



The last several weeks have been a difficult time for everyone. The staff would like to send our appreciation to our residents for their generosity during the Christmas season with their delicious treats and kind words.

Thank you for making this time of year extra special for us. Our residents do such a wonderful job decorating their homes to help make the community "shine" during the season.

Thanks again and have a wonderful 2021!



Holiday Closing

<u>A reminder that the Offices will be closed on:</u> New Years – Friday, January 1

Meet Doug Filter



HAPPY NEW YEAR!!

Who else celebrated as you turned the calendar over from 2020 to a NEW beginning in 2021? Never in my life have I heard or used the word "unprecedented" as many times as I did last year. I'm sure there will be many lists of firsts documented for 2020.

NOW, we are starting FRESH with a new year and I am excited to be here as the Interim Executive Director for SRC & BRC!

Let's talk about: 1) Who am I? 2) What's your "word"? 3) What to expect during this first quarter of the year.

First, I am a husband and a father! I feel extremely blessed. This picture was taken in early December along the Gunnison River near our home in Western Colorado. My wife Melissa is a Registered Nurse Director at St. Mary's Hospital in Grand Junction, CO. Our dog's name is Oreo! He is a 3-year-old harlequin Great Dane and the mascot of The Great Dane Group. We have two daughters who also work in health care. Our oldest is a Paramedic with Grand Junction Fire and Rescue. Our youngest is a Doctor of Pharmacy finishing up her first year of residency at Cleveland Clinic in Ohio. Professionally, I've been consulting, leading and managing teams across multiple industries for 25+ years. I also have the privilege of singing all over the country and around the world with Legacy Quartet (https://www.facebook.com/legacyquartet).

Second, a practice I was introduced to many years ago is choosing a "word" that becomes your focus for the new year. The idea is to find a word (<u>https://myintent.org/pages/word-finder</u>) that speaks to a passion, a character trait you want to focus on, or something you're trying to overcome. In years past I've chosen words like gratitude, patience, and action. THIS year, I am considering the word **resilience**.

re·*sil*·*ience* /*r*^{*a*} '*zily*^{*ans*}/ *noun* 1.*the capacity to recover quickly from difficulties*; *toughness*.

Over the past year I've been inspired by so many amazing stories of people from across the country who have overcome many adverse circumstances and CHOSE to keep smiling and plugging away! They are a living example of resilience!

I'd love to hear what word you choose for 2021!

Lastly, I am working very closely with the board and Acuity Advisors, LLP to continue the strong momentum John McMenamin started in moving SRC and BRC toward full occupancy and solid financials. We will discuss more of the details in our upcoming resident meetings later in January.

Information & Reminders

Snow Event Reminders

One of the most challenging tasks for the staff is the snow removal process. While the snow clearing process is physically challenging, the most difficult task lies in the decision of when to start the removal process. If money were no object, we could start the process upon seeing the first snow flake and continue until the final snowflake has been removed. But we believe it is our responsibility to our communities to ensure finances be a consideration in the decision-making process.

Because finances are an issue, the staff must consider such things as:

- When to start moving resident vehicles;
- When to start laying ice melt;
- Whether to retain staff beyond the normal working shifts or call staff in early both of which could require payment of overtime wages;
- If and when to call in a contractor for snow removal support;
- If temperatures change is expected which may help or hinder the removal process;

We ask for your understanding of this challenge when we receive snow. However, always keep in mind that you should call the office at least the day before the snow event if you have an appointment which requires access to your vehicle. In this case, the snow crew is appreciative of advance notice so they may properly plan. Also, if you notice your car being relocated in preparation for plowing but you need your vehicle prior to the storm commencing, please also contact the office to have your car returned to its normal space.

In addition, if the office is closed and you have a doctor's appointment which you have not reported to the office or if you have a true emergency which requires you to leave, please push your emergency button to notify the staff.

Trash on Snow Days

When there are snowy trash pick up days, and the staff is clearing snow, please leave trash and recyclables on your front porch VISIBLY. Also, please know that trash/recycle pick-up may be delayed or even canceled depending on the demand of the snow removal crew.



