**OCTOBER 2025** 







# Welcome to October at BRC!



Crisp air, colorful leaves, and cozy gatherings—it's the season for coming together. This month, we'll celebrate fall with twinkle lights on the patio, live music, pumpkin decorating, festive snacks, and of course, good company.

As we head toward
Thanksgiving and the
holidays ahead, may this
season remind us of the
beauty of change, the
warmth of community, and
the joy of sharing life
together.



## **Information & Reminders**

"The heat of autumn is different from the heat of summer. One ripens apples, the other turns them to cider." – Jane Hirshfield

## Fall Maintenance Reminders

As we prepare for cooler weather, please keep these seasonal maintenance items in mind:

- •Hoses & Spigots Remove hoses from outside spigots before freezing temperatures arrive. This prevents damage to pipes.
- •Thermostats Set your thermostat to at least **68**°F when using your heat to help protect pipes from freezing.
- •**Heaters** Test your heater **before** the onset of cold weather. If it is not working properly, please call the office to put in a work order.
- •Windows & Doors Please keep storm doors and windows latched securely.
- •Outdoor Furniture Store or secure furniture, decorations, and umbrellas so they don't blow away in fall winds.

Thank you for helping us keep the community safe, comfortable, and ready for fall!

# **◯** Fall Back − Time to Change the Clocks

As autumn settles in and the days grow shorter, it's once again time to "fall back." On **Sunday, November 2**, don't forget to set your clocks back one hour.

This change marks the end of Daylight-Saving Time, giving us an extra hour of rest and longer evenings to enjoy the cozy comforts of fall—whether that's curling up with a blanket, enjoying a warm drink, or spending time with friends and neighbors.

Take advantage of the season's slower pace - and be sure to mark your calendar so you're right on time!



## **Information & Reminders**

#### This Month in History

October 28, 1886 - The Statue of Liberty was dedicated in New York Harbor.

#### **Speed Limits**

For the safety of all residents, pets, and guests, please observe the posted speed limits: **15 mph** 

#### Bird Feeders

Bird feeders bring beauty and joy, but they can also attract more than just birds. Please follow these guidelines:

- Do not place any food or bird seed on the ground
- Keep feeders several feet away from houses or trees, and at least 4 feet off the ground
- Use a squirrel baffle to keep critters away
- Choose a high-quality seed mix (lowquality fillers attract unwanted visitors)
- Clean up bird seed debris regularly

#### **Solution** Solution National Solution

Please do not leave food outside for animals. While it may feel like a kind gesture, it can attract unwanted visitors and contribute to concerns some residents are already dealing with.

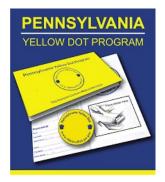
For the comfort and well-being of all, please keep food indoors and enjoy wildlife in other ways.

**Emergencies & On-Call Staff** In any emergency, **always call 911 first.** 

Our on-call staff is available for **maintenance emergencies** and to assist during other urgent situations. We can:

- Open doors for emergency personnel
- Lock up afterwards
- Help answer questions
- Turn off appliances if needed

⚠ Important: Our on-call staff is **not medical personnel** and cannot provide medical aid—including lifting a fallen resident. We are here to support you however we can until emergency responders arrive.



#### **Yellow Dot Safety Program**

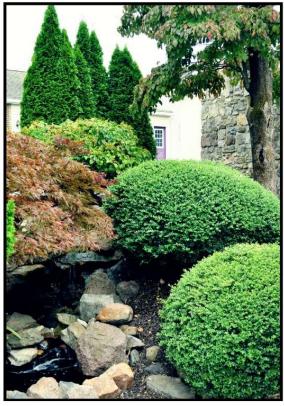
The **Yellow Dot Program** helps you get the right emergency care in your time of need after a traffic crash. Placing a **Yellow Dot** decal in your vehicle's rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need.



