

LVHS @ RRHS - 1/5/2024

Results - All

Event 1 Boys 200 Yard Medley Relay

1:43.06 4A

1:48.36 REG

Team	Relay	Seed Time	Finals Time
1 Rock Ridge High School-VA 1) Chethan, Neel JR	A 2) Midda, Nikhil K JR	1:46.51 3) Takach, Andrew J JR	1:45.82 REG 4) Cabezas, Oliver E SO
2 Loudoun Valley High School-VA 1) Nardiello, Henry FR	A 2) Cates, Jordan JR	1:58.89 3) Zarnstorff, Bradley JR	2:01.83 4) Black, Ricky SR
3 Loudoun Valley High School-VA 1) Carlucci, Cameron SR	B 2) Hill, Arleigh FR	NT 3) Childs, Mich FR	2:05.41 4) Nace, Cooper JR
4 Rock Ridge High School-VA 1) D'Souza, Vern FR	B 2) Weber, Joshua FR	NT 3) Khalkho, Neal SO	2:12.76 4) Krajewski, Michael R SO
5 Rock Ridge High School-VA 1) Das, Arnav SO	C 2) Williams, Ethan FR	NT 3) Wadhvani, Rishi FR	x2:30.21 4) Butler, George FR

Event 2 Girls 200 Yard Medley Relay

1:56.19 4A

2:08.74 REG

Team	Relay	Seed Time	Finals Time
1 Loudoun Valley High School-VA 1) Cates, Noelle FR	A 2) Renehan, Kailey JR	2:03.51 3) Bannerton, Avery SR	2:04.64 REG 4) Kelly, Brooke SR
2 Rock Ridge High School-VA 1) Takach, Ali FR	A 2) Weber, Emma SO	2:18.82 3) Papageorgiou, Dina FR	2:18.53 4) Narsin, Krithi SO
3 Loudoun Valley High School-VA 1) Paradiso, Natalie SR	B 2) Bartlett, Harper FR	NT 3) Edwards, Abby SO	2:21.69 4) Bell, Caroline SR
4 Rock Ridge High School-VA 1) Rao, Nikita SR	B 2) Gandhi, Sarina SR	NT 3) Pena, Veronica FR	2:35.32 4) Vaidya, Juhi SR
5 Loudoun Valley High School-VA 1) Chauhan, Aishani FR	C 2) Woodall, Kam SO	NT 3) McCormick, Norah SO	x2:45.20 4) Black, Rachel SO
--- Rock Ridge High School-VA 1) Assefa, Leeyu FR	C 2) Parekh, Rhea JR	NT 3) Khanal, Aarya FR	DQ 4) Doma, Bhavitha FR

Event 3 Boys 200 Yard Freestyle

1:50.04 4A

2:06.30 REG

Name	Yr School	Seed Time	Finals Time
1 Takach, Andrew J	JR Rock Ridge High School-VA	NT	1:51.09 REG
2 Mills, Jack	FR Loudoun Valley High School-VA	2:18.04	2:16.36
3 Hwang, Joon	SO Rock Ridge High School-VA	NT	2:16.90
4 Cronin, Connor	SR Loudoun Valley High School-VA	2:19.91	2:22.00
5 Khalkho, Neal	SO Rock Ridge High School-VA	2:25.39	2:28.06
6 Bakshi, Anik	SO Rock Ridge High School-VA	NT	3:02.07
7 Berringer, Mason	FR Loudoun Valley High School-VA	2:58.04	3:05.62

Event 4 Girls 200 Yard Freestyle

1:59.19 4A

2:14.26 REG

Name	Yr School	Seed Time	Finals Time
1 Cates, Noelle	FR Loudoun Valley High School-VA	NT	2:10.91 REG
2 Goodhart, Caden	SO Rock Ridge High School-VA	2:40.89	2:45.15
3 Woodall, Kam	SO Loudoun Valley High School-VA	NT	3:04.21
4 Poduri, Nishi	JR Rock Ridge High School-VA	3:10.44	3:09.02
5 Thakur, Anshika	FR Rock Ridge High School-VA	NT	3:09.06
6 Schober, Sophie	SO Loudoun Valley High School-VA	NT	3:17.14
7 Fernandes, Emma	FR Rock Ridge High School-VA	NT	3:44.95

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(Event 4 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time
8 Bharatula, Saisindhura	FR	Loudoun Valley High School-VA	NT	4:01.46

