NOVEMBER 2024







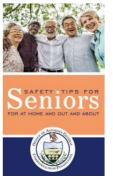
Don't forget to change your clocks and "Fall Back" one hour on Sunday, November 3.

SRC Community Center Parking

When visiting the SRC Community Center, please <u>pay special</u> <u>attention and do not park in the numbered parking spaces</u>. Typically, the parking spaces for the houses along the parking lot are in front of the assigned home. However, for D-19 and D-20, the parking spaces are located along the roadside of the parking lot. The "Sales Appt" spaces are for potential residents who have appointments with our Sales Team.



Thank you for your cooperation.



Scam Phone Calls

Occasionally residents have called the Office to report they have been the recipients of scam phone calls. **We urge all residents to be cautious when answering the telephone.**

The Office of the Attorney General of Pennsylvania has published a helpful pamphlet – *Safety Tips for Seniors* – which is available at the SRC Office window and in McMenamin Rec Center.

Some Quick Tips from the pamphlet:

- o If you don't know the number, <u>DO NOT ANSWER</u>. Let your machine pick up.
- EXAMINE YOUR MAIL if the postmark is from outside the U.S., it is most likely mail fraud.
- o Beware of anyone <u>DEMANDING PAYMENTS</u> in gift cards or prepaid credit cards.

Stop by the Community Center to pick up a pamphlet.

Be alert; be secure; be smart.



Office Closure & Trash Reschedule

A reminder the Offices will be closed on Thursday & Friday, November 28 & 29 for the Thanksgiving holiday.

<u>Trash AND Recyclables will ONLY be collected ONCE that</u> week on Wednesday, November 27.

Please do not put your trash out on Monday or Thursday.

Trash Reminder

- Please tie all trash bags (to prevent loose trash becoming a problem for the collectors).
- Rinse recycling.
- Shredded paper is recyclable must be bagged separately.
- Yard clippings must be separated from both trash and recycling. You can just leave the clippings and we will collect them at normal trash pickup. No need to call the Office.
- Although our trash crew can be delayed, our policy states that trash starts at 8 AM. If your trash is not out by 8 AM and gets missed, we ask you to either dispose of it yourself or hold onto it until the next trash day.
- Unless your trash is in a covered bin, we ask you to not leave it out over night due to animals.
- Place at the end of your sidewalk <u>keep main sidewalk clear for people walking.</u>
 - Avoid placing trash on the porch as other items could also be picked up by mistake.
 - If it is not visible from the road, it may not be picked up.
- Call the Office if you have trouble getting trash to the end of the sidewalk.

Maintenance of Resident Perennials

Residents may plant perennial plants in their mulch with the understanding that the maintenance responsibilities of any perennial planted belongs to that resident. The staff are able to trim or remove perennials through the proposal process. Please contact the Office for more information.

Shredding Event Update

In September SRC held a Shredding Event that was open to both residents and the public. Many visitors commented on the beauty of SRC!

Thank you for all who contributed to this successful event.



Contact Information

Please remember to keep the Office informed of any contact information changes. If you have a cell phone, it is also helpful for the Office to have that number in case your house phone is not working and we need to contact you.

Going Away for a Few Days?

We are excited that you get the opportunity to go away for a few days. However, please inform the Office of your absence. The Office occasionally gets calls from people concerned that they can't reach you or that your mail, newspaper or packages are starting to pile up. If we know of your absence, it is an easy answer to let them know you are OK.

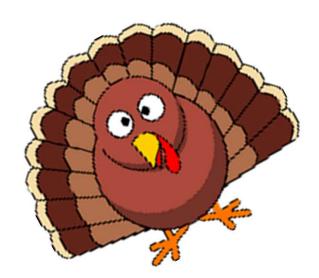
For the safety of the Community, we ask that you let us know if someone will be getting your mail, going in your home or taking care of your pets. It is also helpful for the Office to have a contact number for you (or the person house-sitting for you) in case we need to reach you.

