MARCH 2024







Daylight Saving Time – Sunday, March 10

Be sure to set your clocks **AHEAD one hour**.

If you would like assistance changing your timers, please call the office to schedule a time for our staff to visit.

Grandparent Program – Volunteers Needed You Can Make a Difference!

My name is Kyla Love (yes, that is my real last name), and I am now in 8th grade. I did this program while I was in 5th grade. While I was in the program, I didn't realize how much I was learning until after it was done. I learned how many fun stories people can have when you take time to listen and actually care.

One of my favorite stories that my adopted grandpa told me was how when he was little, he would get an allowance of a quarter a week and he would go down to a corner store and spend all his money on ice cream and candy (even though he wasn't supposed to) at the end of each month. I also learned about what Marines do in war as he was a Marine for almost 32 years! He had 2 sons and would always tell me stories about them.

Going to visit my adopted grandpa quickly became my favorite part of every week. He once told me, "You are a young, impactful girl. Never let anyone tell you otherwise." To this day, I remember those words. We got very close over the time we had but sadly our time got cut off from Covid. We found a way to communicate by sending each other letters and telling each other how everything was going even after the school program ended. I got a letter from him, and he ended it by saying, "I always had 2 sons and now I have a daughter."

I will never forget how he really wasn't wanting to be a part of the program, but little 5th grade me already had my mind set that he was my new friend. I remember when we went the next week, Miss Kline warned me that there was a good chance that he wouldn't show up, however, when I opened the door, I was presently surprised by him waiting by the door for me. It made me feel quite special to have someone show up the next week for me even though they weren't particularly interested in the program.

I will always remember how much of an impact we had on each other and will forever be thankful for the experience that God blessed me with!

SEE FULL PROGRAM DETAILS ON PAGE 8.

McMenamin Rec Center Kitchen

If you are having food in the BRC McMenamin Rec Center kitchen, please make sure the tables, counters, and floors are free of food crumbs and spills. In addition, please make sure the sink is clean and dishes are put away. Remember, this is an area that is shown during tours for potential residents. Please keep it neat and orderly.

Monthly Maintenance & Service Fee Rates

As discussed at the Annual Financial Meeting on January 24, there will be a 7% **increase** *on each line item* of your invoice for the monthly maintenance and service fee beginning April 1, 2024.

If your arrangement is such that your bank sends a check on your behalf, please inform them of the new amount. If you take advantage of the auto withdrawal process to pay your monthly maintenance fee, our Office will inform your bank of the new rate and no further action is required on your part.

On-Call System

For medical or fire emergencies, please dial 911 directly.

You can reach the maintenance on-call staff by dialing the on-call phone number directly OR pushing the buttons that were provided to you.

The "on-call system" is a direct connection to the staff every minute of every day. The "on-call" system should **only be used for <u>urgent</u> maintenance/grounds issues that require immediate assistance**.

If the office is open, please do not use the "on-call system" to report routine maintenance/landscape items.

Trash & Recycle Reminder

Trash and recycle must be out by <u>8 AM</u> for pickup.

What Insurance Should I Have?

Please make sure the insurance you obtain as a resident of our community is for contents only (typically costs \$100-\$150 annually). We have come across some residents who have been paying insurance as if they owned the home. If you are paying much more than this, consider calling your insurance agent to make sure they understand you require only contents insurance — not homeowner's insurance. The agent can call the office if more information is needed.

Stop Signs = STOP

With the nicer weather right around the corner, it is a great time to remind not only our guests but ourselves to be alert and considerate drivers. Please come to a complete stop and look both ways before proceeding. In addition, stop signs are installed at every Court and other locations throughout the SRC community.



One Way - Do Not Enter!

One-Way sign, Do Not Enter sign, and painted directional arrow are at the "triangle" driveway entrance of the SRC community center parking lot. These precautions were put in place to avoid a collision with someone leaving the community center parking lot.



Community Speed Limit

Please drive safely and be aware of people walking, pulling out of parking spaces and garages.

If Snow is Predicted . . .

Remember to call the office as soon as you can for a forecasted snow event if you need to get out for an appointment; have caregivers, family or friends coming to your home; need to get out on a regular basis (e.g., working, dialysis, or cancer treatments). It does not matter if the event is reported on a Monday for potential snow on a Thursday. There is an established snow removal plan for the community. Refer to your binder for complete snow/ice removal policy.

Trash/Recycle on Snow Days

Please remember that trash/recycle pick up may be delayed during or right after a snow event. Our first priority is to have the community cleared of snow as soon as we can.