Event 5 Boys 200 Yard IM

2:03.31 4A
2:19.33 REG

Name	Yr	School	Seed Time	Finals Time
1 Cates, Jordan	JR	Loudoun Valley High School-VA	2:20.30	2:21.56
2 Midda, Nikhil K	JR	Rock Ridge High School-VA	NT	2:29.13
3 Dhannode, Shriyan	FR	Rock Ridge High School-VA	2:44.33	2:45.09
4 Jaastad, Timothy	JR	Loudoun Valley High School-VA	2:48.71	2:45.22
--- Weicker, Dylan	SR	Rock Ridge High School-VA	NT	DQ

Event 6 Girls 200 Yard IM

2:15.52 4A
2:39.22 REG

Name	Yr	School	Seed Time	Finals Time
1 Bannerton, Avery	SR	Loudoun Valley High School-VA	NT	2:17.95 REG
2 Edwards, Abby	SO	Loudoun Valley High School-VA	NT	2:49.63
3 Papageorgiou, Dina	FR	Rock Ridge High School-VA	NT	2:58.97
4 McCormick, Norah	SO	Loudoun Valley High School-VA	3:19.06	3:16.95
5 Christmas, Nolwazi	SO	Rock Ridge High School-VA	NT	3:20.82
6 Pena, Veronica	FR	Rock Ridge High School-VA	NT	3:30.00
7 Assefa, Leeyu	FR	Rock Ridge High School-VA	NT	3:33.94

Event 7 Boys 50 Yard Freestyle

22.66 4A
23.90 REG

Name	Yr	School	Seed Time	Finals Time
1 Chethan, Neel	JR	Rock Ridge High School-VA	NT	23.95
2 Cabezas, Oliver E	SO	Rock Ridge High School-VA	NT	24.21
3 Nace, Cooper	JR	Loudoun Valley High School-VA	25.83	26.21
4 Black, Ricky	SR	Loudoun Valley High School-VA	25.75	26.25
5 D'Souza, Vern	FR	Rock Ridge High School-VA	NT	26.57
6 Carlucci, Cameron	SR	Loudoun Valley High School-VA	NT	27.40
7 Zarnstorff, Bradley	JR	Loudoun Valley High School-VA	27.03	27.75
8 Weber, Joshua	FR	Rock Ridge High School-VA	NT	27.91

Event 8 Girls 50 Yard Freestyle

25.57 4A
27.80 REG

Name	Yr	School	Seed Time	Finals Time
1 Kelly, Brooke	SR	Loudoun Valley High School-VA	28.73	29.07
2 Bell, Caroline	SR	Loudoun Valley High School-VA	29.31	29.50
3 Weber, Emma	SO	Rock Ridge High School-VA	NT	30.19
4 Khanal, Aarya	FR	Rock Ridge High School-VA	NT	31.25
5 Black, Rachel	SO	Loudoun Valley High School-VA	30.53	31.50
6 Gandhi, Sarina	SR	Rock Ridge High School-VA	NT	32.69
7 Rao, Nikita	SR	Rock Ridge High School-VA	NT	34.15
8 Chauhan, Aishani	FR	Loudoun Valley High School-VA	NT	37.98

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Event 11 Boys 100 Yard Butterfly

54.74 4A
59.71 REG

	Name	Yr	School	Seed Time	Finals Time
1	Wadhvani, Rishi	FR	Rock Ridge High School-VA	1:11.08	1:06.37
2	Zarnstorff, Bradley	JR	Loudoun Valley High School-VA	1:10.91	1:09.58
3	Hwang, Joon	SO	Rock Ridge High School-VA	NT	1:15.83
4	Krajewski, Michael R	SO	Rock Ridge High School-VA	1:24.56	1:17.59
5	Weicker, Dylan	SR	Rock Ridge High School-VA	1:17.26	1:21.31
6	Childs, Mich	FR	Loudoun Valley High School-VA	1:22.02	1:25.75