Medical Alert Systems

Residents who have a medical alert system are encouraged to add the on-call phone number to the list of contacts with their servicing company. By adding the on-call number, on-call staff can be notified that emergency personnel have been dispatched to a resident's address. On-call staff will ensure the home is secured if the resident is taken to the hospital.

All residents are encouraged to have a medical alert system to call for emergency services in the event of a medical emergency. As a reminder, our community has no medical personnel on staff nor is our staff permitted to provide medical aid in the event of an emergency. SRC/BRC's On-call System is for maintenance emergencies only.

A list of medical alert service providers is available by request at the office.



Seasonal Maintenance Items

<u>Hoses</u> — Hoses in the front and back of your homes <u>must be disconnected by</u> <u>Friday, November 8</u>. Turning off the water is not enough. Water can back up and burst the pipe. If you need assistance disconnecting your hose, please call the Office to schedule a staff visit.

<u>Salt Bags</u> – Snow, sleet, freezing rain, ice are just around the corner.

Please be sure to <u>call the Office by Friday, November 8</u> if you would like a salt bag placed on your porch for the occasional icy areas that freeze overnight during the winter months. For planning and supply purposes, please call the Office by the deadline.

<u>Before it Snows</u> – Please remove all personal decorations such as flowerpots, chairs, flag holders, bird houses, solar lights, etc. from the sides of your walkways and/or driveways. When covered by snow, these items cannot be seen and may become damaged by the snow removal crew. BRC will not be held responsible for damage to these items.

<u>Mechanical Room Doors</u> – Please make sure your mechanical room door is closed to prevent frozen pipes.



SNOW? Yes! It's That Time of Year Again!

The basics of the Snow/Ice policy are as follows:

- You must sign a waiver in the Office for us to have permission to move your car and to clean it off.
- A set of your car keys will be kept and locked in our Office for our snow crew to be able to move your car at their convenience for plowing.
- It is NOT mandatory to participate with this snow policy.
- If you do not participate, please be aware that your car will NOT be moved or cleaned off. YOU will be responsible for moving your car temporarily to a designated parking area.
- If you do not move your car for us, then you will be responsible for clearing the snow around your car.

Bulletin Board - Sharing Resources

- Do you have someone who helps you on a regular basis and is especially good at their job? Other residents need the same great service you are getting! Please consider sharing contact information on the bulletin board in the hallway near the office in the McMenamin Rec Center. SRC has one located in the Salon area.
- List services you use that could also benefit others: House Cleaners, pressure washing (no pressure washing front porches), errands, home care, dog walker, etc.
- The more people who share, the better!



Veterans' Wall of Honor

We are proud of the Veterans' Wall of Honor in the McMenamin Rec Center. All residents are encouraged to view the wall.

As we celebrate Veterans' Day and thank the men and women who have given of themselves in service to this great nation, may we never forget their selfless devotion and commitment to our freedom.

America without her soldiers would be like God without his angels. ~ Claudia Pemberton

Veterans' Day - November 11



Veterans' Day occurs on November 11 every year in the United States in honor of the "eleventh hour of the eleventh day of the eleventh month" of 1918 that signaled the end of World War I, known as Armistice Day.

In 1954, President Dwight D. Eisenhower officially changed the name of the holiday from Armistice Day to Veterans' Day.

In 1968, the Uniform Holidays Bill was passed by Congress, which moved the celebration of Veterans' Day to the fourth Monday in October. The law went into effect in 1971, but in 1975 President Gerald Ford returned Veterans' Day to November 11, due to the important historical significance of the date.

Veterans' Day commemorates veterans of all wars. Thank you to all who have served.

Announcements

Happy Birthday!

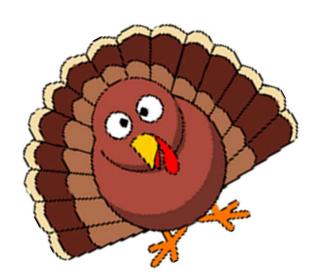


- 2 Dot M.
- 18 Don C. Cathy F.





- 25 Ben and Betty W.
- 27 Ron and Cathy F.



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Our thoughts and prayers are with the family at this difficult time.

