

JULY  
2024



### *Office Closed*

In honor of Independence Day, the SRC & BRC offices will be closed on Thursday, July 4.

***Trash and recycle will be picked up on  
Wednesday, July 3***



### *Mechanical Room Storage*

The mechanical room contains your hot water heater in addition to your heating system. **Full accessibility by our staff and contractors to this equipment is required at all times.**

Please refrain from using it as a storage area. As homes are going through the refurb process and being resold, yellow tape/paint is being placed on the floor to indicate the space which needs to be accessible.



*Let every nation know, whether it wishes us well or ill,  
we shall pay any price, bear any burden, meet any  
hardship, support any friend, oppose any foe, to assure  
the survival and success of liberty. **John F. Kennedy***

## *Parking Spaces*

The office has received several complaints this month regarding parking spaces.

When you pull into a parking space, please make sure you are in the middle of the space. We have found several cars that are on or straddling the white lines. Parking too closely to these lines could cause damage to other parked cars when you open your door; or worse yet, they could be hit as you are entering or leaving the space.

Please park in your assigned space. Any space that has a number is assigned to that home for resident use. Emergency personnel also use the parking spaces to determine if the person is at home if they are called for a well-check or medical emergency.

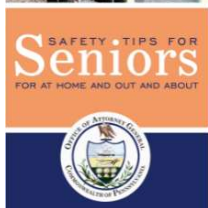
As a friendly reminder to our residents, even though a resident is not driving and may not have a car, that space is still assigned to that home for their use.

Also, please remind your guests and visitors to park in **un-numbered** parking spaces.

## *Front Porch and Power Washing*

Front porch and power washing will begin in the next few weeks. It is anticipated that all power washing and porch cleaning will be completed by the end of August.

## *Scam Phone Calls*



Several people have called the office to report they have recently been the recipients of scam phone calls. We urge all residents to be cautious when answering the telephone.

The Office of the Attorney General of Pennsylvania has published a helpful pamphlet – *Safety Tips for Seniors* – which is available at the McMenamain Rec Center.

Some Quick Tips from the pamphlet:

- If you don't know the number, DO NOT ANSWER. Let your machine pick up.
- EXAMINE YOUR MAIL – if the postmark is from outside the US, it is most likely mail fraud.
- Beware of anyone DEMANDING PAYMENTS in gift cards or prepaid credit cards.

Stop by the Community Center to pick up a pamphlet.

*Be alert; be secure; be smart.*

## *Air Conditioners*

Please do not delay reporting air conditioner problems to the office. This will save you unwanted discomfort when the weather turns warm and your air conditioner does not function properly.

For better efficiency, do not keep turning the unit on and off. It's better to set it and forget it. Turning the air on late during a hot day may cause the air not to be able to catch up and cool your home.



## *TransNet Bus Service for Seniors*

TransNet, a Montgomery County bus service for seniors, will bring you to doctor's appointments, dentist, physical therapy, Tri-County Active Adult Center, and just about anywhere in Montgomery County, and then back home again! To sign up for a TransNet bus pass, call TRAAC at 610-323-5009.



## *How to Register for TransNet Bus Rider Pass (Adults 65+)*

Applications for a TransNet Rider Pass are in the McMenammin Rec Center. Fill out the application, include a copy of your ID, and send it to the address on the application. Your TransNet Rider Pass should arrive in the USPS mail within two weeks. Once you have the Rider Pass, you can ride to Tri-County Active Adult Center for free. To arrange a ride to TRAAC, call 610-323-5009 a week in advance.

To arrange a ride to other places in Montgomery County (ie: doctor, dentist, hairdresser, pharmacy, grocery) and find out the cost involved, **call TransNet directly at 215-542-7433**. For rides to places other than TRAAC, a small fee is charged. Funds from the PA State Lottery pay for 85% of your TransNet bus fare through a grant from the PA Department of Transportation.



## *McMenamin Rec Center Kitchen*

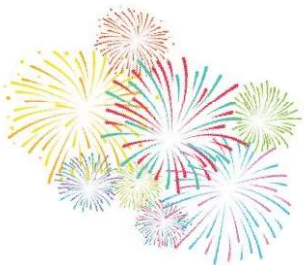
The McMenamin Rec Center is shown to potential residents during sales tours at BRC and we do not want to make a bad first impression. The office has noticed dishes and other items in or around the sink. While this is a community gathering area for residents, we do not want it to look untidy. In addition, critters could become a nuisance.