Event 12 Girls 100 Yard Butterfly

1:00.63 4A
1:11.65 REG

	Name	Yr	School	Seed Time	Finals Time
1	Edwards, Abby	SO	Loudoun Valley High School-VA	1:16.91	1:20.70
2	Swartz, Kate	SO	Loudoun Valley High School-VA	1:27.02	1:27.16
3	Crowley, Emerson	FR	Loudoun Valley High School-VA	1:42.14	1:36.63
4	Gandhi, Sarina	SR	Rock Ridge High School-VA	NT	1:42.28
5	McCormick, Norah	SO	Loudoun Valley High School-VA	1:38.64	1:47.27
6	Poduri, Nishi	JR	Rock Ridge High School-VA	NT	1:51.96
7	Christmas, Nolwazi	SO	Rock Ridge High School-VA	1:43.50	1:55.97
8	Parekh, Rhea	JR	Rock Ridge High School-VA	NT	1:56.56

Event 13 Boys 100 Yard Freestyle

49.61 4A
52.42 REG

	Name	Yr	School	Seed Time	Finals Time
1	Takach, Andrew J	JR	Rock Ridge High School-VA	NT	52.20 REG
2	Black, Ricky	SR	Loudoun Valley High School-VA	58.51	1:01.09
3	Hill, Arleigh	FR	Loudoun Valley High School-VA	1:02.63	1:01.93
4	Nardiello, Henry	FR	Loudoun Valley High School-VA	1:01.37	1:02.96
5	Dhannode, Shriyan	FR	Rock Ridge High School-VA	NT	1:07.40
6	Butler, George	FR	Rock Ridge High School-VA	1:12.73	1:18.78
7	Torres, Tim	JR	Rock Ridge High School-VA	NT	1:32.44

Event 14 Girls 100 Yard Freestyle

55.50 4A
1:01.65 REG

	Name	Yr	School	Seed Time	Finals Time
1	Bell, Caroline	SR	Loudoun Valley High School-VA	1:05.32	1:06.65
2	Narsin, Krithi	SO	Rock Ridge High School-VA	NT	1:07.14
3	Khanal, Aarya	FR	Rock Ridge High School-VA	NT	1:09.58
4	Papageorgiou, Dina	FR	Rock Ridge High School-VA	NT	1:18.03
5	Bartlett, Harper	FR	Loudoun Valley High School-VA	1:14.75	1:18.15
6	Schober, Sophie	SO	Loudoun Valley High School-VA	1:25.26	1:30.16
7	Fernandes, Emma	FR	Rock Ridge High School-VA	NT	1:42.83
8	Luke, Kylie	FR	Loudoun Valley High School-VA	NT	2:01.03

Event 15 Boys 500 Yard Freestyle

4:58.04 4A
5:44.75 REG

	Name	Yr	School	Seed Time	Finals Time
1	Chethan, Neel	JR	Rock Ridge High School-VA	NT	5:25.81 REG

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(Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	
2 Cates, Jordan	JR	Loudoun Valley High School-VA	5:33.83	5:37.14	REG
3 Childs, Mich	FR	Loudoun Valley High School-VA	6:36.42	6:34.50	
4 Khalkho, Neal	SO	Rock Ridge High School-VA	NT	6:43.97	
5 D'Souza, Vern	FR	Rock Ridge High School-VA	NT	6:45.39	
6 Cronin, Connor	SR	Loudoun Valley High School-VA	6:45.55	7:13.22	
7 Weber, Joshua	FR	Rock Ridge High School-VA	NT	7:15.62	
8 Leiden, Evan	FR	Loudoun Valley High School-VA	NT	7:33.09	

Event 16 Girls 500 Yard Freestyle

5:21.64 4A

6:18.26 REG

Name	Yr	School	Seed Time	Finals Time	
1 Cates, Noelle	FR	Loudoun Valley High School-VA	5:36.38	5:53.70	REG
2 Takach, Ali	FR	Rock Ridge High School-VA	NT	6:02.56	REG
3 Renehan, Kailey	JR	Loudoun Valley High School-VA	NT	7:21.75	
4 Weber, Emma	SO	Rock Ridge High School-VA	NT	7:38.96	
5 Swartz, Kate	SO	Loudoun Valley High School-VA	NT	8:00.16	
6 Crowley, Emerson	FR	Loudoun Valley High School-VA	NT	8:06.89	
7 Rao, Nikita	SR	Rock Ridge High School-VA	NT	8:23.63	
8 Pena, Veronica	FR	Rock Ridge High School-VA	NT	8:56.51	

