

@ WHST - 12/6/2024 to 12/7/2024
Results

#1 Boys 15&O 200 Yard Medley Relay

Team	Relay	Finals Time
--- WHST-VA	D	SCR
1 1-1 WHST-VA	A	1:53.73 10.0
Davies, Hayden SR	Hughes, Cayden FR	
Hain, Mason FR	Campbell, Henry JR	
2 1-2 WHST-VA	B	2:06.58 5.0
Scoll, Benjamin JR	Rand, Logan JR	
Bober, Olli SO	Silverstein, Drew JR	
3 1-3 WHST-VA	C	2:09.72 3.0
Brege, Tyler SR	Fuller, Malcolm JR	
Den Herder, William SR	Bober, Onni SR	
4 1-4 LVLY-VA	A	2:13.96
Swartz, Jack FR	Jaastad, Timothy SR	
Childs, Mich SO	Chaudhary, Abhinav FR	
5 1-5 LVLY-VA	B	2:37.84
Rahimi, Elham JR	Mosby, Carter FR	
Myers, Logan FR	Williams, Alex FR	

#2 Girls 15&O 200 Yard Medley Relay

Team	Relay	Finals Time
1 1-1 WHST-VA	A	2:07.16 10.0
Meedel, Ella SR	Sparbanie, Libby SO	
Byers, Caitlyn SO	Isleib, Jocelyn JR	
2 1-2 LVLY-VA	A	2:19.65 5.0
Roberts-Shaw, Myliah SO	Woodall, Cam JR	
Edwards, Abby JR	Swartz, Kate JR	
3 1-3 WHST-VA	B	2:24.12 3.0
Welsh, Ava SR	Frakes, Estella JR	
Smith, Catharine SR	Roberts-Shaw, Zoe SR	
4 1-4 WHST-VA	C	2:43.59
Grande, Ashley SO	Slepetz, Julia SO	
Hafner, Lilly FR	McClellan, Elise SO	
5 1-5 LVLY-VA	B	3:00.25
Chauhan, Aishani SO	Kachibhotla, Shravya SO	
McCormick, Norah JR	Chan, Claire SO	
6 1-6 WHST-VA	D	3:11.38
Alford, Regan SO	Sparbanie, Abby JR	
Buras, Alice FR	Clarke, Eve JR	

#3 Boys 15&O 200 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Bober, Onni	SR	WHST-VA	2:21.58 8.0
2 1-2 Myers, Logan	FR	LVLY-VA	2:22.75 6.0
3 1-3 Jaastad, Timothy	SR	LVLY-VA	2:25.26 5.0
4 1-4 Spahr, Aidan	JR	WHST-VA	2:26.32 4.0
5 1-5 Pascarella, Rocco	FR	WHST-VA	2:50.16 3.0
6 1-6 Williams, Alex	FR	LVLY-VA	3:07.85 2.0
7 1-7 Chaudhary, Abhi	FR	LVLY-VA	3:15.42 1.0

#4 Girls 15&O 200 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Isleib, Jocelyn	JR	WHST-VA	2:31.61 8.0
2 1-2 Davies, Hudsyn	JR	WHST-VA	2:34.16 6.0
3 1-3 Swartz, Kate	JR	LVLY-VA	2:39.72 5.0
4 1-4 Woodall, Cam	JR	LVLY-VA	2:44.73 4.0
5 1-5 Carter, Cassidy	JR	WHST-VA	2:54.72 3.0
6 1-6 Keeter, Julia	FR	LVLY-VA	3:03.14 2.0
7 1-7 Hafner, Lilly	FR	WHST-VA	3:27.38 1.0

#5 Boys 15&O 200 Yard IM

Name	Yr	Team	Finals Time
1 1-1 Mills, Jack	SO	LVLY-VA	2:18.10 8.0
2 1-2 Bober, Olli	SO	WHST-VA	2:27.81 6.0
3 1-3 Childs, Mich	SO	LVLY-VA	2:30.26 5.0
4 1-4 Fuller, Malcolm	JR	WHST-VA	2:45.06 4.0
5 1-5 Dellatorre, Alex	SO	WHST-VA	2:47.18 3.0
--- 1- Lyons, Thomas	SO	WHST-VA	2:18.58
Shoulders past vertical toward breast - back			