With the above in mind, please wash, dry and put away dishes/glasses/cups including utensils, pots, pans, etc. All countertops need to be wiped down. Dishtowels should not be hung over the faucet. Boxes (e.g., popcorn, coffee, etc.) should be stored in the cabinets and not left on the counter.

Your help in creating a good first impression is greatly appreciated.

## *Happy Birthday!*

- 7 Maria B
- 9 Bertha D
- 13 Natalie B
- 14 Joan S
- 18 Thomas S
- 21 Fred S
- 29 Joan P



Delphinium and the water lily share the honor of being July's birth flowers, representing the month's vibrant energy and serene beauty. Each flower brings its own unique symbolism and charm, making them a perfect pair to celebrate those born in this lively and enchanting summer month.

*bloomandwild.com*



## *Summer Hiatus – Will Resume in September*

Community meeting, breakfast, fellowship luncheons, Reiki and peace meditation are on a summer hiatus.  
Watch Ridge Report for when they will resume.

## *TriCounty Active Adult Center (TRAAC)*

Are you looking to be more involved with people in the same stage of life as you? The TriCounty Active Adult Center (TRAAC) is a nonprofit community center for people in their prime! TRAAC is the place to go for people aged 50 or better.

Stop by for a delicious hot lunch, stay active with a fitness class like Zumba or Yoga, take up a new hobby like origami, or come have fun with friends old or new. With 100 programs and activities each week, they have something for everyone!

They are open weekdays from 8 AM to 4 PM, with occasional evening hours. Everyone is welcome – you do not need to be a member. Many programs are free, and others are offered at a low cost, generally \$2 per session.



## *Mexican Train Dominoes*

**NEW DATE: Thursdays at 2 PM**



## *Exercising is Back!*

Joanne B. is back and is ready to exercise!  
Join her on Monday, Wednesday, Friday mornings at 10 AM  
in the McMenamain Rec Center!



July 1

## *Book Club*

**Monday, July 1 at 2 PM**

- July 1 "The Mitford Affair" by Marie Benedict
- August 5 "The Personal Librarian" by Marie Benedict

Contact Jeanette G. for more information.



**Mark Your Calendars!**  
**Wednesday, July 3 and July 17 at 2 PM**  
Did someone say, **ICE CREAM?**

Mr. Softee was so popular that we added a second date! Invite your friends and family! Come out to the SRC Community Center parking lot and enjoy some of the many treats they offer! Remember, it is now twice a month - 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays - throughout the summer.

## **Celebrate Independence Day** **July 4 starting at 4 PM till?**



Ice cream social at the McMenamin Rec Center. Come prepared to chit chat, play cornhole, Bananagrams, or a revival of Jeanette's famous Cherry pit spitting contest! Other game ideas are welcome. If you want to bring something, appetizers, a beverage, or accompanying desserts will be enthusiastically received!

## **Supermarket BINGO! with Amity Place** **Wednesday, July 10 at 10:30 AM**

Donna Uncapher from Amity Place will bring Supermarket BINGO to you every 2<sup>nd</sup> Wednesday of the month! We have extra bingo cards, so you can play several cards at once!

**SEATING IS LIMITED – RSVP by Tuesday, July 9.**  
Meets in the SRC Dining Room.



## **Needlecrafters!**

**Wednesday, July 10 and July 24 at 3 PM**  
(Meeting 2<sup>nd</sup> & 4<sup>th</sup> Wednesday)

If you knit, crochet, cross-stitch, embroider or quilt, why not come to the **Needlecrafters** at 3 PM in the SRC Dining Room? Learn a new craft or just socialize with fellow crafters!

*Any questions call Nancy D. or Marie G.*





## *Lunch Bunch*

**Vincenzo's Restaurant Italiano**

*(1333 Old Swede Rd., Douglassville)*

**Friday, July 12 at 12 Noon**

*If you are paying by cash at the restaurant,  
please bring smaller bills/change.*

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up.  
The bus and carpool will leave Berean Bible Church Parking lot at 11:30 AM.

**RSVP by Wednesday, July 10**

## *Donna & Richard Landis Farm Stand*

**Monday, July 15 at 9 AM**

Donna has planted lots of vegetables - tomatoes, corn, peppers, zucchini, peas, green beans, etc. Now we have to wait for them to be ready. She expects to have some produce (probably zucchini and peppers - not sure what else will be ready) for sale on July 15 at 9 AM in the "N" Court pavilion. This should be the start of our regular Monday morning produce sales. See you there!  
Court "N" Pavilion. Please call Nancy E. if you have any questions.

