burnett, Edward	JR	Clover Hill High School	55.61	56.23
24 Rivas, Matthew	JR	Mills E Godwin High School	54.37	56.59
25 Tonpay, Aaryan	FR	Mills E Godwin High School	55.54	56.69
26 Kobzar, Nikita	SR	Maury High School	55.11	56.84
27 Anderson, Jake	JR	Potomac Falls High School	56.61	57.74
28 Rohlfs, Noah	SR	Menchville High School	1:00.52	1:01.16
29 Lively, Hunter	SO	Kecoughtan High School	1:04.03	1:03.28
30 York, Casey		Warwick High School	1:05.37	1:05.35
--- Tran, Vincent	JR	Floyd E Kellam High School	56.81	DQ

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Davis, Grey		Albemarle High School	54.28	55.03
2 Hotem, Kate	JR	Mills E Godwin High School	56.11	56.19
3 Meyer, Amelie		Albemarle High School	57.41	56.89
4 Mierenfeld, Ellie	SO	Midlothian High School	57.58	57.10
5 Kaufman, Sidney	JR	Midlothian High School	57.50	57.22
6 Wright, Maggie	SO	First Colonial High School	58.15	57.24
7 Klotz, Anna	JR	Stone Bridge High School	58.14	58.04
8 Kilty, Caroline	SO	Briar Woods High School	57.67	58.79
B - Final				
9 Bredbenner, Elsie	11	James River High School	58.52	58.44
10 Rawlins, Sohalya	JR	Ocean Lakes High School	58.73	58.70
11 Blanco, Karina	SO	Douglas Freeman High School	58.71	58.83
12 Kang, Sarah	SR	Douglas Freeman High School	59.60	59.34
13 Wilson, Caitlin	SO	Menchville High School	59.51	59.74
14 Dugger, Sophia	FR	JR Tucker High School	59.26	59.79
15 Crum, Josie	SR	Midlothian High School	59.25	1:00.14
16 Maniace, Abby	JR	Hickory High School	58.67	1:01.20

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Davis, Grey		Albemarle High School	55.62	54.28
2 Hotem, Kate	JR	Mills E Godwin High School	56.33	56.11
3 Meyer, Amelie		Albemarle High School	58.72	57.41
4 Kaufman, Sidney	JR	Midlothian High School	58.19	57.50
5 Mierenfeld, Ellie	SO	Midlothian High School	57.44	57.58
6 Kilty, Caroline	SO	Briar Woods High School	57.96	57.67
7 Klotz, Anna	JR	Stone Bridge High School	57.52	58.14
8 Wright, Maggie	SO	First Colonial High School	57.82	58.15

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
9 Bredbenner, Elsie	11	James River High School	58.74	58.52
10 Maniace, Abby	JR	Hickory High School	59.71	58.67
11 Blanco, Karina	SO	Douglas Freeman High School	59.13	58.71
12 Rawlins, Sohalya	JR	Ocean Lakes High School	59.55	58.73
13 Crum, Josie	SR	Midlothian High School	59.44	59.25
14 Dugger, Sophia	FR	JR Tucker High School	59.69	59.26
15 Wilson, Caitlin	SO	Menchville High School	1:01.38	59.51
16 Kang, Sarah	SR	Douglas Freeman High School	59.79	59.60
17 Carvalho, Gabby	FR	Mills E Godwin High School	59.58	1:00.43
18 Fary, Brenna	SO	First Colonial High School	1:01.67	1:00.65
19 Dietrich, Stella	FR	Floyd E Kellam High School	1:00.55	1:00.88
20 Menz, Maddie	JR	Independence High School	1:03.17	1:03.37
21 Phillips, Ava	SR	Nansemond River High School	1:04.09	1:03.40
22 Speilman, Mackenzie	JR	Potomac Falls High School	1:02.40	1:03.44
23 Dixon, Lizzie	SO	Maury High School	1:02.87	1:05.49
24 Woollett, Jessie		Granby High School	1:12.09	1:13.73
25 Osborne, Daiyani		Warwick High School	1:14.89	1:14.04