Bertha D.

Resident since June 2007.

The chrysanthemum is the November birth flower. The chrysanthemum means compassion, friendship and secret love. This flower can be red, white or yellow. Chrysanthemums have been grown by the Chinese for over 2,000 years. This flower is also a symbol of the sun. Chrysanthemum was named after the Greek word which means gold flower.





BRC Resident Christmas Luncheon

Let's get together to eat and celebrate the season!

WEDNESDAY, DECEMBER 4 at 2 PM
Copperfield Inn at Lakeside

Food and drink at your own expense Order from the Regular Menu

After the luncheon (approximately 4 PM), we will return to the McMenamin Rec Center for dessert, coffee and tea.

Everyone in the community is invited!

RSVP Rozanne M by Monday, November 25.

Join the New Group – Mahjong! Tuesdays at 1 PM

If you have experience or are a beginner and want to learn how to play, come out to the new Mahjong group every Tuesday at 1 PM in the SRC Dining Room.



Pickleball Last Day for the Season: Friday, November 1 at 9 AM

Due to early darkness and colder weather, the last Pickleball day is Friday, November 1 at 9 AM. Thank you to everybody that participated in Pickleball (both players and fans) including our #1 fan, Pat H. For more information, contact Ernie A.

Lighten Your Path with Evelyn Dunn, CYT Start the Journey, Discover the Joy of Yoga Now Open to the Public!

Friday, November 1 and November 15 at 10:30 AM (1st and 3rd Fridays through December)

Lighten Your Path instills the principles of Yoga's Science and integrates them into our Mind, Body, and Spirit. Learn to relax and quiet the mind through meditation. Learn and practice postures to strengthen and elongate your body to bring about flexibility and balance. It promotes the body to release tension and toxins, as well as helping to align the skeleton. Humming, singing, and chanting will be introduced. Using the vocal cords and the breath have been shown to stimulate the vagus nerve which in turns helps the body to reach homeostasis or balance. Leave each class feeling relaxed and rejuvenated with a peaceful feeling in your heart. Meets in the SRC Auditorium. **Open to the public. Fee for each class is \$5.**



November 4

Book Club Monday, November 4 at 2 PM

- November 4 "The Woman in the Window" by A.J. Finn
- December 2 "The Stranger in the Lifeboat" by Mitch Album

Meets in the SRC Dining Room. Contact Jeanette G. for more information.

Supermarket BINGO! with Amity Place Wednesday, November 6 at 10:30 AM

Amity Place will bring Supermarket BINGO to you! We have extra bingo cards, so you can play several cards at once! **SEATING IS LIMITED – RSVP by Tuesday, November 5.** Meets in the SRC Dining Room.



Brown Bag History: "Lincoln at Gettysburg and the Gettysburg Address"

Thursday, November 7 at 12 Noon

In commemoration of the Anniversary of Abraham Lincoln's visit to Gettysburg in November of 1863, Historical Re-enactor Michael Jesberger will present a program on the Gettysburg Address and President's visit to the Battlefield.

Meets in the SRC Dining Room. **Open to the Public. RSVP by Wednesday,**



November 6.

Navigating Medicare Open Enrollment Thursday, November 7 at 7 PM

The open enrollment period in which you can choose a new Medicare plan is from October 15 to December 7. Now is the time to get the facts and educate yourself on Medicare. Join Ed Savitsky, resident of SRC, and a Certified Medicare Counselor, on Thursday, November 7 at 7 PM as he explains Medicare in simple terms, shares Medicare updates, and discusses items to consider when choosing a plan. Ed will discuss the differences between Medicare, Medicare Supplemental, and Medicare Advantage. A Question-and-Answer session will follow. Meets in the SRC Dining Room. **Open to the Public. RSVP by Tuesday, November 5.**



Lunch Bunch

Moccia's Train Stop

(1004 Gravel Pike (rt. 29), Schwenksville, PA 19473)

Friday, November 8 at 11:30 AM

If you are paying by cash at the restaurant, please bring smaller bills/change.

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up. The bus and carpool will leave Berean Bible Church Parking lot at 11:00 AM.

