

Woodgrove @ Broad Run - 1/18/2025**Results - Woodgrove @ Broad Run****Event 1 Boys 200 Yard Medley Relay****1:43.01 VHSL****1:48.36 REG**

Team	Relay	Seed Time	Finals Time	Points
1 Broad Run High School-VA 1) Phillips, Ethan	A 2) Ferner, Ian	1:46.81 3) Slowinski, Adam	1:52.71 4) Atkinson, Cooper	10
2 Woodgrove Swim Team-VA 1) Davies, Hayden	A 2) Hughes, Cayden	1:53.73 3) Hain, Mason	1:53.90 4) Campbell, Henry	5
3 Broad Run High School-VA 1) Bennion, Chance	B 2) Korotovskikh, Keir	NT 3) Sian, Geo	1:56.73 4) Tikhonov, Daniel	3
4 Woodgrove Swim Team-VA 1) Benney, Vincent	C 2) Fuller, Malcolm	NT 3) Spahr, Aidan	2:04.51 4) Ruiz, Raphael	
5 Woodgrove Swim Team-VA 1) Brege, Tyler	B 2) Rand, Logan	NT 3) Bober, Olli	2:05.40 4) Silverstein, Drew	
6 Broad Run High School-VA 1) Smith, Aaron	C 2) Kozintsev, Mark	NT 3) Aguilar, Alex	2:09.80 4) Chou, Jonathan	
7 Woodgrove Swim Team-VA 1) Molloy, Patrick	D 2) Pascarella, Rocco	NT 3) Lyons, Thomas	2:17.27 4) Demetriou, Tristen	
8 Broad Run High School-VA 1) How, Brayden	D 2) Mantravadi, Abhinav	NT 3) Marsh, Ben	2:21.25 4) Ellison, Deli	

Event 2 Girls 200 Yard Medley Relay**1:56.52 VHSL****2:08.74 REG**

Team	Relay	Seed Time	Finals Time	Points
1 Woodgrove Swim Team-VA 1) Davies, Hudsyn	A 2) Sparbanie, Libby	2:07.16 3) Isleib, Jocelyn	2:09.74 4) Roberts-Shaw, Zoe	10
2 Broad Run High School-VA 1) Hanlin, Carly	A 2) Benmergi, Ruth	2:06.09 3) Fatemi-Haque, Anya	2:20.28 4) Jalali, Ayla	5
3 Woodgrove Swim Team-VA 1) Smith, Catharine	B 2) Frakes, Estella	NT 3) Welsh, Ava	2:22.59 4) Brown, Adalee	3
4 Woodgrove Swim Team-VA 1) Alford, Regan	C 2) Sparbanie, Abby	NT 3) Buras, Alice	3:12.13 4) Jemenez, Jackie	

Event 3 Boys 200 Yard Freestyle**1:49.72 VHSL****2:06.30 REG**

Name	School	Seed Time	Finals Time	Points
1 Phillips, Ethan	Broad Run High School-VA	2:02.06	2:04.97 REG	8
2 Salem, Hamdi	Broad Run High School-VA	2:18.13	2:15.53	6
3 Khalil, Adam	Broad Run High School-VA	NT	2:15.72	5
4 Slowinski, Adam	Broad Run High School-VA	NT	2:17.20	4
5 Bober, Onni	Woodgrove Swim Team-VA	2:19.50	2:20.78	3
6 Scoll, Benjamin	Woodgrove Swim Team-VA	2:25.87	2:22.09	2
7 Pascarella, Rocco	Woodgrove Swim Team-VA	2:50.16	2:43.34	1
8 Brege, Tyler	Woodgrove Swim Team-VA	NT	2:56.85	

Event 4 Girls 200 Yard Freestyle**1:58.84 VHSL****2:14.26 REG**

Name	School	Seed Time	Finals Time	Points
1 Edwards, Avery	Broad Run High School-VA	2:25.47	2:23.63	8
2 Hanlin, Carly	Broad Run High School-VA	2:30.18	2:31.61	6
3 Brown, Adalee	Woodgrove Swim Team-VA	2:30.69	2:32.82	5
4 Welsh, Ava	Woodgrove Swim Team-VA	2:35.65	2:49.88	4

Woodgrove @ Broad Run - 1/18/2025**Results - Woodgrove @ Broad Run****(Event 4 Girls 200 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
5 Smith, Catharine	Woodgrove Swim Team-VA	2:41.32	3:48.96	3