Be Courteous and Friendly

"Word of Mouth" is our biggest marketing avenue. Visitors are invited to attend our marketing events throughout the month. You never know who could be your new next door neighbor.

As a reminder, some of our residents have help throughout the week with various household chores. There will be times when you will see an unfamiliar face at the trash/recycle dumpsters. Please remember to be kind and courteous.

SRC Community Center Parking

The activity in the SRC community center has increased significantly. Occasionally, groups/events overlap and parking is a little tight. Please be courteous to the residents that live in the vicinity of the community center and **do not park in a numbered parking space that is not assigned to you**.

Every home in the community is assigned a parking space. <u>Parking spaces with</u> <u>numbers are reserved for that particular home</u>. Please remind your visitors to park in un-numbered spaces.

In addition, when our staff and/or Police/EMTs are dispatched to our community, they use the parking space numbers as a quick check to see if the resident is home.





We are finding that when residents call the office and do not get an answer, they hang up and call right back. Your call is important to us. However, if your call is not answered, the front office staff are on the phone with another person, helping someone at the window or a combination of both. Please leave a detailed message as to why you are calling. We can then return your call with a solution in hand.

Eye Glasses

Has your eye prescription changed? Do you have a collection of eye glasses you no longer use? Stop by the McMenamin Rec Center and drop them in the eye glasses donation/collection box. These eye glasses are donated to a local eye doctor.





Friendly Pet Reminder

Please be courteous to your neighbors and do not allow your dog(s) to "relieve" themselves on buildings, sidewalks, shrubbery/mulch or lawn ornaments.

Excrement must be picked up immediately.

Thank you for your cooperation.

Pet Policy Reminder

- All pets are to be registered with the office including guests' pets. Call the office to obtain a Pet Registration form.
- When outside, animals must be leashed and under full personal control of an adult at all times.
- Pets may not be tied outside on front porches or back patios.

Landscaping

Realty Landscaping will be performing a significant amount of the required landscaping work this year.



The work will include spring cleaning, weeding and edging of mulch beds, placement of new mulch, application of spring and fall lawn fertilizer and weed control, shrub pruning according to the season, tree trimming and fall leaf cleanup. Realty will also be cutting the grass. Our landscaping staff will focus on matters related to aesthetics such as flower planting, shrub replacement, decorating and other projects to enhance and maintain the beauty of our community.

Realty will begin their work on winter damage and leaf cleanup in early Spring (weather permitting). Our staff will do its best to communicate the upcoming work activities to be completed by Realty.

Work orders relating to grounds must be made by contacting the office.

SRC Administration and Realty Landscaping agree that any concerns or issues with work activities being performed by Realty should be reported directly to the office.



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Announcements

<u> Happy Birthday!</u>

- 2 Ron
- 19 Wayne Barbara
- 21 Ben
- 23 Margaret
- 27 Dianna





31 - Dennis and April



Our thoughts and prayers are with the family at this difficult time.

Dolores

Resident since August 2009



7 Surprising Facts About St. Patrick's Day

- The Real St. Patrick Was Born in Britain
- There Were No Snakes Around for St. Patrick to Banish from Ireland
- Leprechauns Are Likely Based on Celtic Fairies
- · The Shamrock Was Considered a Sacred Plant
- The First St. Patrick's Day Parade Was Held in America
- The Irish Were Once Scorned in America
- Corned Beef and Cabbage Was an American Innovation

history.com

Brown Bag History: "The Lincoln Assassination" Part II

Saturday, March 2 at 12 Noon

On Good Friday, April 14th, 1865, our 16th President, Abraham Lincoln, was mortally wounded while attending the play - *Our American Cousin* - at Fords Theatre as the Civil War was drawing to a close. The assassination of Lincoln was the first of an American president and was carried out by the well-known stage actor John Wilkes Booth. The pursuit, capture, trial, and execution of the conspirators brings this fateful event of 1865 to a close. Join historical reenactor, lecturer, and tour guide Michael Jesberger as we revisit this fateful event in American history.

Open to the public. RSVP by Friday, March 1. Meets in the SRC Dining Room.



• April 1

- May 6
- June 3

Book Club Monday, March 4 at 2 PM

"The Language of Flowers" by Vanessa Diffenbaugh

"Dear Edward" by Ann Napolitano

"The Noel Letters" by Richard Paul Evans

Meets in the SRC Dining Room. Contact Jeanette for more information.

Brown Bag ART History: "Free at Last" Wednesday, March 6 at 12 Noon

Led by Pottstown Art Historian Martin Bradfield. For this 7th lecture, Martin has put together a fascinating presentation which covers philosophical as well as artistic interpretations of the "Nature of Freedom". He surveys and illuminates many famous images throughout the centuries, including sculptures by Michelangelo, the Statue of Liberty and many more.

