



March 2025 BRC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Brown Bag History 12PM
2 Exercise 10AM Book Club 2PM	3 Mahjong 1PM Chair Yoga 3:30PM Vietnam Veterans 7PM	4 Floor Yoga 9:30AM Exercise 10AM Ladies Bible Study 3PM Red Cross Blood Drive	5 Coffee Hour 9:30AM Circle of Support 11AM Pinochle 2PM Rummikub 6PM	6 Exercise 10AM Lighten Your Path Yoga 10:30AM Bananagrams 2PM	7	8
9 Exercise 10AM WOW Bookmobile 10AM Bible Study 2PM	10 Breakfast 9AM Resident Committee 9:30AM Mahjong 1PM Chair Yoga 3:30PM	11 Floor Yoga 9:30AM Exercise 10AM Needlecrafters 3PM	12 Coffee Hour 9:30AM Pinochle 2PM Rummikub 6PM	13 Exercise 10AM Lunch Bunch 12PM Bananagrams 2PM	14	15
16 Exercise 10AM	17 Mahjong 1PM Chair Yoga 3:30PM	18 Men's Breakfast 8AM Floor Yoga 9:30AM Exercise 10AM Ladies Bible Study 3PM Pickleball 6PM	19 Coffee Hour 9:30AM Pinochle 2PM	20 Pickleball 9AM Exercise 10AM Lighten Your Path Yoga 10:30AM Bananagrams 2PM	21	22
23 Peace Meditation 2PM	24 Exercise 10AM WOW Bookmobile 10AM	25 Community Lunch 12PM Mahjong 1PM Chair Yoga 3:30PM	26 Floor Yoga 9:30AM Exercise 10AM Needlecrafters 3PM	27 Coffee Hour 9:30AM Pinochle 2PM Rummikub 6PM	28 Exercise 10AM Bananagrams 2PM	29
30 Dominoes 6PM	31					

BUS TRIPS:

Tuesday, March 11 – Thrift Shopping
 Tuesday, March 25 – Windcreek Casino
 Wednesday, April 16 – PA German Cultural Heritage Center

McMenamin Rec Center: Exercise, Dominoes, Light Refreshments, Resident Committee, Bananagrams, Fellowship Lunch, Circle of Support, Peace Meditation, Reiki

SRC Locations: Dining Room: Presentations & Seminars, Book Club, Needlecrafters, Coffee Hour, Pinochle, Vietnam Veterans, American Legion, Bingo, Mahjong, Club Room: Dominoes, Wii Bowling Auditorium: Yoga, Entertainment, Pickleball

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.