Event 21 Boys 100 Yard Breaststroke

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Silva, Pablo	SR	Mills E Godwin High School	57.37	55.13
2 Ridge, Spencer	JR	Mills E Godwin High School	57.83	56.67
3 Wolffe, Matthew	10	James River High School	57.31	56.92
4 Jastrzemski, Ryan	SR	Independence High School	57.67	57.30
5 Clippinger, Jack	SO	LC Bird High School	57.66	57.57
6 Hodges, Josh		Albemarle High School	57.94	58.11
7 Gabriel, Lucas	JR	Lightridge High School	58.67	59.37
8 Grau III, Billy	10	James River High School	58.88	59.91
B - Final				
9 Luzak, Landon	SR	Ocean Lakes High School	59.47	59.30
10 Rowley, Jake	SO	Independence High School	59.58	59.69
11 Harrell, Lincoln	SO	Mills E Godwin High School	59.48	1:00.25
*12 Kresin, Nikita	JR	Riverside High School	59.91	1:00.36
*12 Tran, Patrick	SR	Princess Anne High School	1:00.86	1:00.36
14 Kuriger, Nicholas	JR	Douglas Freeman High School	1:00.49	1:00.49
15 Julian, Bryant	SR	Midlothian High School	1:00.55	1:00.64
16 Jun, Caleb	SO	Douglas Freeman High School	1:00.60	1:00.83

Event 21 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Wolffe, Matthew	10	James River High School	56.97	57.31
2 Silva, Pablo	SR	Mills E Godwin High School	55.73	57.37
3 Clippinger, Jack	SO	LC Bird High School	58.88	57.66
4 Jastrzemski, Ryan	SR	Independence High School	57.64	57.67
5 Ridge, Spencer	JR	Mills E Godwin High School	56.11	57.83
6 Hodges, Josh		Albemarle High School	58.89	57.94
7 Gabriel, Lucas	JR	Lightridge High School	59.43	58.67
8 Grau III, Billy	10	James River High School	58.59	58.88
9 Luzak, Landon	SR	Ocean Lakes High School	59.13	59.47

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
10 Harrell, Lincoln	SO	Mills E Godwin High School	1:01.09	59.48
11 Rowley, Jake	SO	Independence High School	1:00.46	59.58
12 Kresin, Nikita	JR	Riverside High School	1:00.93	59.91
13 Kuriger, Nicholas	JR	Douglas Freeman High School	1:00.36	1:00.49
14 Julian, Bryant	SR	Midlothian High School	1:00.68	1:00.55
15 Jun, Caleb	SO	Douglas Freeman High School	1:00.78	1:00.60
16 Tran, Patrick	SR	Princess Anne High School	1:01.50	1:00.86
17 Long, Carter	SR	Lightridge High School	1:02.59	1:00.94
18 Seo, Aiden	JR	Independence High School	1:02.19	1:01.06
19 Char, Matthew	FR	Briar Woods High School	1:00.39	1:01.23
20 Swartz, Tyler		Deep Creek High School	1:00.80	1:01.27
21 McCoy, Colt	JR	First Colonial High School	1:02.43	1:01.34
22 Salpeter, Brody		Indian River High School	1:02.90	1:01.36
23 Fulayter, Brandon	JR	Massaponax High School	1:02.22	1:01.72
24 Hutchison, Mejd	JR	Stone Bridge High School	1:02.37	1:02.15
25 Salpeter, Troy		Deep Creek High School	1:00.96	1:02.32
26 Prudhomme, John	FR	First Colonial High School	1:02.28	1:02.41
27 Balk, Jordan	JR	Mills E Godwin High School	1:00.38	1:02.47
28 Ward, Forrest	SO	Nansemond River High School	1:04.69	1:02.57
29 Kim, Bernard	JR	Menchville High School	1:04.70	1:03.37
30 Redel, Owen	SO	Maury High School	1:07.26	1:06.01
31 Grantham, Justin	SR	Kecoughtan High School	1:05.16	1:06.59
32 Kinnison, Gabe	SR	Maury High School	1:09.07	1:11.92