In addition, Martin interweaves his personal history and credits August 28, 1963 as a seminal day, both in his own life and in the political tapestry of the United States-The anniversary of Dr. Martin Luther King Jr.'s, "I Have a Dream" speech. Martin was one of the 250,000 attendees who marched in Washington on that steamy summer day and he will offer images from that event, and also re-enact the famous speech to give it a current, timely and immediate impact.

To tie it all together is a "mystery" piece which was specially commissioned by Martin for this talk- a piece that asks as many questions as it answers-questions that define us and also the eras in which we live. Elements of Art History, Politics, Philosophy, Philology, and Personal History, all combined.

Bring your lunch and beverage. Open to the Public. RSVP by Tuesday, March 5. Meets in the SRC Dining Room.

Adopt a Grandparent Program – Introduction Week VOLUNTEERS NEEDED! SIGN UP TODAY!

Thursday, March 7 at 1 PM

Seeking residents who would like to participate in an onsite 10-week program with 5th grade students from nearby West Mont Christian Academy. The program is part of the service-learning program, which teaches children to serve others and to participate in learning activities outside the classroom.

If you decide you can commit to 10 weeks, you will be able to read bios of the children, and then choose your "grandchild". "Grandchildren" will meet you in the SRC Dining Room to interview you, working on improving their communication skills, and strengthening their public speaking skills in addition to trying new things and meeting new people. They will improve their writing skills by writing your biography, which will be bound and "published."

The program will culminate with students performing service projects on campus, followed by a presentation of the written biographies for all to enjoy.

Program Starts: Thursday, March 7 from 1 – 2 PM in the SRC Dining Room, and then March 14, 21, April 4, 11, 18, 26 (NOTE DATE CHANGE FOR APRIL 26), May 1* (*WEDNESDAY), May 9, 16.



Lunch Bunch Grace's Café

(130 W. Main St., Trappe)

Friday, March 8 at 12 Noon

If you are paying by cash at the restaurant, please bring smaller bills/change.

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up. The bus and carpool will leave Berean Bible Church Parking lot at 11:30 AM.

RSVP by Tuesday, March 5.

Peace Meditation with Reiki and Singing Bowls Sunday, March 10 at 3 PM

Peace meditation time with Reiki and singing bowls is open to Buchert Ridge residents and a friend or family member if you wish. Come a few minutes early to experience individual Reiki. You might want to bring a wrap or sweater and bottle of water. We will meet at the McMenamin Rec Center on Sunday, March 10 from 3 to 4 PM. **RSVP to Natalie** so that if a significant weather event causes cancellation, we can let you know.

Resident Meeting Tuesday, March 12 at 9:30 AM

The Resident meetings are typically held the 2nd Tuesday of each month in the McMenamin Rec Center. *Light Refreshments at 9:15 AM*

Supermarket BINGO! with Amity Place Wednesday, March 13 at 10:30 AM

Donna Uncapher from Amity Place will bring Supermarket BINGO to you every 2nd Wednesday of the month! We have extra bingo cards, so you can play several cards at once! Play a few games and try your luck while meeting new friends! **SEATING IS LIMITED – RSVP by Tuesday, March 12.** Meets in the SRC Dining Room.





American Red Cross Blood Drive Thursday, March 14 – 2 to 7 PM

Register online at www.RedCross.org

Held in the SRC Auditorium

Save the Date

Tuesday, May 14 – 2 to 7 PM

BINGO! with Home Instead Friday, March 15 at 1 PM

Keith and Tyler from Home Instead will bring BINGO to you every 3rd Friday of the month! We have extra bingo cards, so you can play several cards at once! Play a few games and try your luck while meeting new friends! **SEATING IS LIMITED – RSVP by Thursday, March 14.** Meets in the SRC Dining Room.



Crafting Techniques with Tracee Saturday, March 16 at 11 AM



National Craft Month was created to encourage people to explore their creative side, try something new, and share their crafty creations with others. Join SRC Staff Member Tracee on Saturday, March 16 from 11 AM to 2:30 PM in the SRC Dining Room. Tracee will provide supplies so bring yourself and a friend and learn a new craft. Please bring a snack to share with others. **Open to the Public. RSVP by Wednesday, March 13**. Meets in the SRC Dining Room.

ARP Smart Driver Classes
Tuesday, March 19 and Wednesday, March 20
See last page for complete details! Sign up today!