Event 17 Boys 200 Yard Freestyle Relay

1:33.83 4A

1:37.94 REG

Team	Relay	Seed Time	Finals Time
1 Rock Ridge High School-VA	A	1:38.34	1:46.46
1) Cabezas, Oliver E SO	2) Dhannode, Shriyan FR	3) Weicker, Dylan SR	4) Hwang, Joon SO
2 Loudoun Valley High School-VA	A	1:47.25	1:47.71
1) Nace, Cooper JR	2) Zarnstorff, Bradley JR	3) Hill, Arleigh FR	4) Black, Ricky SR
3 Loudoun Valley High School-VA	B	NT	2:00.37
1) Jaastad, Timothy JR	2) Berringer, Mason FR	3) Leiden, Evan FR	4) Mills, Jack FR
4 Rock Ridge High School-VA	B	NT	2:19.58
1) Butler, George FR	2) Das, Arnav SO	3) Torres, Tim JR	4) Williams, Ethan FR

Event 18 Girls 200 Yard Freestyle Relay

1:45.19 4A

1:50.81 REG

Team	Relay	Seed Time	Finals Time
1 Loudoun Valley High School-VA	A	1:54.26	1:56.51
1) Bannerton, Avery SR	2) Kelly, Brooke SR	3) Bell, Caroline SR	4) Cates, Noelle FR
2 Rock Ridge High School-VA	A	2:10.54	2:10.39
1) Goodhart, Caden SO	2) Parekh, Rhea JR	3) Papageorgiou, Dina FR	4) Narsin, Krithi SO
3 Loudoun Valley High School-VA	B	NT	2:15.40
1) Black, Rachel SO	2) Paradiso, Natalie SR	3) Bartlett, Harper FR	4) Edwards, Abby SO
4 Rock Ridge High School-VA	B	NT	2:32.64
1) Thakur, Anshika FR	2) Fernandes, Emma FR	3) Poduri, Nishi JR	4) Christmas, Nolwazi SO
5 Loudoun Valley High School-VA	C	NT	x3:06.44
1) Kachibhotla, Shravya FR	2) Bharatula, Saisindhura FR	3) Luke, Kylie FR	4) Woodall, Kam SO

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Results - All

Event 19 Boys 100 Yard Backstroke

54.78 4A

1:01.86 REG

	Name	Yr	School	Seed Time	Finals Time
1	Midda, Nikhil K	JR	Rock Ridge High School-VA	1:03.34	1:02.39
2	Nardiello, Henry	FR	Loudoun Valley High School-VA	1:10.14	1:10.10
3	Carlucci, Cameron	SR	Loudoun Valley High School-VA	1:13.41	1:11.27
4	Wadhvani, Rishi	FR	Rock Ridge High School-VA	NT	1:17.08
5	Krajewski, Michael R	SO	Rock Ridge High School-VA	NT	1:27.66
6	Bakshi, Anik	SO	Rock Ridge High School-VA	NT	1:43.77
---	Berringer, Mason	FR	Loudoun Valley High School-VA	NT	DQ

Event 20 Girls 100 Yard Backstroke

1:01.58 4A

1:12.86 REG

	Name	Yr	School	Seed Time	Finals Time
1	Bannerton, Avery	SR	Loudoun Valley High School-VA	1:01.31	1:01.40 4A
2	Takach, Ali	FR	Rock Ridge High School-VA	1:07.30	1:10.66 REG
3	Kachibhotla, Shravya	FR	Loudoun Valley High School-VA	2:15.06	1:20.69
4	Paradiso, Natalie	SR	Loudoun Valley High School-VA	1:27.03	1:25.26
5	Vaidya, Juhi	SR	Rock Ridge High School-VA	1:40.77	1:32.64
6	Chauhan, Aishani	FR	Loudoun Valley High School-VA	1:45.16	1:38.43
7	Doma, Bhavitha	FR	Rock Ridge High School-VA	NT	1:40.81
8	Assefa, Leeyu	FR	Rock Ridge High School-VA	NT	1:41.64

Event 21 Boys 100 Yard Breaststroke

1:02.48 4A

1:07.60 REG

	Name	Yr	School	Seed Time	Finals Time
1	Hill, Arleigh	FR	Loudoun Valley High School-VA	1:13.18	1:15.70
2	Mills, Jack	FR	Loudoun Valley High School-VA	1:21.31	1:22.97
3	Jaastad, Timothy	JR	Loudoun Valley High School-VA	1:26.66	1:30.50
4	Williams, Ethan	FR	Rock Ridge High School-VA	1:35.78	1:38.34
5	Butler, George	FR	Rock Ridge High School-VA	1:42.29	1:39.63
6	Leiden, Evan	FR	Loudoun Valley High School-VA	NT	1:40.15
---	Das, Arnav	SO	Rock Ridge High School-VA	NT	DQ