Event 5 Boys 200 Yard IM

2:02.52 VHSL

2:19.33 REG

Name	School	Seed Time	Finals Time	Points
1 Ferner, Ian	Broad Run High School-VA	2:19.94	2:19.55	8
2 Atkinson, Cooper	Broad Run High School-VA	NT	2:19.72	6
3 Korotovskikh, Keir	Broad Run High School-VA	2:22.21	2:24.51	5
4 Bennion, Chance	Broad Run High School-VA	NT	2:26.91	4
5 Bober, Olli	Woodgrove Swim Team-VA	2:27.62	2:29.62	3
6 Campbell, Henry	Woodgrove Swim Team-VA	2:37.55	2:41.74	2
7 Dellatorre, Alexander	Woodgrove Swim Team-VA	2:47.18	2:46.13	1
8 Fuller, Aidan	Woodgrove Swim Team-VA	NT	3:12.53	

Event 6 Girls 200 Yard IM

2:15.24 VHSL

2:39.22 REG

Name	School	Seed Time	Finals Time	Points
1 Sparbanie, Libby	Woodgrove Swim Team-VA	2:33.34	2:33.32 REG	8
2 Kamat, Trisha	Broad Run High School-VA	2:50.00	2:44.87	6
3 Fatemi-Haque, Anya	Broad Run High School-VA	2:53.13	2:49.53	5
4 Isleib, Jocelyn	Woodgrove Swim Team-VA	2:56.81	2:57.21	4
5 Smith, Leah	Woodgrove Swim Team-VA	NT	3:31.16	3

Event 7 Boys 50 Yard Freestyle

22.64 VHSL

23.90 REG

Name	School	Seed Time	Finals Time	Points
1 Benney, Vincent	Woodgrove Swim Team-VA	NT	24.44	8
2 Smith, Max	Broad Run High School-VA	24.59	24.57	6
3 Hain, Mason	Woodgrove Swim Team-VA	24.60	25.10	5
4 Tikhonov, Daniel	Broad Run High School-VA	NT	25.80	4
5 Silverstein, Drew	Woodgrove Swim Team-VA	26.28	26.37	3
6 Sian, Geo	Broad Run High School-VA	25.53	26.39	2
7 Den Herder, William	Woodgrove Swim Team-VA	27.53	26.75	1

Event 8 Girls 50 Yard Freestyle

25.45 VHSL

27.80 REG

Name	School	Seed Time	Finals Time	Points
1 Adler, Layla	Broad Run High School-VA	26.75	27.09 REG	8
2 Roberts-Shaw, Zoe	Woodgrove Swim Team-VA	27.45	27.53 REG	6
3 Davies, Hudsyn	Woodgrove Swim Team-VA	30.56	30.31	5
4 Welsh, Ava	Woodgrove Swim Team-VA	31.26	32.93	4
5 Thompson, Alisa	Broad Run High School-VA	35.28	36.46	3
6 Laird, Caroline	Broad Run High School-VA	40.40	38.06	2
7 Lilienkamp, Rebekah	Woodgrove Swim Team-VA	41.59	41.72	1

Woodgrove @ Broad Run - 1/18/2025**Results - Woodgrove @ Broad Run****Event 11 Boys 100 Yard Butterfly****54.49 VHSL****59.71 REG**

	Name	School	Seed Time	Finals Time	Points
1	Edwards, Jack	Broad Run High School-VA	1:03.19	1:02.66	8
2	Smith, Aaron	Broad Run High School-VA	1:05.31	1:07.28	6
3	Bober, Olli	Woodgrove Swim Team-VA	1:09.52	1:10.15	5
4	Rand, Logan	Woodgrove Swim Team-VA	1:09.53	1:11.23	4
5	Sian, Geo	Broad Run High School-VA	NT	1:12.94	3
6	Scoll, Benjamin	Woodgrove Swim Team-VA	1:13.28	1:14.41	2
7	How, Brayden	Broad Run High School-VA	1:16.06	1:16.99	1
8	Pascarella, Rocco	Woodgrove Swim Team-VA	1:19.84	1:21.81	