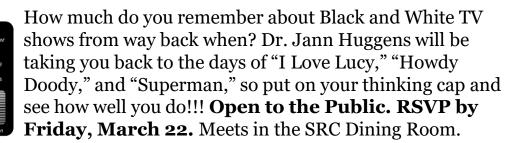
Solar Eclipse Program (Berks County Amateur Astronomical Society (BCAAS))

Monday, March 25 at 1 PM

A member of the BCAAS will be in the SRC dining room to present on an upcoming Solar Eclipse. Pennsylvania will experience a unique solar eclipse opportunity on Monday, April 8. Learn all about this celestial phenomenon and how you can safely view it! **Open to the Public. RSVP by Wednesday, March 20.** Meets in the SRC Dining Room.

Television Trivia with Dr. Jann Huggens Tuesday, March 26 at 10 AM

Rescheduled from January 30





4th Tuesday Fellowship Lunch Tuesday, March 26 at 12 Noon

This month's culinary adventure will be Irish food from Doc's Irish Pub or bring a brown bag and enjoy our fun-loving companionship in the McMenamin Rec Center. **Please turn in your selection and money to Natalie by Saturday, March 23**. We will have menus with inclusive pricing at the community meeting on March 12.

Irish Theme Entertainment with Glenn Miller Thursday, March

Join us for a Glenn Miller performance with an Irish theme on Thursday, March in the SRC Auditorium. Named after the famous big band leader, Glenn started performing at the age of 10. Career highlights include performing with Hawaiian music legend Don Ho and various events in San Diego and Europe.

As a vocalist, Glenn has the unique ability to sing harmony with himself. The sound is equivalent to a 14-piece band! His show features clean humor, which is original and many times unrehearsed and spontaneous!

After the performance, join us for **pizza in the 2nd Floor Club Room**. Sign up for pizza at the office no later than Tuesday, March.



Healthy Steps In Motion Friday, March 29 at 10 AM

Starting Friday, March 29 for 8 sessions. Last class is scheduled for Friday, May 17

Brought to you by Montgomery County Office of Senior Services. This is a fall prevention exercise program for adults 60 years of age and older. The program is taught by Certified Workshop Leaders and is designed for people of all fitness levels. Class starts with a warm-up, followed by strength and balance exercises and with a cool-down stretch. There are three levels of exercises, which enables participants to continue HSIM for as long as they like.

CLASS SIZE IS LIMITED! RSVP by Thursday, March 28.

Meets in the SRC Auditorium.



PA Natural Symbols presented by Jared Brandt with French Creek State Park Tuesday, April 2 at 10:30 AM

Do you know the symbols of Pennsylvania? State bird? State Fish? Whether you do or do not, come join us on a mini scavenger hunt to see if you can identify the symbols that make up the keystone state. **Open to the Public. RSVP by Friday, March 29.** Meets in the SRC Dining Room.

Brown Bag ART History: "Know Thyself" and "Born Again"

Wednesday, April 3 at 12 Noon

Led by Pottstown Art Historian Martin Bradfield. The 8th lecture is a two-part offering. The first features the great Dutch artist, Rembrandt. Although he left no written auto- biography, we feel that we know Rembrandt intimately because of the self portraits he left us. Self-portraits that are profound insights into the human character and existence. It is not surprising that Rembrandt is often considered the "Shakespeare" of painters. This first part examines some of his most famous self portraits and tells the biography and unflinching honesty that runs throughout his work.

The second part of the lecture deals with the eccentric Spanish "Mannerist" painter, El Greco.....(he was from Greece, yet lived in Spain, and called himself, "the Greek"). His "Burial of Count Orgaz" is a technically amazing and robust work with astonishing imagery and symbolism and comes with a "killer" punchline.

Bring your lunch and beverage. Open to the Public. RSVP by Tuesday, April 2. Meets in the SRC Dining Room.

Shredding Event at <u>BRC</u> Saturday, April 6 at 9–11 AM at Buchert Ridge

Have you found yourself reorganizing, decluttering, and wanting to get rid of personal information? BRC will be hosting a shred event from 9 AM to 11 AM.

Only approved paper-based materials and small fasteners (e.g., paper clips and staples) are permitted. The below are NOT permitted:

- 3-ring binders
- Hardcover books
- Newspapers & magazines
- Plastic objects
- Metal objects
- Electronic media
- Toxic, dangerous or regulated materials





Call Carrol if interested in attending and carpooling.

