



Offices Closed for Easter

The Offices will be closed on Friday, April 18th.
Trash and recycling will be picked up on
THURSDAY, APRIL 17 instead of Friday.

STAFF SPOTLIGHT



We are excited to share that Olivia Knarr has been promoted to Director of Sales!

Olivia has been a valuable part of our team for nearly two years, bringing energy and creativity to our marketing campaigns and introducing fun, engaging programs. We're thrilled to see her continue to lead our Sales Team and welcome new residents to SRC!

Please join us in congratulating Olivia on this exciting new chapter. Feel free to reach out and share your well wishes or words of encouragement.

Spring is Here - Make the Most of the Season!

April is finally here, bringing longer days, warmer weather, and the perfect chance to get outdoors and reconnect. After a long winter, it feels great to step outside, breathe in the fresh air, and soak up the sunshine.

Spring is a wonderful time to reach out to friends and neighbors, try a new hobby, or even volunteer in the community. Just getting out and staying connected boosts our mood and well-being (American Psychological Association).

As flowers bloom and the sun lingers a little longer, make the most of this season by embracing new opportunities and staying connected. Happy Spring!

Here are just a few things to keep in mind this month:

Food Pantry – Thank YOU!

THANK YOU to everyone who donated to the needs of the Daily Bread Food Pantry!

There is always a need for hygiene products, coffee and tea as well as pet food.

Attic Service

- Attic service is a complimentary service we provide to our residents so that they do not have to climb the stairs.
- Attic service is scheduled for Monday mornings after the completion of trash collection.
- The service is reserved for transport of things such as:
 - Seasonal items
 - Luggage
 - Holiday decorations
 - Etc.
- Residents are expected to be home at the time of service. If a resident is not home, their request will be skipped. *Please call the office if you have special circumstances that necessitate service at a different time.*
- Residents should put their requests in for attic service by Friday afternoon in order to be placed on the list.

Salt Bags

Please place your salt bag out with your trash for collection.



Garden Hoses

If you are purchasing a new garden hose for the season, please make sure it has **brass fittings**. Brass fittings will not corrode as easily making them more durable and less prone to problems.

Feeding Wildlife

- To avoid attracting various rodents and other unwanted animals, please do not leave bread or any other food outside. This includes feeding stray cats.
- Bird feeders should be placed some distance away from your house or apartment to avoid attracting rodents or other unwanted pests.



Uninvited Visitors ... Did You Know?

Worms try to avoid drowning during rainstorms by making their way into some unusual spaces. After a good downpour, you may find them setting up temporary residence under your doormat or other, similar spaces. They can even make their way under the small space under a door seal into your home.



To help deter these wiggly critters, you can place some salt under your doormat! Not only will it dry it out some, but the increased salinity of the mat will keep the worms at bay.

Just remember – due to their aeration and fertilization of the ground, we have worms to thank for all the beautiful spring flowers!

County Refrigerator Card

Refrigerator Card Information

The Refrigerator Card is a bright orange 5x8 card that holds essential personal and medical information for each resident. It was created after a New Jersey Sheriff's Department found that many seniors needing emergency assistance lacked accessible information.

How It Works:

- Complete one card per resident, including personal and doctor information on the front.
- List all current medications with dosage and frequency on the back.
- Keep the completed card on the refrigerator.
- Emergency responders in Montgomery County are aware of the card and will ask for it when responding to calls.

Need a Card?

Pick one up at the office or the Salon area of the Community Center.

TRAILBLAZERS

Walking
is

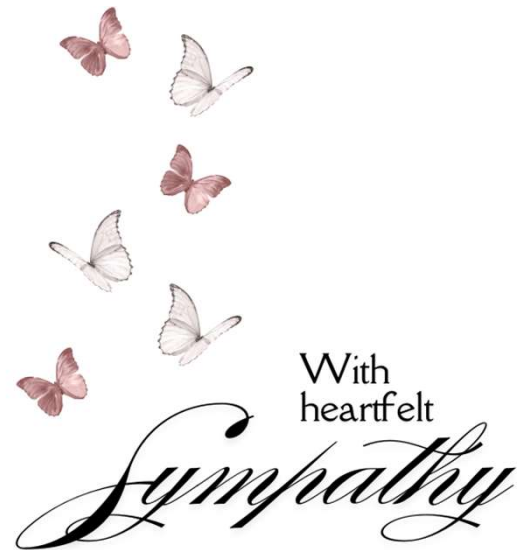
More Than Steps!

Let's Get Out and Walk!

Walking has numerous physical and mental health advantages. Grab a friend and take a walk through our charming community!



5	Carolyn T
22	Rich M
23	Pat D
25	Diane G
26	Kay H



Our thoughts and prayers are with the family at this difficult time.

Joanne B
Resident since 2015

APRIL



April's birth flowers are the daisy and sweet pea.

•**Daisy:** Symbolizes innocence, purity, and true love.

•**Sweet Pea:** Represents friendship, gratitude, and delicate pleasure.



Resident Meeting *Tuesday, April 8 at 9:30 AM*

The Resident meetings are held the 2nd Tuesday in the McMenamin Rec Center.
Light Refreshments at 9:15 AM

Ladies Tea & Talk *Tuesdays in April, 2PM*

Tea & Talk: Encouragement for the Heart

Looking for a “spring thaw” for the winter blues? Join us for 5 sessions on “Encouragement for the Heart,” based on selected stories from the Bible that warm our hearts with hope and peace.