#6 Girls 15&O 200 Yard IM

Name	Yr	Team	Finals Time
1 1-1 Frakes, Estella	JR	WHST-VA	3:01.79 8.0
--- 1- Welsh, Ava	SR	WHST-VA	3:14.71
Shoulders past vertical toward breast - back			
--- 1- Slepetz, Julia	SO	WHST-VA	3:18.13
Kick breaststroke type - fly			

#7 Boys 15&O 50 Yard Free

Name	Yr	Team	Finals Time
--- Benney, Vincent	SR	WHST-VA	SCR
1 1-1 White, Jolyon	FR	LVLY-VA	24.50 8.0
2 1-2 Hain, Mason	FR	WHST-VA	24.60 6.0
3 1-3 Campbell, Henry	JR	WHST-VA	25.72 5.0
4 1-4 Ruiz, Raphael	SO	WHST-VA	27.91 4.0
5 1-5 Brege, Tyler	SR	WHST-VA	28.41 3.0
6 1-6 Chaudhary, Abhi	FR	LVLY-VA	33.50 2.0
7 1-7 Rahimi, Elham	JR	LVLY-VA	40.37 1.0

#8 Girls 15&O 50 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Roberts-Shaw, Zc	SR	WHST-VA	27.77 8.0
2 1-2 Meedel, Ella	SR	WHST-VA	27.87 6.0
3 1-3 Roberts-Shaw, M	SO	LVLY-VA	28.52 5.0
4 1-4 Smith, Catharine	SR	WHST-VA	31.69 4.0
5 1-5 Chauhan, Aishan	SO	LVLY-VA	36.09 3.0
6 1-6 McClellan, Elise	SO	WHST-VA	37.29 2.0
7 1-7 Haws, Rowan	JR	LVLY-VA	37.94 1.0
8 1-8 Chan, Claire	SO	LVLY-VA	39.41

#11 Boys 15&O 100 Yard Fly

Name	Yr	Team	Finals Time
1 1-1 Rand, Logan	JR	WHST-VA	1:09.53 8.0
2 1-2 Spahr, Aidan	JR	WHST-VA	1:18.59 6.0
3 1-3 Pascarella, Rocco	FR	WHST-VA	1:27.05 5.0
4 1-4 Lyons, Thomas	SO	WHST-VA	1:37.28 4.0

#12 Girls 15&O 100 Yard Fly

Name	Yr	Team	Finals Time
1 1-1 Byers, Caitlyn	SO	WHST-VA	1:08.82 8.0
2 1-2 Edwards, Abby	JR	LVLY-VA	1:15.90 6.0
3 1-3 Isleib, Jocelyn	JR	WHST-VA	1:19.75 5.0
4 1-4 Swartz, Kate	JR	LVLY-VA	1:26.05 4.0
5 1-5 Hafner, Lilly	FR	WHST-VA	1:40.10 3.0
6 1-6 McCormick, Nor	JR	LVLY-VA	1:41.03 2.0

#13 Boys 15&O 100 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Hughes, Cayden	FR	WHST-VA	53.02 8.0

2 1-2 Mills, Jack	SO	LVLY-VA	55.13 6.0
3 1-3 Davies, Hayden	SR	WHST-VA	55.43 5.0
4 1-4 Hill, Arleigh	SO	LVLY-VA	57.72 4.0
5 1-5 Silverstein, Drew	JR	WHST-VA	1:03.28 3.0
6 1-6 Den Herder, Willi	SR	WHST-VA	1:04.61 2.0
7 1-7 Myers, Logan	FR	LVLY-VA	1:04.68 1.0
8 1-8 Mosby, Carter	FR	LVLY-VA	1:12.11

#14 Girls 15&O 100 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Roberts-Shaw, Zc	SR	WHST-VA	1:05.06 8.0
2 1-2 Murray, Trinity	FR	WHST-VA	1:18.94 6.0
3 1-3 Welsh, Ava	SR	WHST-VA	1:19.60 5.0
4 1-4 Smith, Leah	SO	WHST-VA	1:22.78 4.0
5 1-5 Chauhan, Aishan	SO	LVLY-VA	1:26.80 3.0
6 1-6 Chan, Claire	SO	LVLY-VA	1:29.06 2.0
7 1-7 Schober, Sophie	JR	LVLY-VA	1:34.66 1.0
8 1-8 Haws, Rowan	JR	LVLY-VA	1:35.03