A Save the date! Bingo Night with the cast of Nunsense Amen at Steel River! April 18th! More



Light Refreshments

2nd Tuesday at 9:15 AM (Natalie)

Fellowship Lunch

4th Tuesday at 12 Noon (Natalie)

Circle of Support

 1^{st} & 3^{rd} Thursdays at 11 AM



ExercisingOn Winter Break

Hoagie/Sandwich Night

1st Wednesday at 5 PM Hoagies are pre-ordered and delivered. (Jeannette)

Mexican Train Dominoes

Tuesdays at 2 PM (Donna)





Men's Breakfast Club

3rd Wednesday at 8 AM (Wayne)















Words on Wheels Book Mobile

2nd & 4th Monday at 10 AM



Supermarket Bingo w/Amity Place 2nd Wednesday – 10:30 AM Bingo w/Home Instead 3rd Friday - 1 PM SRC Dining Room





Vietnam Veterans

1st Tuesday at 7 PM SRC Dining Room

American Legion

4th Thursday at 7 PM SRC Dining Room



Yoga – SRC Auditorium

Tuesdays – Chair Yoga – 3:30 PM Wednesdays – Floor Yoga - 9:30 AM

Book Club

1st Monday at 2 PM SRC Dining Room

Bible Study

2nd Monday at 2 PM SRC Dining Room



Pinochle

Thursdays at 2 PM – SRC Dining Room

Pickleball

On Winter Hiatus

Bus Trips

LEGEND FOR AMOUNT OF WALKING

Little Walking

77

Plenty of Walking

- Sign up with the Office
- · RSVP by deadline
- · Limited seating
- At least 10 participants needed for SRC Bus trip
- Payment is due at time of sign up and is by Check Only (Payable to SRC)

Tuesday - March 19 - The National Iron & Steel Heritage Museum

Come along to the National Iron & Steel Heritage Museum in Coatesville. Their mission is to collect, preserve, exhibit, interpret and educate the public on our nation's iron and steel heritage. They do this by sharing the story of Coatesville steel making, and connecting that story to American history, heritage, and industrial progress. Our tour will provide insight into the people, process, and product of the Coatesville steel making plant.

Lunch at your own expense at Harry's the Neighborhood Place.

RSVP to the Office by Tuesday, March 12

LEAVE BEREAN PARKING LOT: 9:00 AM Cost: \$22.00













New Hanover AARP Trips

Checks Payable to:

"New Hanover AARP"

Details posted on the Library Bulletin Board.

RSVP to Carol

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Wednesday - May 15 - Magic & Wonder Theatre

"Juke Box Jive"

The day will begin at Kitchen Kettle Village where you will have free time to shop and brose. Next sit back and be entertained by a new music variety show ...

RSVP to Carol by Friday, March 15

LEAVE BEREAN BIBLE CHURCH: 9:00 AM Cost: \$120.00

Details posted on the Library Bulletin Board

Thursday, June 13 – Doolans Shore Club in Spring Lake, NJ "Country Hall of Famers" Tuesday, July 16 – The River Queen

Wednesday, August 14 - Bucks County Playhouse "Grease"



SMART DRIVER COURSE

(The complete course is two 4-hour sessions)

Tuesday, March 19 – 1 to 5 PM Wednesday, March 20 – 1 to 5 PM

SEATING LIMITED
RSVP TO THE OFFICE BY TUESDAY, MARCH 12

\$20 for AARP Members; \$25 for Non-AARP Members

AARP membership is NOT required. All drivers are welcome. (Payable by check or money order to AARP Smart Driver Course.)

The course is based on the latest driver safety research and insights. Take the course to learn evidence-based safe driving strategies and refresh your knowledge of the latest rules and hazards of the road. After course completion, you may be eligible for a multi-year auto insurance discount (check with your insurance company).

The AARP Smart Driver Course will:

- Refresh your driving skills
- Teach you the new rules of the road
- Discuss techniques for handling left turns, right-of-way, and roundabouts
- Explain research-based strategies to help keep you & your loved ones safe behind the wheel

Plus, there are no tests to pass.

Smart DriverTEK Class

Wednesday, March 20 10 to 11:30 AM

You're in the driver's seat! Learn about the latest technical features in a car.



AARP membership is NOT required.
All drivers are welcome.

SEATING LIMITED RSVP TO THE OFFICE BY TUESDAY, MARCH 12

The AARP Smart DriverTEK Class is an educational program explaining updated technology available to drivers which can enhance driving safety and extend safe driving years. All drivers can attend! This is a stand-alone workshop; you do not need to be attending the AARP Smart Driver Course. AARP membership is not necessary, and the workshop is free. As a result of the program, drivers:

- Become more up to date on available safety technologies in cars
 (e.g., Smart headlights, Adaptive Cruise Control, Blind spot Warnings, and six others)
- Recognize how technologies might enhance driving safety and extend safe driving years
- Improve your understanding of the benefits of safety technologies
- Learn how to properly use vehicle safety technologies