Event 22 Girls 100 Yard Breaststroke

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Czirjak, Sara		Albemarle High School	1:03.60	1:02.82
2 Smith, Cameron		Albemarle High School	1:05.03	1:04.00
3 Grishaeva, Maria	SR	Briar Woods High School	1:05.75	1:04.65
4 White, Charlotte	FR	Douglas Freeman High School	1:05.56	1:05.65
5 Jaeger, Kate	FR	Midlothian High School	1:06.11	1:05.83
6 Lundeberg, Ilsa	12	James River High School	1:06.11	1:06.07
7 Rodriguez, Cristina	JR	JR Tucker High School	1:07.34	1:07.50
8 Cuce, Elianna	FR	Douglas Freeman High School	1:07.27	1:10.40
B - Final				
9 Smith, Lauren	SR	Riverbend High School	1:09.06	1:08.39
10 Oluwabusola, Mya	JR	Floyd E Kellam High School	1:07.98	1:08.87
11 Kohstall, Isabel	11	James River High School	1:08.81	1:08.88
12 Teague, Sara	JR	First Colonial High School	1:09.76	1:09.73
13 Antognoli, Marley	FR	Potomac Falls High School	1:09.43	1:09.93
14 Roy, Asha	FR	Independence High School	1:08.64	1:10.11
15 Gray, Bailey	SR	Frank W Cox High School	1:10.24	1:10.21
16 Chen, Sara	JR	Independence High School	1:10.57	1:10.30

Event 22 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Czirjak, Sara		Albemarle High School	1:04.22	1:03.60
2 Smith, Cameron		Albemarle High School	1:07.09	1:05.03
3 White, Charlotte	FR	Douglas Freeman High School	1:06.97	1:05.56

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
4 Grishaeva, Maria	SR	Briar Woods High School	1:06.21	1:05.75
*5 Jaeger, Kate	FR	Midlothian High School	1:07.03	1:06.11
*5 Lundeberg, Ilsa	12	James River High School	1:06.82	1:06.11
7 Cuce, Elianna	FR	Douglas Freeman High School	1:09.30	1:07.27
8 Rodriguez, Cristina	JR	JR Tucker High School	1:07.13	1:07.34
9 Wysocki, Nina	SO	Independence High School	1:05.61	1:07.38
10 Oluwabusola, Mya	JR	Floyd E Kellam High School	1:10.15	1:07.98
11 Roy, Asha	FR	Independence High School	1:10.06	1:08.64
12 Kohstall, Isabel	11	James River High School	1:09.88	1:08.81
13 Smith, Lauren	SR	Riverbend High School	1:09.61	1:09.06
14 Antognoli, Marley	FR	Potomac Falls High School	1:09.18	1:09.43
15 Teague, Sara	JR	First Colonial High School	1:10.20	1:09.76
16 Gray, Bailey	SR	Frank W Cox High School	1:11.02	1:10.24
17 Chen, Sara	JR	Independence High School	1:09.36	1:10.57
18 Wilson, Caitlin	SO	Menchville High School	1:11.53	1:10.64
19 Goodloe, Lucia	JR	Ocean Lakes High School	1:10.78	1:11.13
20 Maniace, Kaylah	FR	Hickory High School	1:10.59	1:11.71
21 Drozda, Isabella		Warwick High School	1:20.24	1:19.51
22 Brutus, Gianna	SO	Nansemond River High School	1:20.02	1:19.94
23 Soter, Alison	JR	Kecoughtan High School	1:19.83	1:21.18
24 McGrath, Brielle	SO	Nansemond River High School	1:25.25	1:24.36
--- Rocha, Sloane	FR	Independence High School	1:07.89	DQ

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1	First Colonial High School	3:05.24	3:04.63
2	Douglas Freeman High School	3:07.89	3:07.58
3	Clover Hill High School	3:14.66	3:11.33
4	Independence High School	3:13.31	3:11.61
5	Ocean Lakes High School	3:16.25	3:14.40
6	Albemarle High School	3:17.92	3:15.81
7	Briar Woods High School	3:15.24	3:16.61
8	Deep Creek High School	3:18.96	3:18.60
B - Final			
9	Mills E Godwin High School	3:21.81	3:18.67
10	Matoaca High School	3:21.22	3:19.95
11	Midlothian High School	3:19.65	3:20.20
12	James River High School	3:22.03	3:25.30
13	Patrick Henry High School	3:26.75	3:25.46
14	Menchville High School	3:26.86	3:27.23
15	Frank W Cox High School	3:29.13	3:32.23
---	Lightridge High School	3:29.85	DQ

