

## **JULY 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM Vietnam Veterans 7PM	Exercise 9AM Floor Yoga 9:30AM Pickleball 6PM	Circle of Support 11AM Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM	Pickleball 9AM Bananagrams 2PM  OFFICES CLOSED	
6	7	8	9	10	11	12
	Exercise 9AM WOW Bookmobile 10AM Bible Study 2PM	Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Exercise 9AM Floor Yoga 9:30AM Needlecrafters 3PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM	Exercise 9AM Pickleball 9AM Lunch Bunch 12PM Bananagrams 2PM	Bingo Addicts 10AM
13	14	15	16	17	18	19
	Exercise 9AM	Mahjong 1PM Blood Drive, 2PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Men's Breakfast 8AM Exercise 9AM Floor Yoga 9:30AM Mr. Softee 2PM Wii Bowling 2PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM	Exercise 9AM Pickleball 9AM Movie Matinee, 1:30PM Bananagrams 2PM	Brown Bag 12PM
20	21	22	23	24	25	26
	Exercise 9AM WOW Bookmobile 10AM	Community Lunch 12PM Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Exercise 9AM Floor Yoga 9:30AM Needlecrafters 3PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM American Legion 7PM	Exercise 9AM Pickleball 9AM Movie Matinee, 1:30PM Bananagrams 2PM	Bingo Addicts 10AM
27	28	29	30	31		
	Exercise 9AM	Mahjong 1PM Ice Cream Bar 2PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Floor Yoga 9:30AM Pickleball 6PM	Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM		

## **BUS TRIPS:**

Sunday, June 8 - Steel River Playhouse Tuesday, June 24 - Windcreek Casino Wednesday, July 9 - Nolde Mansion Tour

Thursday, July 10 – Mt. Gretna Playhouse – "Million Dollar Quartet"

McMenamin Rec Center: Exercise, Light Refreshements, Resident Meeting, Community Lunch, Circle of Support, Dominoes, Bananagrams, Reiki Peace Meditation

SRC Locations:

Club Room: Dominoes, Wii Bowling

Auditorium: Yoga, Resident Committee, Entertainment

**Dining Room:** Presentations & Seminars, Book Club, Bible Study, Needlecrafters, Coffee Hour, Pinochle, Vietnam Veterans, American Legion, Bingo, Mahjong, Canasta, Rummikub

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.