Event 12 Girls 100 Yard Butterfly**1:00.68 VHSL****1:11.65 REG**

	Name	School	Seed Time	Finals Time	Points
1	Adler, Layla	Broad Run High School-VA	1:03.72	1:06.25 REG	8
2	Kamat, Trisha	Broad Run High School-VA	1:15.19	1:15.77	6
3	Isleib, Jocelyn	Woodgrove Swim Team-VA	1:16.23	1:18.94	5

Event 13 Boys 100 Yard Freestyle**49.57 VHSL****52.42 REG**

	Name	School	Seed Time	Finals Time	Points
1	Hughes, Cayden	Woodgrove Swim Team-VA	53.02	53.19	8
2	Atkinson, Cooper	Broad Run High School-VA	52.57	54.49	6
3	Slowinski, Adam	Broad Run High School-VA	1:00.00	58.09	5
4	Campbell, Henry	Woodgrove Swim Team-VA	58.00	59.94	4
5	Bennion, Chance	Broad Run High School-VA	58.68	1:00.15	3
6	Salem, Hamdi	Broad Run High School-VA	1:00.53	1:00.61	2
7	Spahr, Aidan	Woodgrove Swim Team-VA	NT	1:02.13	1
8	Fuller, Malcolm	Woodgrove Swim Team-VA	1:01.00	1:03.41	

Event 14 Girls 100 Yard Freestyle**55.25 VHSL****1:01.68 REG**

	Name	School	Seed Time	Finals Time	Points
1	Pakiela, Helena	Broad Run High School-VA	59.59	1:00.31 REG	8
2	Roberts-Shaw, Zoe	Woodgrove Swim Team-VA	1:04.81	1:03.15	6
3	Edwards, Avery	Broad Run High School-VA	1:06.90	1:06.85	5
4	Frakes, Estella	Woodgrove Swim Team-VA	1:10.89	1:12.82	4
5	Murray, Trinity	Woodgrove Swim Team-VA	1:18.94	1:16.85	3
6	Smith, Leah	Woodgrove Swim Team-VA	1:22.78	1:25.41	2
7	Thompson, Alisa	Broad Run High School-VA	1:23.09	1:26.72	1

Event 15 Boys 500 Yard Freestyle**4:57.72 VHSL****5:44.75 REG**

	Name	School	Seed Time	Finals Time	Points
1	Korotovskikh, Keir	Broad Run High School-VA	5:38.75	5:32.25 REG	8
2	Davies, Hayden	Woodgrove Swim Team-VA	5:39.74	5:32.50 REG	6
3	Kozintsev, Mark	Broad Run High School-VA	6:06.94	6:12.03	5
4	Smith, Max	Broad Run High School-VA	NT	6:20.57	4

Woodgrove @ Broad Run - 1/18/2025**Results - Woodgrove @ Broad Run****(Event 15 Boys 500 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
5 Bober, Onni	Woodgrove Swim Team-VA	6:17.89	6:22.85	3
6 Molloy, Patrick	Woodgrove Swim Team-VA	6:38.70	6:38.06	2
7 Mantravadi, Abhinav	Broad Run High School-VA	NT	7:24.95	1

Event 16 Girls 500 Yard Freestyle

5:20.73 VHSL

6:18.26 REG

Name	School	Seed Time	Finals Time	Points
1 Brown, Adalee	Woodgrove Swim Team-VA	6:48.44	6:50.66	8
2 Jalali, Ayla	Broad Run High School-VA	NT	6:53.43	6
3 Fatemi-Haque, Anya	Broad Run High School-VA	NT	7:05.54	5
4 Benmergi, Ruth	Broad Run High School-VA	NT	7:39.90	4
5 Carter, Cassidy	Woodgrove Swim Team-VA	NT	8:14.22	3
6 McClellan, Elise	Woodgrove Swim Team-VA	10:12.74	9:32.59	2