MANY THANKS TO RON AND CATHY FOR THE BEAUTIFUL RESTORATION OF THE PRIZER GARDENS









# **Community Connections**















### **A Heartfelt Thank You to** Ron & Cathy Fronheiser

This summer, Ron and Cathy Fronheiser poured their time, energy, and talents into bringing the Prizer Gardens at the McMenamin Rec Center back to life. Working closely with Hank, they completely revived and renewed the space—turning it once again into one of the highlights of our community.

Their dedication shows in every detail: hours spent planting and trimming, carefully shaping trees and bushes, repairing the waterfall, and even creating a new dry waterfall feature. Thanks to their hard work, the gardens are now a beautiful, inviting space for all to enjoy—a place of peace, fellowship, and pride for the residents of Buchert Ridge.

Ron and Cathy, your generosity and vision have left a lasting impact. On behalf of the entire community, thank you for sharing your time, creativity, and love of beauty with us all.

Thank you also to the residents who arranged the Garden Party! All of your hard work and dedication was beautifully evident.

















## **Information & Reminders**

### Fun Facts about October

- The name October comes from the Latin "octo" meaning eight, because it was the eighth month in the early Roman calendar.
- October's birthstones are opal and tourmaline, both known for their beautiful colors.
- The flower of the month is the marigold, symbolizing warmth and creativity.
- October babies fall under the zodiac signs Libra (balance, harmony) and Scorpio (passion, determination).
- Pumpkin spice may feel modern, but recipes combining cinnamon, nutmeg, and cloves date back to at least the 1600s.

#### Famous People Born in October:

- October 9, 1940 John
   Lennon (musician, songwriter, and member of The Beatles)
- October 11, 1884 Eleanor Roosevelt (First Lady of the U.S., humanitarian, and activist)
- October 16, 1854 Oscar Wilde (Irish poet and playwright)



If you would like to receive text messages about things at BRC, please send Carrol your mobile phone number.

We have many people already on this list but are missing some.

The **garden at the Rec Center** is available for everyone to enjoy!

We could use **white holiday lights** for the overhang next to the garage. Please look around and consider donating any white lights you may have and no longer use.

Lights can be placed on the table in the overhang next to the garage.



#### STAFF SPOTLIGHT

We're excited to share some great news from within our team!

Michele has been promoted to

Director of Resident and

Executive Affairs. Since joining our community in September 2019

she has been an integral part of our success, making a tremendous positive impact on both residents and staff alike.

In her new hybrid role, Michele will continue to oversee community resident relations, activities, and initiatives while also providing direct support to Jon Kline and the overall organization. We are confident her leadership and dedication will continue to strengthen our community in this expanded capacity.

Please join us in congratulating Michele on this well-deserved promotion!

What do you call somebody with no body and no nose?

Nobody knows! ~ JDK



### Wednesday Schedule Change New Time: 5 PM



#### Reflections of WWI in the Philadelphia Region, Part I Thursday, October 2 at 12 Noon

This lecture will explore the role that Philadelphia and its citizens played during the years prior to and throughout the First World War. We will reflect on daily life in the city and highlight the many contributions Philadelphians made to the war effort. The presentation will also examine the numerous monuments and memorials dedicated to those who served, fought, sacrificed, and died in the Great War.

Join historical re-enactor, lecturer, and tour guide Michael Jesberger for this engaging and insightful program.

Open to the Public. RSVP by October 1

### NEW! Men's Bible Study Brown Bag

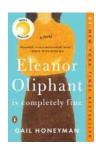
Wednesdays at 12PM beginning October 1, 2025 12pm

Men's Bible Study (Brown Bag Lunch) held by Grace and Peace Presbyterian Church will be meeting on Wednesdays in the SRC Dining Room.

This is an ongoing study in the Westminster Confession of Faith and its relevance and faithfulness to Scripture.

Join us – and bring a lunch!

