



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Exercise 9AM OFFICES CLOSED	Mahjong 1PM Ladies Tea & Talk 2PM Chair Yoga 3:30PM Vietnam Veterans 7PM	Exercise 9AM Floor Yoga 9:30AM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM	Exercise 9AM Pickleball 9AM Movie Matinee, 1:30PM Bananagrams 2PM	
7	8	9	10	11	12	13
	Exercise 9AM WOW Bookmobile 10AM	Light Refreshments & Resident Meeting 9:15AM Mahjong 1PM Chair Yoga 3:30PM	Men's Breakfast 8AM Exercise 9AM Floor Yoga 9:30AM Needlecrafters 3PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM	Exercise 9AM Pickleball 9AM Lunch Bunch 12PM Bananagrams 2PM	Bingo Addicts 10AM
14	15	16	17	18	19	20
	Exercise 9AM	Mahjong 1PM TALK W/JON 11AM Ladies Tea & Talk 2PM Chair Yoga 3:30PM	Floor Yoga 9:30AM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM	Exercise 9AM Pickleball 9AM Movie Matinee, 1:30PM Bananagrams 2PM	BROWN BAG HISTORY 12PM
p21	22	23	24	25	26	27
	Exercise 9AM WOW Bookmobile 10AM	Mahjong 1PM Chair Yoga 3:30PM	Exercise 9AM Floor Yoga 9:30AM Needlecrafters 3PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM American Legion 7PM	Exercise 9AM Pickleball 9AM Bananagrams 2PM ENTERTAINMENT 4PM	YARD SALE 8AM Bingo Addicts 10AM
28	29	30				
	Exercise 9AM	Mahjong 1PM Chair Yoga 3:30PM				

BUS TRIPS:

Friday, September 19 – Skippack Tour w/Michael Jesberger
Wednesday, October 15 – Glasslite Studio

McMenamin Rec Center: Exercise, Light Refreshments, Resident Meeting, Community Lunch, Circle of Support, Dominoes, Bananagrams, Reiki Peace Meditation

SRC Locations: Club Room: Dominoes, Wii Bowling

Auditorium: Yoga, Resident Committee, Entertainment
Dining Room: Presentations & Seminars, Book Club, Bible Study, Needlecrafters, Coffee Hour, Pinochle, Vietnam Veterans, American Legion, Bingo, Mahjong, Canasta, Rummikub