Event 17 Boys 200 Yard Freestyle Relay

1:33.52 VHSL

1:37.94 REG

Team	Relay	Seed Time	Finals Time	Points
1 Broad Run High School-VA 1) Atkinson, Cooper	A 2) Sian, Geo	1:37.34	1:41.31	10
2 Broad Run High School-VA 1) Salem, Hamdi	B 2) Smith, Aaron	NT	1:48.03	5
3 Woodgrove Swim Team-VA 1) Den Herder, William	A 2) Silverstein, Drew	1:41.90	1:48.06	3
4 Woodgrove Swim Team-VA 1) Spahr, Aidan	B 2) Ruiz, Raphael	NT	1:50.34	
5 Broad Run High School-VA 1) Chou, Jonathan	C 2) Aguilar, Alex	NT	1:58.93	
6 Broad Run High School-VA 1) Kozintsev, Mark	D 2) Marsh, Ben	NT	1:59.79	
7 Woodgrove Swim Team-VA 1) Demetriou, Tristen	D 2) Martinez, Zaver	NT	2:02.62	
8 Woodgrove Swim Team-VA 1) Dellatorre, Alexander	C 2) Brege, Tyler	NT	2:04.96	
		3) Edwards, Jack	4) Smith, Max	
		3) Khalil, Adam	4) Tikhonov, Daniel	
		3) Bober, Olli	4) Rand, Logan	
		3) Scoll, Benjamin	4) Fuller, Malcolm	
		3) Ellison, Deli	4) Schneider, Zachary	
		3) Laird, Eli	4) How, Brayden	
		3) Matthews, Liam	4) Dehond, Benjamin	
		3) Pascarella, Rocco	4) Fuller, Aidan	

Event 18 Girls 200 Yard Freestyle Relay

1:45.02 VHSL

1:50.81 REG

Team	Relay	Seed Time	Finals Time	Points
1 Broad Run High School-VA 1) Pakiela, Helena	A 2) Kamat, Trisha	1:54.35	1:54.02	10
2 Woodgrove Swim Team-VA 1) Sparbanie, Libby	A 2) Isleib, Jocelyn	1:53.08	1:58.44	5
3 Woodgrove Swim Team-VA 1) Welsh, Ava	B 2) Frakes, Estella	NT	2:11.84	3
4 Woodgrove Swim Team-VA 1) Lilienkamp, Rebekah	C 2) Clarke, Eve	NT	2:34.24	
5 Woodgrove Swim Team-VA 1) Alford, Regan	D 2) Buras, Alice	NT	2:37.65	
		3) Edwards, Avery	4) Adler, Layla	
		3) Smith, Catharine	4) Roberts-Shaw, Zoe	
		3) Grande, Ashley	4) Davies, Hudsyn	
		3) Murray, Trinity	4) Smith, Leah	
		3) Jemenez, Jackie	4) Den Herder, Molly	

Woodgrove @ Broad Run - 1/18/2025**Results - Woodgrove @ Broad Run****Event 19 Boys 100 Yard Backstroke**

55.03 VHSL

1:01.86 REG

	Name	School	Seed Time	Finals Time	Points
1	Hain, Mason	Woodgrove Swim Team-VA	1:01.87	1:01.09 REG	8
2	Hughes, Cayden	Woodgrove Swim Team-VA	NT	1:01.56 REG	6
3	Phillips, Ethan	Broad Run High School-VA	1:03.10	1:02.69	5
4	Edwards, Jack	Broad Run High School-VA	NT	1:07.07	4
5	Smith, Aaron	Broad Run High School-VA	1:10.60	1:14.18	3
6	Chou, Jonathan	Broad Run High School-VA	1:12.75	1:17.13	2
7	Brege, Tyler	Woodgrove Swim Team-VA	1:14.84	1:20.13	1
8	Molloy, Patrick	Woodgrove Swim Team-VA	1:20.62	1:24.41	

Event 20 Girls 100 Yard Backstroke

1:01.42 VHSL

1:12.08 REG

	Name	School	Seed Time	Finals Time	Points
1	Pakiela, Helena	Broad Run High School-VA	1:07.03	1:09.25 REG	8
2	Hanlin, Carly	Broad Run High School-VA	NT	1:18.54	6
3	Grande, Ashley	Woodgrove Swim Team-VA	1:29.71	1:33.18	5
4	Clarke, Eve	Woodgrove Swim Team-VA	1:33.96	1:33.76	4
5	Lilienkamp, Rebekah	Woodgrove Swim Team-VA	NT	1:48.32	3
6	Sparbanie, Abby	Woodgrove Swim Team-VA	2:06.46	2:00.15	2

