

POTENTIAL

Availability - Session Times

Mondays: Between 9am and 4pm (last session 3pm)

Fridays: Between: 9.am and 12pm (last session 11am)

Ignite Sessions

Ignite sessions are available to book upon request, appointments are 90 minutes long.

Mentoring

Mentoring sessions are delivered as a program of 6 x 45 minute sessions delivered weekly.

Coaching

Coaching sessions are delivered as a program of 6 x 60-minute sessions called chapters delivered fortnightly.

All of my services are available online, or on the phone. Coaching is available in person for people in the local area of Newton Abbot.

I look forward to meeting you.

www.potentiallife.co.uk