Page 3

Recycle Update

Plastic bags are not accepted as part of recycling. If you want to use a bag for your recycling, paper bags are acceptable. Please see your "Everything You Need to Know" book or stop by the office for a complete list of approved items. All trash must be bagged and tied. Loose trash will not be collected.

Information & Reminders

COVID-19

Our residents have exhibited great care and support for one another as well as for the staff as we have all had to face the challenge of adapting to the Coronavirus pandemic together. As we approach the cold weather months and witness a significant rise in positive cases in our area, the increased risk of exposure to our community also rises. The health and safety of our residents remains our priority.

In the event a resident is experiencing symptoms of illness, tested positive for COVID-19, or has been exposed to someone with COVID-19, we ask that residents please:

- Follow CDC guidelines for self-quarantine
- **Contact the office** NOTE: Any information shared with the Office will be maintained in strict confidence and used only for the purpose of ensuring the safety of our staff and residents







Mechanical Room Storage

With the exception of a few small items, mechanical rooms are not to be used for storage. Immediate access is required to all mechanical equipment by staff or other emergency personnel. Thank you for your cooperation.





Comcast – Tech To You Program

The Comcast Tech To You Program is in our Community on Tuesdays only. If you would like the technician to stop by your house, please make sure you call the Office to be placed in the book by Monday before 3 PM. If you cannot wait until a Tuesday, you can call Comcast directly. (There may be a charge if you call Comcast directly.)

Information & Reminders



Attention SRC Singers!

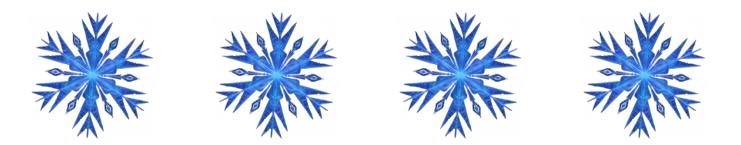
Please return any music you may have at home. There is a bin in the Game Room for you to drop off the folder/music.

Words on Wheels Bookmobile

The Bookmobile is here the 2nd & 4th Monday at 10 AM in the SRC Community Center parking lot.



Page 5



The Flower of the Month is the Carnation



For the most part, carnations express love, fascination, and distinction, though there are many variations dependent on color. Light red represents admiration, while dark red denotes deep love and affection. White represents pure love and good luck, while striped (variegated) symbolize regret that a love cannot be shared. The pink carnation became the symbol of a mother's undying love.

ANNOUNCEMENTS





- The name for January comes from the Roman god, Janus, who is always depicted with two heads. He uses one head to look back on the year before, and the other head to look forward into the New Year!
- In Pasadena, California, there has been a Rose Parade held every year since 1890. It has since been broadcasted worldwide and is typically viewed in over 100 countries around the globe.
- If you were born in January, your birthstone is a garnet!
- In leap years, January always starts on the same day as April and July.
- London is famous for their extensive subway system, nicknamed "The Tube." This makes sense, because they're also responsible for opening the first operational underground railway on January 10th, 1863. *thefactsite.com*

Page 6

Thank You!

Toys for Daily Bread Community Food Pantry by BRC. Also a donation of \$250 to replenish any toys.





1		2	3		4	5	6		7	1	8	
		9							10	11		12
13	14				15				16			
17						18		19				
			20		21			22				
23		24			25	26	27			28		
				29								
30				31					32		33	
		34	35				³⁶ H	0	Т			
		37			38	39			40	41		42
43	44				45		46		47			
48					49							
			50						51			

3 Letters	PER	EASY
ADD	THE	EYED
APT	TRY	FADE
CAP	4 Letters	FIND
FAT	ALLY	LIES
HAT	AREA	LONG
HEM	ASKS	MERE
НОТ	CHEW	OARS
HUT	DAWN	OATH
LIP	DEAD	ONES
PEN	EASE	PURE

RAGE RENT SELF SOFA SPIN TAME THEM TREE UPON VANS **5 Letters** ACTED AREAS COMMA HOMES LOADS **SEVEN** SUNNY **6 Letters ANGELS** ATTEND **INSANE** WIRING 7 Letters ATHLETE HANDFUL **KETTLES** WEALTHY