## Book Club Monday, October 6<sup>th</sup> at 2 PM



- Oct. 6<sup>th</sup> <u>Eleanor Oliphant is</u> <u>Completely Fine</u>,
  - by Gail Honeyman
- Nov. 3<sup>rd</sup> <u>Tom Lake</u>, by Ann Patchett
- Dec. 1<sup>st</sup> <u>The Women</u>, by Kristen Hannah

Contact Jeanette G for more information.

What did Snow White say when her pictures weren't ready? Someday, my prints will come.



### 🎬 Movie Matinee Lineup **SRC Dining Room**

Friday, October 3<sup>rd</sup> @ 1:30PM **Dennis the Mennace** 

 $(1993 \cdot PG \cdot 1h \ 34min)$ 

Get ready for laughs with this family comedy starring Walter Matthau as the grumpy neighbor, Mr. Wilson, and Mason Gamble as the mischievous Dennis.

When Dennis's boundless energy and curiosity collide with Mr. Wilson's desire for peace and quiet, chaos and hilarity follow!

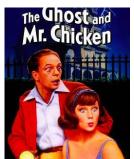
A lighthearted classic that will leave you smiling.





#### Friday, October 17th @1:30PM The Ghost & Mr. Chicken

 $(1966 \cdot G \cdot 1h 30m)$ 



A spooky comedy classic starring Don Knotts as Luther Heggs, a timid typesetter who spends the night in a haunted house.

With creepy sounds, mysterious

happenings, and Knotts' unforgettable expressions, this film delivers more chuckles than chills.

A perfect lighthearted choice for the Halloween season!

Halloween-themed snacks will be provided by Melissa from Verizon. Don't miss it!

#### **Lunch Bunch Big Phils**

(351 Schuylkill Rd, Suite #2)

#### Friday, October 10th at 12 Noon

If you are paying by cash at the restaurant, please bring smaller bills/change.



The SRC Bus will be available for \$3 per person (for the driver) due at sign-up.

The bus and carpool will leave Berean Bible Church Parking lot at 11:30 AM.

RSVP by Wednesday, October 8th

## **Meditation with Reiki** and Singing Bowls

Please note the new schedule for the Peace Meditation with Reiki and Singing Bowls for the next few months.

Sunday, October 12, 2pm Sunday, November 9, 2pm Sunday, December 21, 2pm

#### **Resident Meeting** Tuesday, October 14 at 9:30 AM

*Light Refreshments at 9:15 AM* 



### 2026 Budget Planning **Meeting**

Friday, October 10th @ 10AM

This month's Coffee Talk with Jon will take a **special focus** as we gather for our 2026 Budget Planning Meeting on Friday, October 10 at 10:00 AM in the SRC Auditorium.

Over the past several months, Jon and the leadership team have shared updates on the importance of thoughtful planning for the future of our communities.

This meeting will bring those conversations together and outline the next steps forward.

We encourage all residents to attend this important discussion.

\*\* See newsletter insert for more information and important transportation and parking information. \*\*



## Google Review Seminar - How to leave an Outstanding Review!

Thursday, October 16, 2025 10:30



#### **\*\* Brag a Little About Your Home!**

We know you love living here—this is your home, your community, and your family. Now's your chance to share that joy with others!

Join Jon Kline in the SRC Dining Room for a fun, quick session on how to leave a Google Review.

You'll learn why reviews matter, how easy it is to leave one, and how your words can help future residents discover the special community we enjoy every day.

Come ready to brag a little—we can't wait to hear what you have to say!

### Young at Heart **Entertainment** Monday, October 20, 2025 @ 4PM

Back by popular demand! Gather with friends and neighbors for an hour of fun, interactive music and memories that will warm you like a fall fire.

"October is the opal month of the year. It is the month of glory, of ripeness. It is the picture-month."

~ Henry Ward Beecher

#### Downton Abbey Exhibit Carpool Thursday, October 23, 2025

If you are interested in going to the Reading Museum to see the Downton Abbey costume exhibit, please contact Carrol R . We are planning to carpool.

