

SRC LOCATIONS:

Auditorium: Chair & Floor Yoga
Dining Room: Book Club, Pinochle, American Legion, Vietnam Veterans
Game Room: Hooks & Needles
Sewing Room: Sewing Club



McMenamin Rec Center: Exercise, Dominoes, Breakfast Bar, Hoagie/Sandwich Night
 Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Exercise 9 AM Farm Stand 8:30 AM Book Club 2 PM	2 Dominoes 2 PM Hooks & Needles 2 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM	3 Exercise 9 AM Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Pickleball 6 PM	4 Pinochle 2 PM	5 Exercise 9 AM Pickleball 9 AM Sewing 9:30 AM	6
7 Pottsgrove Community Band 6 PM	8 Exercise 9 AM Farm Stand 8:30 AM Bible Study 2 PM	9 Dominoes 2 PM Chair Yoga 3:30 PM	10 Exercise 9 AM Floor Yoga 9:30 AM Pickleball 6 PM POSITIVE CHOICES IN DIET AND NUTRITION 2 PM	11 Pinochle 2 PM	12 Exercise 9 AM Pickleball 9 AM Lunch Bunch-Grace's Cafe 12 Noon	13
14	15 Exercise 9 AM Farm Stand 8:30 AM	16 Dominoes 2 PM Chair Yoga 3:30 PM	17 Exercise 9 AM Floor Yoga 9:30 AM Pickleball 6 PM MISTER SOFTEE 2 PM	18 Pinochle 2 PM	19 Exercise 9 AM Pickleball 9 AM Sewing 9:30 AM	20
21	22 Exercise 9 AM Farm Stand 8:30 AM	23 Dominoes 2 PM Chair Yoga 3:30 PM	24 Exercise 9 AM Floor Yoga 9:30 AM Pickleball 6 PM	25 Pinochle 2 PM SRC Singers 3 PM American Legion 7 PM	26 Exercise 9 AM Pickleball 9 AM	27
28	29 Exercise 9 AM Farm Stand 8:30 AM	30 Dominoes 2 PM Chair Yoga 3:30 PM	31 Exercise 9 AM Floor Yoga 9:30 AM Pickleball 6 PM	<i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details</i>		