Event Details:

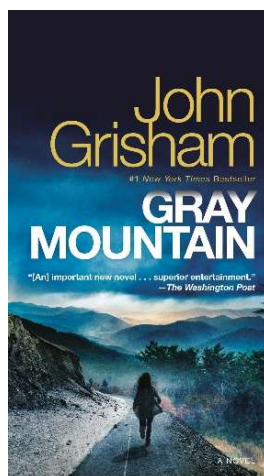
- Sessions Led By:** Bev T, Career Missionary and Bible Teacher, and resident of Sanatoga Ridge
- Dates:** Tuesdays, April 1, 6, 15, 22, and 29
- Time:** 2:00 PM - 3:00 PM
- Location:** McMenamin Rec Center
- Cost:** Free, Tea and light refreshments will be provided
- Audience:** Ladies only



- State Motto:** Virtue, Liberty, and Independence
- State Bird:** Ruffed Grouse
- State Tree:** Hemlock
- State Flower:** Mountain Laurel
- State Animal:** The Whitetail Deer
- State Dog:** Great Dane
- State Insect:** Firefly
- State Beverage:** Milk

Book Club *Monday, April 7 at 2 PM*

- April 7th – Gray Mountain, by John Grisham
- May 5th – Paradise Under Glas, by Ruth Kassinger
- June 2nd – Someone Else's Shoes, by Jojo Moyes



Contact Jeanette G for more information.

PA Mountain Laurel



Did you know? The PA state fish is the brook trout, the only trout native to PA.



Lunch Bunch **The Library @ Collegeville**

217 E Main St, Collegeville

*Located on the left-hand side just past Ursinus College
and across from the Collegville Diner*

Friday, April 11 at 11:30AM

*If you are paying by cash at the restaurant, please bring smaller
bills/change.*

Carpool Only this month.

The carpool will leave Berean Bible Church
Parking lot at 11:15 AM.

RSVP by Tuesday, April 8.

Brown Bag History **Military Flags of** **Early American Wars** **Monday, April 28 at 12 Noon**

Historical reenactor and lecturer Michael Jesberger presents an educational program on the various military flags of early American fighting forces and the brave men who carried them into battle. Featuring reproduction battle flags, this program will share the many stories of triumph and tragedy surrounding these "Banners of Glory."

Please RSVP by Friday, April 25

Nolde Forest Presents:

SEEDS

**Tuesday, April 29 at
1PM**

- Join Nolde Forest for a hands-on science program all about seeds.
- Learn about these mysterious bundles of plant code and their ingenious methods for travel!
- After your lesson, test your own creativity with a seed engineering challenge!
- Prizes will be awarded to the most industrious seed designs!

**Please RSVP by Friday,
April 25**



Keystone Fact: The Declaration of Independence and the United States Constitution were both created and signed in Pennsylvania. Due to its early, pivotal role in our nation's development, PA earned the nickname, The Keystone State.



SRC Shredding Event
Saturday, May 17
From 9AM to 12 Noon

Stay tuned for additional details!

American Red Cross Blood Drive

Tuesday, May 13 – 2 to 7 PM

Register online at www.RedCross.org



**American
Red Cross**

Memorial Day Celebration

Look for details in the May newsletter!

Bus Trips

LEGEND FOR AMOUNT OF WALKING

Little
Walking

Plenty of
Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trips
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**



Wednesday, – April 16 – PA German Cultural Heritage Center

The Pennsylvania German Cultural Heritage Center is an open-air folklife and indoor museum and research center dedicated to preserving and celebrating Pennsylvania German folk culture, history, and language in a unique educational setting at Kutztown University. Lunch at your own expense at Ozgood's Neighborhood Grill.

Some seats
still available!

RSVP to the Office by Friday, April 11

LEAVE BEREAN PARKING LOT: 9:30 AM

Cost: \$6.00

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Wednesday, May 14 – Mid Atlantic Air Museum

1 Join us for a guided tour of The Mid Atlantic Air Museum. Established in 1980, by father and son Gene and Russ Strine, both accomplished aviators in their own right, around the acquisition of a rare Northrop P-61 Black Widow night fighter. The rare P-61 had crashed high atop Mt. Cyclops on the island of New Guinea in January of 1945. The Strines had always dreamed of establishing a museum but not with such lofty goals as retrieving a WWII fighter off the top of a 7000-foot mountain in the middle of the Pacific. Some 40 years later, the Mid Atlantic Air Museum flourished with a collection of 125 aircraft, memorabilia displays, archives, as well as a membership base of more than a thousand people, including that Northrop P-61 Nightfighter that the Strines successfully recovered.

1 **RSVP By Monday, Monday, May 5**

LEAVE BEREAN PARKING LOT: 9:15 AM

Cost: \$14.00

11 Sunday, June 8 – Steel River Playhouse – “Mary Poppins”

Enjoy a Sunday afternoon to see a wonderful performance, “Mary Poppins” at the Steel River Playhouse in Pottstown. Dinner following the show at Villa Catering Italian Restaurant, 474 Swamp Pike, Schwenksville.

RSVP to the Office by Monday, May 19

LEAVE BEREAN PARKING LOT: 1:15PM

Cost: \$21.00

New Hanover AARP Trips

Checks Payable to:
“New Hanover AARP”

Details posted on the Library Bulletin Board.
RSVP to Carol Griffith (484-624-8314)

11 Tuesday, June 17 – River Lzady Lunch Cruise and Historic Smithville Village, Toms River, NJ \$125

Wednesday, July 16 – A Mystery Trip \$125

Wednesday, August 13 – Totem Pole Playhouse, “Beautiful – The Carole King Musical” \$140