FEBRUARY 2021







Valentine's Day

The first Valentine's Day card dates to 1415 when the Duke of Orléans sent a card to his wife while he was a prisoner in the Tower of London. In the United States, Valentine's Day cards didn't gain popularity until the Revolutionary War, when people took up the habit of writing handwritten notes to their sweethearts. It was only in the early 1900s that cards were mass produced for the holiday.

Here are a few more fun facts:

- About 70% of Americans will give someone chocolate or candy on Valentine's Day.
- "Be Mine" The first candy sweetheart was made in the mid-1800s.
- About 144 million cards are exchanged on Valentine's Day, second only to Christmas.

national geographic.com







COVID-19

Our residents have exhibited great care and support for one another as well as for the staff as we have all had to face the challenge of adapting to the Coronavirus pandemic together. The health and safety of our residents remain our priority.

In the event a resident is experiencing symptoms of illness, tested positive for COVID-19, or has been exposed to someone with COVID-19, we ask that residents please:

- Follow CDC guidelines for self-quarantine
- **Contact the office** NOTE: Any information shared with the Office will be maintained in strict confidence and used only for the purpose of ensuring the safety of our staff and residents

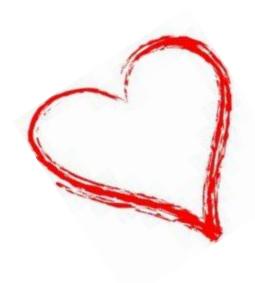
Information & Reminders



We'd like to welcome Lara

Lara is our new Assistant Director of Sales and Marketing! She will be working with Jon in Sales and assisting Michele in the Front Office.

Lara comes to us with 30 years' experience in the nonprofit sector, marketing, and project management. Originally from Rochester, NY, Lara has two children Tyler (27) and Molly (23). Lara loves living in Chester County and has lived here 30 years. Outside work Lara enjoys antiquing, baking, gardening, and refinishing furniture.



Soliciting Policies for the Community and Township

It has always been our policy that there is no soliciting in our Communities. "NO SOLICITING" signs are posted at the entrances. Anyone entering our Communities with the below intent is trespassing.

Individuals may come into our Communities at various hours throughout the day taking an election survey, putting menus on door knobs, or stating that they are interested in saving you money on your electric or gas bill.

For your protection and safety, do not let a stranger into your home. Should you ever be approached by someone soliciting within our communities, do not engage in any conversation, especially inviting them into your home, and call the office or police.

Information & Reminders

Home Safety

For your safety, please do not use the stovetop, oven, toaster oven, or microwave for additional storage in your home. By doing so, you run the risk of a potential fire hazard.

In addition, maintenance/mechanical rooms are also to be free of combustible materials. If you have combustibles in your mechanical room and need assistance in their removal, please call the office.

Tax Preparation

In prior years Ed, an accountant who has been used by many residents, would hold appointments at SRC to prepare your taxes. However, this year due to the restrictions, Ed will NOT be having appointments in the SRC Community Center.



<u>Please call Ed directly</u> to establish your appointment. There is a fee for Ed's services. Payments shall be made directly to Ed.

Double-Parking

Double-parking is permitted in the Community when taking groceries into your home or picking up/dropping off a person close to their home. Please be considerate and do not double-park for extended periods of time.

Words on Wheels Bookmobile

The Bookmobile is here the 2nd & 4th Monday at 10 AM in the SRC Community Center parking lot.



Information & Reminders

COVID Vaccine Information

The Office has received numerous phone calls regarding vaccine information. Below is a link to Montgomery County's website for COVID-19 vaccine pre-registration which is required to establish an appointment.

https://www.montcopa.org/3660/COVID-19-Vaccine



Tower Health Urgent Care has Launched Tower Health Virtual Urgent Care!

This exciting, new around-the-clock service connects patients with a healthcare provider in 10 minutes or less to address minor conditions ranging from seasonal allergies, COVID concerns, and everything in between. With a network of experienced physicians and Advanced Practice Providers available 24/7/365, patients no longer need to wait in line for care. Now they can get the care they need, when and where they need it.

To access Virtual Urgent Care you must Download the app (available on the <u>Apple App Store</u> and <u>Google Play</u>) or go to <u>TowerHealthVirtualUrgentCare.org</u> and follow the instructions.

If you have a MyTowerHealth account, your after-visit summary and any applicable test results will be available in the portal after your visit.



Montgomery County Telephone Reassurance Program

Through the Telephone Reassurance Program with Montgomery County Office of Aging & Adult Services, participating older adults receive scheduled, weekday phone calls from caring, trained volunteers. These courtesy calls can be scheduled at your convenience and ensure the well-being of elderly residents throughout Montgomery County. This is a free service for area seniors. Additional volunteers are always needed! For more information, contact Alicia Adams at 610-326-1610 x328.

Announcements

Happy Birthday!

2 - Nelson

15 - April George

19 - Joanne

20 - Dennis



24 - Elizabeth

25 - Dolores

26 - Doug

28 - Bill









Perks of Reaching 60 or Over 70 and Heading Towards 80!

- Kidnappers are not very interested in you.
- In a hostage situation, you are likely to be released first.
- No one expects you to run anywhere.
- People call at 8 PM and ask, "Did I wake you?"
- People no longer view you as a hypochondriac.
- There is nothing left to learn the hard way.
- Things you buy now won't wear out.
- You can eat supper at 5 PM
- You notice these are all in big print for your convenience.

Valentine

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ADMIRER
LOVE
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VALENTINE
BOYFRIEND
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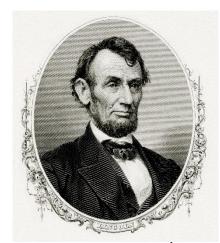
February Fun Fact

Did you know that Abraham Lincoln and George Washington were born in February.

Can you guess which days?



February 22 - George Washington



February 12 - Abraham Lincoln

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A Game of Two Halves

ACROSS

- 1. Area of play behind the line of scrimmage.
- 4. Drop kick used to relinquish possession.
- 6. Hike.
- 8. Tom Brady's position.
- 11. Any offensive play that does not involve a forward pass.
- 12. Broadway Joe.
- 14. An offensive series of plays.
- 15. Three point play.
- 18. Results in a turnover.
- 20. Defensive player.
- 21. Game opener.
- 22. Number of teams in the NFL.
- 23. Team gathering.
- 24. Site of annual college game played on January 1st.

DOWN

- 2. He snaps the ball.
- 3. A team gets four of these each time they have possession.
- 5. Pass that hits the ground before possession.

- 7. Nickname for a football.
- 9. Take a player to the ground.
- 10. Field of play in American football.
- 13. Intermission with entertainment.
- 15. When a player loses the ball during a play.
- 16. Championship game.
- 17. Tackling the quarterback.
- 19. Area past the goal line.