#15 Boys 15&O 500 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Childs, Mich	SO	LVLY-VA	5:42.82 8.0
2 1-2 Bober, Olli	SO	WHST-VA	5:51.82 6.0
3 1-3 Bober, Onni	SR	WHST-VA	6:29.21 5.0
4 1-4 Molloy, Patrick	SR	WHST-VA	6:39.35 4.0
5 1-5 Swartz, Jack	FR	LVLY-VA	7:22.83 3.0

#16 Girls 15&O 500 Yard Free

Name	Yr	Team	Finals Time
1 1-1 Sparbanie, Libby	SO	WHST-VA	6:06.63 8.0
2 1-2 Edwards, Abby	JR	LVLY-VA	6:52.31 6.0
3 1-3 McCormick, Nor	JR	LVLY-VA	8:03.42 5.0
4 1-4 Grande, Ashley	SO	WHST-VA	8:43.03 4.0
5 1-5 Kachibhotla, Shr	SO	LVLY-VA	9:45.11 3.0
6 1-6 McClellan, Elise	SO	WHST-VA	10:12.74 2.0

#17 Boys 15&O 200 Yard Free Relay

Team	Relay	Finals Time
1 1-1 WHST-VA	A	1:41.90 10.0
Campbell, Henry JR	Rand, Logan JR	
Silverstein, Drew JR	Hughes, Cayden FR	
2 1-2 LVLY-VA	A	1:42.86 5.0
Mills, Jack SO	Hill, Arleigh SO	
Jaastad, Timothy SR	White, Jolyon FR	
3 1-3 WHST-VA	B	1:54.15 3.0
Ruiz, Raphael SO	Molloy, Patrick SR	
Scoll, Benjamin JR	Spahr, Aidan JR	
4 1-4 WHST-VA	C	2:01.28
Pascarella, Rocco FR	Dellatorre, Alexander SO	
Demetriou, Tristen JR	Dehond, Benjamin JR	
5 1-5 LVLY-VA	B	2:13.27
Mosby, Carter FR	Chaudhary, Abhinav FR	
Rahimi, Elham JR	Myers, Logan FR	

#18 Girls 15&O 200 Yard Free Relay

Team	Relay	Finals Time
1 1-1 WHST-VA	A	2:01.20 10.0
Roberts-Shaw, Zoe SR	Welsh, Ava SR	
Frakes, Estella JR	Isleib, Jocelyn JR	

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(#18 Girls 15&O 200 Yard Free Relay)

2	1-2 LVLV-VA	A	2:17.20	5.0
	Woodall, Cam JR	Chan, Claire SO		
	Lo, Violet FR	Swartz, Kate JR		
3	1-3 WHST-VA	B	2:25.50	3.0
	Carter, Cassidy FR	Hafner, Lilly FR		
	Smith, Leah SO	Slepetz, Julia SO		
4	1-4 WHST-VA	C	2:38.12	
	Clarke, Eve JR	Sparbanie, Abby JR		
	Murray, Trinity FR	Lilienkamp, Rebekah FR		
5	1-5 LVLV-VA	B	2:40.12	
	Lo, Adeline FR	Haws, Rowan JR		
	Schober, Sophie JR	Keeter, Julia FR		
6	1-6 WHST-VA	D	2:48.39	
	Jemenez, Jackie SO	Buras, Alice FR		
	Alford, Regan SO	McClellan, Elise SO		

#19 Boys 15&O 100 Yard Back

Name	Yr	Team	Finals Time	
1	1-1 Hain, Mason	FR WHST-VA	1:01.87	8.0
2	1-2 Davies, Hayden	SR WHST-VA	1:08.26	6.0
3	1-3 Brege, Tyler	SR WHST-VA	1:14.84	5.0
4	1-4 Swartz, Jack	FR LVLV-VA	1:23.94	4.0
5	1-5 Molloy, Patrick	SR WHST-VA	1:25.81	3.0
---	1- Williams, Alex	FR LVLV-VA	Q 1:42.15	
	No touch at turn			

