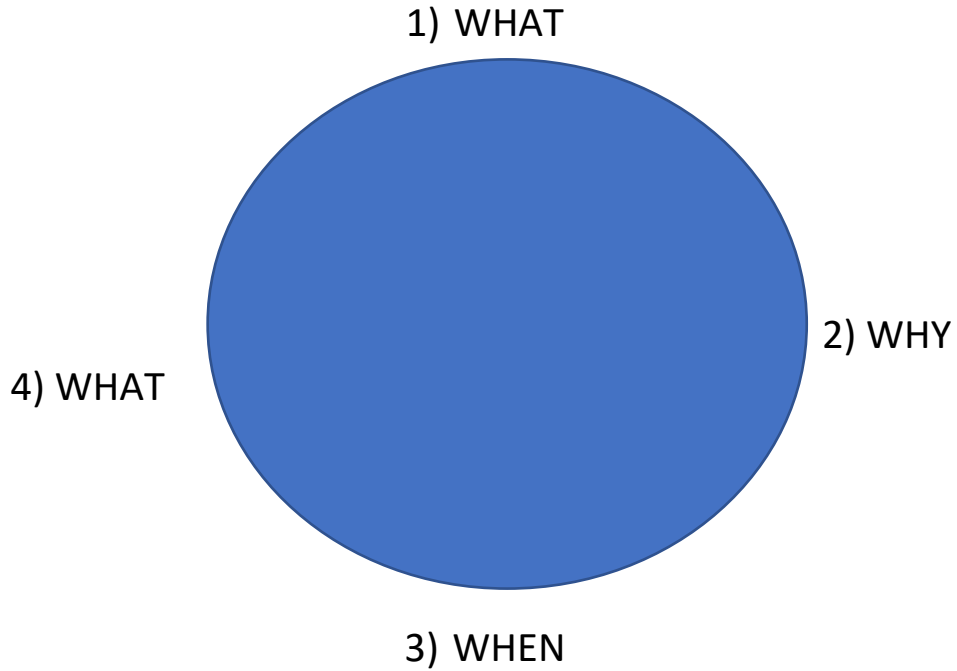


# Goal Setting: TEAM FULL MOMENTUM



1) **WHAT:** What do you need? What does your family need?

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2) **WHY:** Why did you pick that? What will that cover?

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3) **WHEN:** When do you need to reach that number? Date and Timeline

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4) **What:** What tasks do I need to do today to get WHAT I want?

Task (IPA) \_\_\_\_\_

Task \_\_\_\_\_

Task \_\_\_\_\_