

**SRC LOCATIONS:**

**Auditorium:** Chair & Floor Yoga  
**Dining Room:** Book Club, Pinochle, American Legion, Vietnam Veterans  
**Game Room:** Hooks & Needles  
**Sewing Room:** Sewing Club



**McMenamin Rec Center: Exercise, Dominoes, Breakfast Bar, Hoagie/Sandwich Night**  
 Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

# JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BUS TRIPS:</b> All SRC Bus Trips depart from the back part of Berean Bible Church Parking Lot AARP Tuesday – June 14 – Chesapeake City, MD SRC Tuesday – June 21 – Pearl S. Buck National Historic Landmark			<b>1</b> Exercise 9 AM Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM	<b>2</b> Pinochle 2 PM	<b>3</b> Exercise 9 AM Sewing Club 9:30 AM	<b>4</b>
<b>5</b>	<b>6</b> Exercise 9 AM Farm Stand 8:30 AM Court N Pavilion Book Club 2 PM	<b>7</b> Dominoes 2 PM Hooks & Needles 2 PM Chair Yoga 3:30 PM Vietnam Vets 7 PM	<b>8</b> Exercise 9 AM Floor Yoga 9:30 AM TRAAC Field Trip 9:30 AM	<b>9</b> Pinochle 2 PM Fall Prevention 11 AM	<b>10</b> Exercise 9 AM Lunch Bunch – Red Lobster 11:30 AM	<b>11</b>
<b>12</b>	<b>13</b> Exercise 9 AM Farm Stand 8:30 AM Court N Pavilion WOW Bookmobile 10 AM Bible Study 2 PM	<b>14</b> Breakfast Bar 9:15 AM Resident Meeting 10 AM Dominoes 2 PM Chair Yoga 3:30 PM	<b>15</b> Exercise 9 AM Floor Yoga 9:30 AM Mister Softee 2 PM	<b>16</b> Pinochle 2 PM Ladies' Night +1 – No Boys Allowed! 6 PM	<b>17</b> Exercise 9 AM Sewing Club 9:30 AM Red Cross Blood Drive 10 AM	<b>18</b>
<b>19</b> FATHER'S DAY	<b>20</b> Exercise 9 AM Farm Stand 8:30 AM Court N Pavilion	<b>21</b> Dominoes 2 PM Chair Yoga 3:30 PM	<b>22</b> Men's Breakfast 8 AM Exercise 9 AM Floor Yoga 9:30 AM	<b>23</b> Pinochle 2 PM American Legion 7 PM Grief Support @ BRC 11 AM	<b>24</b> Exercise 9 AM	<b>25</b>
<b>26</b> Summer Concert 6 PM Where's Pete	<b>27</b> Exercise 9 AM Farm Stand 8:30 AM Court N Pavilion	<b>28</b> Breakfast Bar 9:15 AM Dominoes 2 PM Chair Yoga 3:30 PM Water Aerobics 6:30 PM Spring Street Songsters 2 PM	<b>29</b> Exercise 9 AM Floor Yoga 9:30 AM Hospice Seminar 1 PM	<b>30</b> Pinochle 2 PM Grief Support @ BRC 11 AM	Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details	