RSVP by Wednesday, November 6.

Resident Meeting Tuesday, November 12 at 9:30 AM

The Resident meetings are typically held the 2nd Tuesday of each month in the McMenamin Rec Center. *Light Refreshments at 9:15 AM*



American Red Cross Blood Drive Wednesday, November 13 from 2 PM to 7 PM

Contact Cheryl H. for more information. Held in the SRC Auditorium. Register online at www.RedCrossBlood.com.

Brown Bag: "The Stories Behind the Words" Tuesday, November 19 at 12 Noon

Explore the fascinating stories behind WORDS... with the popular Art Historian, Martin Bradfield! Presented in a "Words of Fortune" game show-type setting with audience participation and door prizes!

Meets in the SRC Dining Room. **Open to the Public. RSVP by Monday, November 18.**



Beekeeping with Dave Willauer Wednesday, November 20 at 1 PM

Learn about the importance of pollinators and how a beehive is set up, as well as how to help the honeybee.

Meets in the SRC Dining Room. **Open to the Public. RSVP by Tuesday, November 19.**



Premiere Dance Studio Sunday, November 24 at 2 PM

Let us entertain you! Dancing, beautiful costumes and smiles coming your way. Premiere Dance Studio is bringing their dance performance to you! Dancers, ages 4 to 14, will be performing on Sunday, November 24 at 2 PM in the SRC Auditorium. This is a **free event and open to the public.**

Peace Meditation with Reiki Sunday, November 24 at 2 PM

Peace meditation with Reiki is open to Buchert Ridge residents and a friend or family member if you wish. You might want to bring a wrap or sweater and bottle of water. We will meet at the McMenamin Rec Center on Sunday, November 24 from 2 to 3 PM. **RSVP to Natalie B**.

Fellowship Lunch Tuesday, November 26 at 12 Noon

This month's theme is Chinese. Menus will be at the McMenamin Rec Center at least one week before. Contact Natalie B. for more information.

Brown Bag History: "The Attack at Pearl Harbor"

Saturday, December 7 at 12 Noon

On December 7, 2024, we will pass the 83rd anniversary of the terrible attack at Pearl Harbor. Soon after, "Remember Pearl Harbor" became the battle cry as thousands of U.S. citizens signed up for the war. This was the beginning of the United States entry into World War II and forever shaping the future of our nation. Join Mike Jesberger for a discussion on the events that led up to that fateful day in 1941. A very powerful slideshow will accompany the lecture including actual photos from the time. Meets in the SRC Dining Room. **Open to the Public. RSVP by Friday, December 6.**



SRC Residents' Christmas Luncheon

Fríday, December 6 - 11:30 AM Berean Bíble Church - Fellowshíp Hall

(Doors open 10:30 AM)

Cost—\$15 (Resident, Member of Resident Committee - currently paid yearly dues)

\$24.50 (Resident, Non-Member of Resident Committee)

\$24.50 (Non-Resident Guest and BRC Residents)

RSVP and Payment Due (<u>CHECKS ONLY</u>) at Office by 12 Noon, Tuesday, November 26 (NO EXCEPTIONS)



Musical Christmas Program in the Sanctuary by Boyertown Area Senior High School Choir. Christmas Carol Sing-Along and Door Prizes Too!



Buffet Meal will include:

Fruit, tossed salad, sirloin beef tips, beef pot roast, stuffed flounder, roasted turkey, stuffed potatoes, broccoli Normandy, French green beans with almonds, assortment of cakes and pies for dessert, beverage assortment of iced tea, lemonade, coffee, tea

Great Pumpkin Contest

Thank you to all the residents who participated in this year's contest! The entries were so creative and generated lots of fun conversation!

Resident Entries



Staff Entries



1st PLACE OLIVIA K.



2nd PLACE MARGARET U.



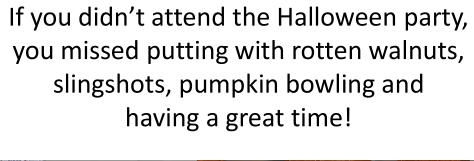
3rd PLACE PATTY B.