## *American Red Cross Blood Drive*

**Tuesday, July 16 – 2 to 7 PM**



**American  
Red Cross**

Register online at [www.RedCross.org](http://www.RedCross.org)

You may also contact Cheryl H. for questions or assistance with registration.

*Next Blood Drive:*

**Monday, September 16 – 2 PM to 7 PM**

## *BINGO! with Home Instead*

**Wednesday, July 17 at 1 PM**

Keith and Tyler from Home Instead will bring BINGO to you! We have extra bingo cards, so you can play several cards at once! Play a few games and try your luck while meeting new friends! **SEATING IS LIMITED – RSVP by Tuesday, July 18.** Meets in the SRC Dining Room.



## ***Brown Bag History: Days of Darkness: Civilians of Gettysburg” Saturday, July 20 at 12 Noon***

In the summer of 1863, a small town in Adams County, PA and its 2400 civilians settled in for another quiet season. The town they called home...Gettysburg. The name alone still leaves an impact today. When two massive armies clashed in battle, the landscape forever changed. For 3 days, they engaged in some of the bloodiest fighting of the civil war and when the fighting came to a close, the armies vanished leaving in their wake, nearly 30,000 dead and wounded soldiers. Those are some examples of that terrible battle and its aftermath as experienced by those who lived through it. Join LOCAL historical reenactor, lecturer, and tour guide, Michael Jesberger for this lecture. **RSVP by Thursday, July 18.** Meets in the SRC Dining Room.

## ***ENTERTAINMENT: Jann Huggens – Trivia Friday, July 26 at 4 PM***

Sharpen your skills, test your memory and enjoy Trivia with none other than the guru of Trivia Jann Huggens!!

Jann has been researching and gathering information for the best of the best trivia questions for over 20 years. Come test your knowledge and see how you stack up!!



## ***Turtles***

***Wednesday, July 31 (2 sessions available)  
at 10:30 AM or 1:30 PM***

Join our friends from Nolde Forest as they present a program on Turtles! Bring a friend and learn about the different turtle species that live in PA. You will also meet Lemon Drop the living Box Turtle. **Open To The Public. SEATING IS LIMITED – RSVP by Tuesday, July 30.** Meets in the SRC Dining Room.

## ***Supermarket BINGO! with Amity Place Wednesday, August 7 at 10:30 AM***

Donna Uncapher from Amity Place will bring Supermarket BINGO to you! We have extra bingo cards, so you can play several cards at once! **SEATING IS LIMITED – RSVP by Tuesday, August 6.** Meets in the SRC Dining Room.





## *SunnyBrook Farmers Market! Friday Nights from 4 to 7 PM*



The SunnyBrook Social House is home to the SunnyBrook Farmers Market! Join us every Friday Night from 4-7. Local farmers and makers will be setting up inside the Social House for rain or shine Farmers Market Events all summer long. Get your local produce, body care, meat and more. Support the small businesses here in Pottstown and know where your food is coming from! Join us!

The social house is located across from the car port entrance. It's "the barn" you can't miss it!

## What Did I Miss?

### *Stream Investigation with our friends from the local PA State Park*



## Light Refreshments

### Summer Hiatus

(Natalie B.)

## Hoagie/Sandwich Night

1<sup>st</sup> Wednesday at 5 PM

Hoagies are pre-ordered and delivered.

(Jeannette B.)

## Fellowship Lunch

### Summer Hiatus

(Natalie B.)

## Mexican Train Dominoes

**NEW DATE: Thursdays at 2 PM**

(Donna L.)



## Circle of Support

1<sup>st</sup> & 3<sup>rd</sup> Thursdays at 11 AM



## Exercising

**Monday, Wednesday,  
Friday at 10 AM**

(Joanne B.)



## Men's Breakfast Club

3<sup>rd</sup> Wednesday at 8 AM

(Wayne B.)



