

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day OFFICE CLOSED	2 Circle of Support 11 AM Dominoes 2 PM Pinochle 2 PM	3 Exercise 9 AM Bananagrams 2 PM	4 Brown Bag History 12 Noon
5	6 Exercise 9 AM Book Club 2 PM	7 Mahjong 1 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM	8 Exercise 9 AM Blood Drive 12 – 7 PM Needlecrafters 3 PM	9 Dominoes 2 PM Pinochle 2 PM	10 Exercise 9 AM Bananagrams 2 PM Lunch Bunch 12 Noon	11
12	13 Exercise 9 AM WOW Bookmobile 10 AM Bible Study 2 PM	14 Light Refreshments 9:15 AM Resident Meeting 9:30 AM Mahjong 1 PM Chair Yoga 3:30 PM	15 Exercise 9 AM Floor Yoga 9:30 AM Ladies Bible Study 3PM	16 Dominoes 2 PM Pinochle 2 PM	17 Exercise 9 AM MONTCO - What Services are Offered? 1PM Bananagrams 2 PM	18 Balloon Volleyball 2 PM
19	20 Exercise 9 AM	21 Mahjong 1 PM Chair Yoga 3:30 PM	22 Exercise 9 AM Floor Yoga 9:30 AM Owls 10 AM & 1 PM Needlecrafters 3 PM	23 Dominoes 2 PM Pinochle 2 PM American Legion 7 PM	24 Exercise 9 AM Bananagrams 2 PM	25
26 Peace Meditation 2PM	27 WOW Bookmobile 10 AM	28 Financial Meeting 1 PM Mahjong 1 PM Chair Yoga 3:30 PM	29 Floor Yoga 9:30 AM	30 Dominoes 2 PM Pinochle 2 PM	31 Exercise 9 AM Bananagrams 2 PM Soup Night 4:30 PM	

McMenamin Rec Center: Exercise, Dominoes, Light Refreshments, Bananagrams, Fellowship Lunch, Circle of Support, Peace Meditation, Reiki

BUS TRIPS:
Tuesday, January 7 – Valley Forge Casinos
Wednesday, January 22 – Mid Atlantic Air Museum

SRC LOCATIONS: **Dining Room:** Presentations & Seminars, Book Club, Needlecrafters, Coffee Hour, Pinochle, Vietnam Veterans, American Legion, Bingo, Mahjong
Club Room: Dominoes, Wii Bowling
Auditorium: Yoga, Resident Committee, Entertainment

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.