#20 Girls 15&O 100 Yard Back

Name	Yr	Team	Finals Time	
1	1-1 Byers, Caitlyn	SO WHST-VA	1:08.64	8.0
2	1-2 Davies, Hudsyn	JR WHST-VA	1:11.63	6.0
3	1-3 Meedel, Ella	SR WHST-VA	1:13.84	5.0
4	1-4 Roberts-Shaw, M	SO LVLV-VA	1:17.89	4.0
5	1-5 Smith, Catharine	SR WHST-VA	1:19.83	3.0
6	1-6 Lo, Adeline	FR LVLV-VA	1:46.16	2.0
7	1-7 Kachibhotla, Shr	SO LVLV-VA	2:12.87	1.0
---	1- Keeter, Julia	FR LVLV-VA	Q 1:40.25	
	Not on back off wall			

#21 Boys 15&O 100 Yard Breast

Name	Yr	Team	Finals Time	
1	1-1 Hughes, Cayden	FR WHST-VA	1:10.69	8.0
2	1-2 White, Jolyon	FR LVLV-VA	1:12.75	6.0
3	1-3 Hill, Arleigh	SO LVLV-VA	1:15.44	5.0
4	1-4 Rand, Logan	JR WHST-VA	1:16.01	4.0
5	1-5 Jaastad, Timothy	SR LVLV-VA	1:20.53	3.0
6	1-6 Campbell, Henry	JR WHST-VA	1:21.19	2.0
7	1-7 Silverstein, Drew	JR WHST-VA	1:26.19	1.0
8	1-8 Mosby, Carter	FR LVLV-VA	1:37.79	

#22 Girls 15&O 100 Yard Breast

Name	Yr	Team	Finals Time	
1	1-1 Sparbanie, Libby	SO WHST-VA	1:18.03	8.0
2	1-2 Frakes, Estella	JR WHST-VA	1:31.06	6.0
3	1-3 Woodall, Cam	JR LVLV-VA	1:33.36	5.0
4	1-4 Lo, Violet	FR LVLV-VA	1:36.78	4.0
5	1-5 Slepetz, Julia	SO WHST-VA	1:37.00	3.0
6	1-6 Smith, Leah	SO WHST-VA	1:55.44	2.0

---	1- Schober, Sophie	JR LVLV-VA	Q 2:15.71
	Non-simultaneous touch		

#23 Boys 15&O 400 Yard Free Relay

Team	Relay	Finals Time	
1	1-1 WHST-VA	A	3:58.61 10.0
	Den Herder, William SR	Hain, Mason FR	
	Bober, Olii SO	Davies, Hayden SR	
2	1-2 LVLV-VA	A	4:12.11 5.0
	Mills, Jack SO	Childs, Mich SO	
	Hill, Arleigh SO	White, Jolyon FR	
3	1-3 WHST-VA	B	4:12.50 3.0
	Ruiz, Raphael SO	Bober, Onni SR	
	Fuller, Malcolm JR	Spahr, Aidan JR	
4	1-4 WHST-VA	D	4:45.81
	Dehond, Benjamin JR	Matthews, Liam SO	
	Craighton, JT SO	Pascarella, Rocco FR	
5	1-5 WHST-VA	C	4:57.25
	Brege, Tyler SR	Fuller, Aidan FR	
	Molloy, Patrick SR	Dellatorre, Alexander SO	

#24 Girls 15&O 400 Yard Free Relay

Team	Relay	Finals Time	
1	1-1 WHST-VA	A	4:31.28 10.0
	Meedel, Ella SR	Byers, Caitlyn SO	
	Smith, Catharine SR	Sparbanie, Libby SO	
2	1-2 LVLV-VA	A	5:03.34 5.0
	Roberts-Shaw, Myliah SO	McCormick, Norah JR	
	Lo, Violet FR	Edwards, Abby JR	
3	1-3 WHST-VA	B	5:29.03 3.0
	Grande, Ashley SO	Carter, Cassidy FR	
	Murray, Trinity FR	Smith, Leah SO	
4	1-4 LVLV-VA	B	6:17.52
	Kachibhotla, Shravya SO	Chauhan, Aishani SO	
	Haws, Rowan JR	Lo, Adeline FR	

Combined Team Scores

Combined Team Scores - Through Event 24		
1.	Woodgrove Swim Team	362
2.	Loudoun Valley High School	171

Scores - Women

Women - Team Rankings - Through Event 24		
1.	Woodgrove Swim Team	179
2.	Loudoun Valley High School	83

Scores - Men

Men - Team Rankings - Through Event 24		
1.	Woodgrove Swim Team	183
2.	Loudoun Valley High School	88