## Words on Wheels

### Book Mobile

2<sup>nd</sup> & 4<sup>th</sup> Monday at 10 AM

## BINGO!

Supermarket Bingo w/Amity Place

2<sup>nd</sup> Wednesday – 10:30 AM

SRC Dining Room

## Pinochle

Thursdays at 2 PM

SRC Dining Room



## Vietnam Veterans

1<sup>st</sup> Tuesday at 7 PM

SRC Dining Room

## American Legion

4<sup>th</sup> Thursday at 7 PM

SRC Dining Room



## Yoga – SRC Auditorium

Tuesdays – Chair Yoga – 3:30 PM

Wednesdays – Floor Yoga - 9:30 AM

## Book Club

1<sup>st</sup> Monday at 2 PM

SRC Dining Room

## Bible Study

2<sup>nd</sup> Monday at 2 PM

SRC Dining Room

## Water Aerobics

Tuesdays and Fridays at

6:30 PM

Sanatoga Swim Club

## Needlecrafters

2<sup>nd</sup> & 4<sup>th</sup> Wednesday at 3 PM

SRC Dining Room

## Pickleball

Wednesdays at 5:30 PM

Fridays at 9 AM

Sanatoga Swim Club

## LEGEND FOR AMOUNT OF WALKING

1 Little Walking



Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

### Thursday – July 18 – Dienner’s Country Restaurant & Shopping

Our first stop will be for lunch at Dienner’s Country Restaurant. Since 1993, they have been providing Pennsylvania Dutch cooking for the general public. Following lunch, we will stop at a country road stand and gift shop (canned goods, quilts and crafts.) Best of all, delicious soft pretzels and ice cream. Next door at Anne’s Kitchen you can buy mustard and horse radish. Lunch at your own expense at Dienner’s Country Restaurant.

**RSVP to the Office by Tuesday, July 16**

LEAVE BEREAN PARKING LOT: 10:45 AM

Cost: \$8.50



## New Hanover AARP Trips

Checks Payable to:  
**“New Hanover AARP”**

Details posted on the Library Bulletin Board.  
**RSVP to Carol G.**

### **11 Tuesday – September 17 – Dutch Apple Dinner Theatre “The Jersey Boys”**

Enjoy the music of Frankie Valli and the Four Seasons. Discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. A delicious buffet lunch will be enjoyed before the show.

**RSVP to Carol G. by Wednesday, July 17**

LEAVE BEREAN BIBLE CHURCH: 9:45 AM

Cost: \$130.00

### **Details posted on the Library Bulletin Board**

Tuesday, October 22 – Penn’s Peak “Yesterday Once More” A Tribute to the Carpenters

Wednesday, November 20 – American Music Theatre “Joy to the World”

## 2024 LOWER POTTS GROVE SUMMER CONCERT SERIES

• Sponsored by: J.P. Mascaro & Sons •

SANATOGA PARK BAND SHELL, 223 S SANATOGA ROAD

Weather permitting all concerts start at 6 PM. Rain date will be the next day at 7 PM. Be sure to check out Lower Pottsgrove's Facebook page to get updates on the concert.

- June 30<sup>th</sup> Bill Koss Combo
- July 7<sup>th</sup> Jump Start Music Duo
- July 14<sup>th</sup> Flamin Dick & The Hot Rods
- July 21<sup>st</sup> Barefoot Bobby and the Breakers
- July 28<sup>th</sup> Stephanie Grace
- August 4<sup>th</sup> Pottsgrove Community Band



**PLEASE BRING A CHAIR OR BLANKET TO SIT AND ENJOY THE BAND!**



June 1st  
July 6th  
August 3rd  
August 31st

Take a stroll down memory lane on High Street. Visit local business and enjoy live entertainment!



*S&B* SUNNYBROOK BALLROOM  
22 SUNNYBROOK RD, POTTSTOWN PA

## FARMER'S MARKET

4-7PM

Join us from May through September  
**EVERY FRIDAY**

IN THE SUNNYBROOK SOCIAL HOUSE | RAIN OR SHINE



Welcome. Discover. Enjoy.

# P XV

[PhoenixvilleFirst.org](http://PhoenixvilleFirst.org)

**Phoenixville First Fridays**

**Downtown every First Friday, 5:30 pm - 8:30 pm, May - December.**

Each and every First Friday the 100 & 200 Blocks of Bridge Street are closed to vehicles, to give residents and visitors more space to shop, eat and enjoy Phoenixville. Shops and Restaurants extend into Bridge street, so visitors and residents can experience an open-air experience every First Friday.

There will be small live musicians placed throughout the downtown on Bridge and Main Streets, and handmade craft/artist vendors in the Main and Bridge Street parking lot.

December's First Friday will be held throughout downtown and in the Main and Bridge Street Parking lot with the Borough's Tree Lighting Ceremony with special guests, Phoenixville's Mayor, Santa and Mrs. Claus.

**LIVE MUSIC. EVERY FRIDAY.**

The Summer Music Series happens every Friday from 6-8 pm. It is an event that features a variety of live musical acts, spread throughout downtown.