What Did I Miss?













Circle of Support

1st Thursday at 11 AM

Hoagie/Sandwich Night

1st Wednesday at 5 PM Pre-ordered and delivered. (Jeannette B.)

Bananagrams

Fridays at 2 PM (Natalie B.)

Exercising

Monday, Wednesday, Friday at 9 AM (Kerry W.)

Mexican Train Dominoes

Thursdays at 2 PM (Donna L.)

Light Refreshments

2nd Tuesday at 9:15 AM (Natalie B.)

Men's Breakfast Club

3rd Wednesday at 8 AM (Wayne B.)

Fellowship Lunch

4th Tuesday at 12 Noon (Natalie B.)

Reiki & Peace Meditation

4th Sunday at 2 PM (Natalie B.)



Words on Wheels Book Mobile

 2^{nd} & 4^{th} Monday at 10 AM

BINGO!

Supermarket Bingo w/Amity Place 2nd Wednesday – 10:30 AM SRC Dining Room

Pinochle

Thursdays at 2 PM SRC Dining Room

NEW - Mahjongg

Tuesdays at 1 PM SRC Dining Room

Vietnam Veterans

1st Tuesday at 7 PM SRC Dining Room

American Legion

4th Thursday at 7 PM SRC Dining Room

Yoga – SRC Auditorium

Tuesdays – Chair Yoga – 3:30 PM Wednesdays – Floor Yoga - 9:30 AM 1st & 3rd Fridays – Joy of Yoga – 10:30 AM

Bible Study

2nd Monday at 2 PM SRC Dining Room

Book Club

1st Monday at 2 PM SRC Dining Room

Needlecrafters

2nd & 4th Wednesday at 3 PM SRC Dining Room

Pickleball

Cancelled for Fall/Winter Will resume in Spring

Bus Trips

LEGEND FOR AMOUNT OF WALKING

Little Walking Plenty of Walking

- Sign up with the Office
- RSVP by deadline
- · Limited seating
- At least 10 participants needed for SRC Bus trip
- Payment is due at time of sign up and is by <u>Check Only</u> (Payable to SRC)

Friday - November 15 - American Treasure Tour & Museum

This trip consists of a 45-minute guided tour on their tram ride of the largest part of their museum. There is a self-guided walking tour of the music room and classic car exhibit area. Included are treasures of miniature dolls, doll houses and music boxes, nickelodeons, and more plus a gift shop.

Lunch at your own expense at PJ Whelihans Pub.

RSVP to the Office by Wednesday, November 6

LEAVE BEREAN PARKING LOT: 9:15 AM Cost: \$21.00

Wednesday - December II - Hollywood Casino

Want to try something new! Try your luck on the slots with your friends at Hollywood Casino in Morgantown. Following a couple hours of fun, you can enjoy lunch on your own at Tony Luke's Food Court before you leave.

Lunch at your own expense Tony Luke's Food Court.

RSVP to the Office by Monday, December 9

LEAVE BEREAN PARKING LOT: 10:00 AM Cost: \$5.00

Saturday - December 21 - "Annie" at Steel River Playhouse

Step into a world where dreams come true, and optimism shines bright! Annie's story is one of hope and resilience in the face of abandonment and hardship. This timeless musical will warm your heart and leave you with a smile that lasts "Tomorrow" and beyond! Experience the magic of this classic musical, filled with laughter, toe-tapping tunes, and a message that resonates across generations. Don't miss the chance to witness the sun come out on the stage and join Annie in spreading joy to all for the 2024 holiday season!

Dinner after the show at your own expense at the WQ Diner.

RSVP to the Office by Monday, December 2

LEAVE BEREAN PARKING LOT: 1:15 PM Cost: \$21.00

New Hanover AARP Trips

Checks Payable to:

"New Hanover AARP"

Details posted on the Library Bulletin Board.

RSVP to Carol G.

Wednesday, November 20 – American Music Theatre "Joy to the World"

RSVP to Carol G. – TRIP IS FULL