Event 22 Girls 100 Yard Breaststroke

1:10.07 4A

1:18.18 REG

	Name	Yr	School	Seed Time	Finals Time
1	Renehan, Kailey	JR	Loudoun Valley High School-VA	1:19.92	1:18.83
2	Kelly, Brooke	SR	Loudoun Valley High School-VA	1:26.81	1:27.27
3	Goodhart, Caden	SO	Rock Ridge High School-VA	NT	1:31.21
4	Bartlett, Harper	FR	Loudoun Valley High School-VA	1:33.77	1:36.28
5	Woodall, Kam	SO	Loudoun Valley High School-VA	1:40.52	1:42.13
6	Parekh, Rhea	JR	Rock Ridge High School-VA	1:49.09	1:42.46
7	Narsin, Krithi	SO	Rock Ridge High School-VA	NT	1:44.15
8	Thakur, Anshika	FR	Rock Ridge High School-VA	2:16.54	2:09.28

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Results - All

Event 23 Boys 400 Yard Freestyle Relay

3:25.91 4A

3:45.86 REG

Team	Relay	Seed Time	Finals Time
1 Rock Ridge High School-VA 1) Takach, Andrew J JR	A 2) Hwang, Joon SO	3:39.53 3) Midda, Nikhil K JR	3:45.68 REG 4) Chethan, Neel JR
2 Rock Ridge High School-VA 1) Cabezas, Oliver E SO	B 2) Weber, Joshua FR	NT 3) Weicker, Dylan SR	4:09.10 4) D'Souza, Vern FR
3 Loudoun Valley High School-VA 1) Cates, Jordan JR	A 2) Nardiello, Henry FR	4:19.45 3) Mills, Jack FR	4:15.20 4) Carlucci, Cameron SR
4 Rock Ridge High School-VA 1) Wadhvani, Rishi FR	C 2) Dhannode, Shriyan FR	NT 3) Khalkho, Neal SO	x4:48.21 4) Krajewski, Michael R SO
5 Loudoun Valley High School-VA 1) Cronin, Connor SR	B 2) Childs, Mich FR	NT 3) Berringer, Mason FR	4:54.89 4) Jaastad, Timothy JR
6 Rock Ridge High School-VA 1) Bakshi, Anik SO	D 2) Torres, Tim JR	NT 3) Das, Arnav SO	x6:03.63 4) Williams, Ethan FR

Event 24 Girls 400 Yard Freestyle Relay

3:49.92 4A

4:30.81 REG

Team	Relay	Seed Time	Finals Time
1 Rock Ridge High School-VA 1) Takach, Ali FR	A 2) Rao, Nikita SR	4:54.39 3) Khanal, Aarya FR	4:47.97 4) Weber, Emma SO
2 Loudoun Valley High School-VA 1) Black, Rachel SO	A 2) Swartz, Kate SO	4:19.51 3) Crowley, Emerson FR	5:03.56 4) Renehan, Kailey JR
3 Rock Ridge High School-VA 1) Assefa, Leeyu FR	C 2) Doma, Bhavitha FR	NT 3) Vaidya, Juhi SR	5:50.95 4) Christmas, Nolwazi SO
4 Rock Ridge High School-VA 1) Poduri, Nishi JR	B 2) Fernandes, Emma FR	NT 3) Pena, Veronica FR	x5:53.63 4) Goodhart, Caden SO
5 Loudoun Valley High School-VA 1) Schober, Sophie SO	B 2) Kachibhotla, Shravya FR	NT 3) Chauhan, Aishani FR	6:25.56 4) McCormick, Norah SO

Combined Team Scores

Combined Team Scores - Through Event 24

1. Loudoun Valley High School	296	2. Rock Ridge High School	267
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Scores - Women

Women - Team Rankings - Through Event 24

1. Loudoun Valley High School	174	2. Rock Ridge High School	112
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Scores - Men

Men - Team Rankings - Through Event 24

1. Rock Ridge High School	155	2. Loudoun Valley High School	122
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