

**SRC LOCATIONS:**

**Auditorium:** Chair & Floor Yoga  
**Dining Room:** Book Club, Pinochle, American Legion,  
Needlecrafters, Vietnam Veterans  
**Sewing Room:** Always Open!  
**Presentations/Seminars typically held in Dining Room**



**McMenamin Rec Center:** *Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Bananagrams, Fellowship Lunch, Circle of Support, Peace Meditation, Reiki*  
*Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.*

**September 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
	Exercise 10 AM Landis Farm Stand 9 AM Book Club 2 PM  <b>OFFICES CLOSED</b>	Chair Yoga 3:30 PM Vietnam Veterans 7 PM  <b>TRASH PICKUP</b>	Exercise 10 AM Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Pickleball 5:30 PM <b>Mister Softee 2 PM</b>	Circle of Support – 11 AM Dominoes 2 PM Pinochle 2 PM	Exercise 10 AM Bananagrams 2 PM Pickleball 9 AM Joy of Yoga 10:30 AM	<b>SHRED EVENT &amp; DRUG TAKE BACK 9 TO 11 AM</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	Exercise 10 AM Landis Farm Stand 9 AM Bookmobile 10 AM Bible Study 2 PM	Light Refreshments 9:15 AM Resident Meeting 9:30 AM <b>CANCELLED: Chair Yoga</b>  <b>Walk With Ease 1 PM</b>	Exercise 10 AM Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5:30 PM <b>Supermarket BINGO 10:30 AM</b>	Dominoes 2 PM Pinochle 2 PM	Exercise 10 AM Bananagrams 2 PM Pickleball 9 AM Lunch Bunch – Spring Hollow Golf Club 12 Noon	
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
	Exercise 10 AM Landis Farm Stand 9 AM  <b>Blood Drive 2-7 PM</b>	Chair Yoga 3:30 PM	Men’s Breakfast 8 AM Exercise 10 AM Floor Yoga 9:30 AM Pickleball 5:30 PM <b>Smart Driver 1 PM</b> <b>Mister Softee 2 PM</b>	Dominoes 2 PM Pinochle 2 PM  <b>Smart DriverTEK 10 AM</b> <b>Smart Driver 1 PM</b>	Exercise 10 AM Bananagrams 2 PM Pickleball 9 AM Joy of Yoga 10:30 AM	<b>Brown Bag History 12 Noon</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Peace Meditation w/Reiki 2 PM	Exercise 10 AM Landis Farm Stand 9 AM Bookmobile 10 AM	Fellowship Lunch 12 Noon Chair Yoga 3:30 PM  <b>Brown Bag: “Stories Behind the Words” 12 Noon</b>	Exercise 10 AM Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5:30 PM	Dominoes 2 PM Pinochle 2 PM American Legion 7 PM	Exercise 10 AM Bananagrams 2 PM Pickleball 9 AM <b>Entertainment: Ralph Noll 4 PM</b> <i>Pizza (Reservation Only) After</i>	<b>BRC YARD SALE</b>
<b>29</b>	<b>30</b>	<b>BUS TRIPS:</b> Thursday – September 26 – Eatin Amish Home & Bielers (Amish “Walmart”) <i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details</i>				
	Exercise 10 AM Landis Farm Stand 9 AM					