Event 21 Boys 100 Yard Breaststroke

1:02.29 VHSL

1:07.60 REG

	Name	School	Seed Time	Finals Time	Points
1	Ferner, Ian	Broad Run High School-VA	1:10.82	1:10.85	8
2	Rand, Logan	Woodgrove Swim Team-VA	1:14.75	1:17.50	6
3	Khalil, Adam	Broad Run High School-VA	1:17.93	1:18.53	5
4	Silverstein, Drew	Woodgrove Swim Team-VA	1:20.63	1:21.01	4
5	Dellatorre, Alexander	Woodgrove Swim Team-VA	NT	1:21.56	3
6	Kozintsev, Mark	Broad Run High School-VA	NT	1:22.29	2
7	Mantravadi, Abhinav	Broad Run High School-VA	1:23.48	1:22.62	1
8	Fuller, Malcolm	Woodgrove Swim Team-VA	1:19.27	1:23.18	

Event 22 Girls 100 Yard Breaststroke

1:10.13 VHSL

1:18.18 REG

	Name	School	Seed Time	Finals Time	Points
1	Sparbanie, Libby	Woodgrove Swim Team-VA	1:16.77	1:17.74 REG	8
2	Jalali, Ayla	Broad Run High School-VA	1:28.46	1:29.88	6
3	Smith, Catharine	Woodgrove Swim Team-VA	NT	1:30.81	5
4	Frakes, Estella	Woodgrove Swim Team-VA	1:28.90	1:31.78	4
5	Benmergi, Ruth	Broad Run High School-VA	1:31.08	1:33.33	3
6	Laird, Caroline	Broad Run High School-VA	NT	1:45.42	2

Event 23 Boys 400 Yard Freestyle Relay

3:25.79 VHSL

3:45.86 REG

	Team	Relay	Seed Time	Finals Time	Points
1	Woodgrove Swim Team-VA	A	3:58.61	3:43.78 REG	10
	1) Hain, Mason	2) Davies, Hayden	3) Campbell, Henry	4) Hughes, Cayden	

Woodgrove @ Broad Run - 1/18/2025
Results - Woodgrove @ Broad Run

(Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
2 Broad Run High School-VA 1) Smith, Max	A 2) Edwards, Jack	3:35.50	3:52.12	5
3 Broad Run High School-VA 1) Korotovskikh, Keir	B 2) Slowinski, Adam	NT	4:01.21	3
4 Woodgrove Swim Team-VA 1) Benney, Vincent	B 2) Molloy, Patrick	NT	4:13.13	
5 Broad Run High School-VA 1) Salem, Hamdi	C 2) Marsh, Ben	NT	4:16.59	
6 Broad Run High School-VA 1) How, Brayden	D 2) Aguilar, Alex	NT	4:40.12	
7 Woodgrove Swim Team-VA 1) Matthews, Liam	C 2) Lyons, Thomas	NT	4:51.22	
		3) Ferner, Ian	4) Phillips, Ethan	
		3) Bennion, Chance	4) Khalil, Adam	
		3) Dellatorre, Alexander	4) Scoll, Benjamin	
		3) Tikhonov, Daniel	4) Chou, Jonathan	
		3) Laird, Eli	4) Schneider, Zachary	
		3) Martinez, Zaver	4) Dehond, Benjamin	

Event 24 Girls 400 Yard Freestyle Relay

3:49.63 VHSL

4:30.81 REG

Team	Relay	Seed Time	Finals Time	Points
1 Broad Run High School-VA 1) Pakiela, Helena	A 2) Edwards, Avery	4:10.70	4:15.69 REG	10
2 Broad Run High School-VA 1) Fatemi-Haque, Anya	B 2) Hanlin, Carly	NT	4:50.59	5
3 Woodgrove Swim Team-VA 1) Sparbanie, Abby	B 2) Murray, Trinity	NT	6:26.68	3
--- Woodgrove Swim Team-VA Early take-off swimmer #4 1) Smith, Leah	A 2) Grande, Ashley	4:17.90	DQ	
		3) McClellan, Elise	4) Lilienkamp, Rebekah	
		3) Clarke, Eve	4) Carter, Cassidy	

Combined Team Scores

Combined Team Scores - Through Event 24

1. Broad Run High School	312	2. Woodgrove Swim Team	241
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Scores - Women

Women - Team Rankings - Through Event 24

1. Broad Run High School	136	2. Woodgrove Swim Team	131
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Scores - Men

Men - Team Rankings - Through Event 24

1. Broad Run High School	176	2. Woodgrove Swim Team	110
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