

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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					Exercise 9AM Pickleball 9AM <b>Movie Matinee, 1:30PM</b> Bananagrams 2PM	
3	4	5	6	7	8	9
	Exercise 9AM	Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM Vietnam Veterans 7PM	Exercise 9AM Floor Yoga 9:30AM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM	Exercise 9AM Pickleball 9AM Lunch Bunch 12PM Bananagrams 2PM	Bingo Addicts 10AM
10	11	12	13	14	15	16
	Exercise 9AM WOW Bookmobile 10AM	Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Exercise 9AM Floor Yoga 9:30AM Needlecrafters 3PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM	Exercise 9AM Pickleball 9AM <b>Movie Matinee, 1:30PM</b> Bananagrams 2PM	<b>Open House 11AM-2PM</b> <b>Brown Bag 12PM</b>
17	18	19	20	21	22	23
	Exercise 9AM	Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Men's Breakfast 8AM Exercise 9AM Floor Yoga 9:30AM <b>Mr. Softee 2PM</b> <b>Talk w/Jon 2:30PM</b> Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM	Exercise 9AM Pickleball 9AM Bananagrams 2PM	Bingo Addicts 10AM
24	25	26	27	28	29	30
	Exercise 9AM WOW Bookmobile 10AM	Mahjong 1PM Chair Yoga 3:30PM Water Aerobics 6:30PM	Exercise 9AM Floor Yoga 9:30AM Needlecrafters 3PM Pickleball 6PM	Dominoes 2PM Pinochle 2PM Rummikub 6PM Water Aerobics 6:30PM American Legion 7PM	Exercise 9AM Pickleball 9AM Bananagrams 2PM	
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#### BUS TRIPS:

Wednesday, August 20 – Thrift Shopping and Lunch

Friday, September 19 – Skippack Tour w/Michael Jesberger

**McMenamin Rec Center:** Exercise, Light Refreshements, Resident Meeting, Community Lunch, Circle of Support, Dominoes, Bananagrams, Reiki Peace Meditation

**SRC Locations:** Club Room: Dominoes, Wii Bowling

**Auditorium:** Yoga, Resident Committee, Entertainment  
**Dining Room:** Presentations & Seminars, Book Club, Bible Study, Needlecrafters, Coffee Hour, Pinochle, Vietnam Veterans, American Legion, Bingo, Mahjong, Canasta, Rummikub