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	First Colonial High School	3:08.36	3:05.24
2	Douglas Freeman High School	3:13.20	3:07.89
3	Independence High School	3:14.01	3:13.31
4	Clover Hill High School	3:15.16	3:14.66

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
5 Briar Woods High School		3:15.96	3:15.24
6 Ocean Lakes High School		3:20.83	3:16.25
7 Albemarle High School		3:17.97	3:17.92
8 Deep Creek High School		3:21.38	3:18.96
9 Midlothian High School		3:20.76	3:19.65
10 Matoaca High School		3:22.17	3:21.22
11 Mills E Godwin High School		3:21.35	3:21.81
12 James River High School		3:23.30	3:22.03
13 Patrick Henry High School		3:25.31	3:26.75
14 Menchville High School		3:29.79	3:26.86
15 Frank W Cox High School		3:27.85	3:29.13
16 Lightridge High School		3:24.67	3:29.85
17 Hickory High School		3:24.85	3:30.96
18 Maury High School		3:40.87	3:38.11
19 Kecoughtan High School		3:36.20	3:38.82
--- Riverside High School		3:21.67	DQ
--- Princess Anne High School		3:25.58	DQ
--- Great Bridge High School		3:21.48	DQ
--- Nansemond River High School		3:41.42	DQ
--- Potomac Falls High School		3:25.85	DQ

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Albemarle High School		3:32.26	3:28.07
2 First Colonial High School		3:31.22	3:29.11
3 Douglas Freeman High School		3:31.47	3:31.64
4 Mills E Godwin High School		3:35.33	3:34.26
5 Briar Woods High School		3:34.70	3:37.70
6 Ocean Lakes High School		3:36.65	3:39.77
7 JR Tucker High School		3:42.14	3:42.39
8 Hickory High School		3:41.40	3:43.75
B - Final			
9 Floyd E Kellam High School		3:46.55	3:42.49
10 James River High School		3:44.23	3:44.37
11 Midlothian High School		3:44.97	3:45.28
12 Independence High School		3:49.94	3:49.27
13 Potomac Falls High School		3:56.91	3:57.77
14 Menchville High School		4:06.34	3:58.89
15 Kecoughtan High School		4:14.75	4:10.93
--- Granby High School		4:19.24	DQ

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 First Colonial High School		3:30.65	3:31.22
2 Douglas Freeman High School		3:32.22	3:31.47
3 Albemarle High School		3:38.98	3:32.26
4 Briar Woods High School		3:37.41	3:34.70
5 Mills E Godwin High School		3:32.51	3:35.33
6 Ocean Lakes High School		3:40.01	3:36.65

2024 VHSL Class 5 State Meet - 2/15/2024 to 2/17/2024

Results

Preliminaries ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
7	Hickory High School	3:44.72	3:41.40
8	JR Tucker High School	3:41.60	3:42.14
9	James River High School	3:42.80	3:44.23
10	Midlothian High School	3:48.19	3:44.97
11	Floyd E Kellam High School	3:57.77	3:46.55
12	Independence High School	3:46.83	3:49.94
13	Potomac Falls High School	3:46.68	3:56.91
14	Menchville High School	4:00.63	4:06.34
15	Kecoughtan High School	4:16.65	4:14.75
16	Granby High School	4:19.05	4:19.24
17	Maury High School	4:21.62	4:24.50
---	Massaponax High School	4:01.84	DQ
---	Riverside High School	3:44.80	DQ

Event 107 Boys 50 Yard Freestyle Swim-off

Name	Yr School	Seed Time	Finals Time
- Swim-off			
1	Anderson, Jake JR Potomac Falls High School	22.59	22.08
2	Creech, Wil 12 James River High School	22.59	22.36

Event 119 Boys 100 Yard Backstroke Swim-off

Name	Yr School	Seed Time	Finals Time
- Swim-off			
1	Bergmann, Theodor Albemarle High School	55.56	54.46
2	Buttram, Noah SO Riverbend High School	55.56	56.05