Get ready to experience thirty-six original costumes worn by the stars of Downton Abbey™ that depict fashions of the British aristocracy in the first few decades of the 20th century. The exhibition showcases the turbulence and changes in the late Edwardian era through the 1920's by means of the fashions of the period while evoking fans' favorite moments.

## **AARP Smart DriverTEK 10/28/2025, 10:00AM**

October 28, 2025 10:00 AM - 11:30 AM ET

Learn how the latest technology like **Back Up Cameras, Blind Spot Warnings,** and **Lane Keeping Assistance** can help make driving safer and easier!

This class is being held in between two half-day sessions of Driver Safety class C42830. You are welcome to register for that class as well.



#### **AARP Smart Driver Course™**

Session 1

Monday, Oct 27, 2025

From 12:45 p.m. to 5:00 p.m. ET

Session 2

Tuesday, Oct 28, 2025

From 1:00 p.m. to 5:00 p.m. ET

Sanatoga Ridge Community

2461 E High St

Pottstown, PA 19464-3189

Instructor: Gregory Cindric

(610) 326-6282

Sign up at the office or on the AARP website:



#### \$20 for AARP Members; \$25 for Non-AARP Members

AARP membership is NOT required.
All drivers are welcome.

(Payable by check or money order to AARP

Smart Driver Course.)

## Fellowship Lunch Tuesday, October 28, 2025 @ 12PM

Tuesday October 28 12 noon 4th Tuesday community lunch. Asian fusion from Sakura.

Natalie B welcomes menu suggestions submitted before October 7th so Menus can be printed up for our monthly community meeting.

#### Halloween pizza and salad party Friday, October 31 @ 4PM

Friday October 31 4pm community Halloween pizza and salad party. Costumes and participation in our fun (goofy) games are optional. Let Natalie know if you want to join the prep committee or have ideas to make it a fun time. No Bananagrams on Halloween afternoon so we can set up and decorate. if there is a game six of the world series that day, we will adjust the party time accordingly if necessary and announce via posters on the mailboxes so you won't miss a thing!



#### Smore's on the Patio Friday, October 24th from 6 – 7:30PM On the SRC Patio

As the autumn evenings turn crisp, we invite you to join us for a cozy night under the lights! The patio will be glowing with warm fire pits, soft seating, and twinkling lights—perfect for fellowship and fun.

Enjoy **live music** while you **roast marshmallow**s and build your own s'mores—both the classic kind and some delicious gourmet varieties you'll want to try!

Please join us! Bring your smile, your sweet tooth, and a friend or two—this is sure to be a night to remember!

#### **RSVP October 15**





## **Bus Trips**

#### LEGEND FOR AMOUNT OF WALKING

Little Walking Plenty of Walking

• Sign up with the Office

- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- Payment is due at time of sign up and is by <u>Check Only</u> (Payable to SRC)

#### Wednesday, October 15 - Glasslite Studio - St. Peters Village

Join us for a fascinating visit to **Glasslight Studio in St. Peters Village**, where you'll watch skilled artisans transform molten glass into stunning works of art. You'll see the glassblowing process up close—shaping, blowing, and finishing pieces that sparkle with color and creativity. Afterward, we will have lunch at St. Peters Inn. Lunch at your own expense.

RSVP to the Office by Friday, October 10
LEAVE BEREAN PARKING LOT: 10:30AM Cost: \$5

### **New Hanover AARP Trips**

Checks Payable to:

Details posted on the Library Bulletin Board.

"New Hanover AARP"

RSVP to Carol Griffith (484-624-8314)

Wednesday, October I – Ace in the Hole at the Brownstone
– "Octoberfest" \$150

Wednesday, November 19 – American Music Theatre – "Deck the Halls" \$140

**Details posted on the Library Bulletin Board** 

Q: Why don't mummies take time off?

**A:** Because they're afraid to *unwind*!

