

From the Entire Staff Here at Buchert Ridge Community



Have a Wonderful Holiday Season!



Holiday Closings & Trash Schedule

A reminder that the Offices will be closed for:

- Christmas Monday, December 26
- New Years Monday, January 2

Christmas Week Schedule:

 Trash AND Recyclables will only be collected <u>once</u> for that week on <u>WEDNESDAY, DECEMBER 28</u>.

New Year's Week Schedule:

- <u>Trash only</u> will be collected on <u>Tuesday, January 3.</u>
- Trash AND Recyclables will collected as normal on Thursday, January 5.

If you must dispose of trash before the scheduled pick-up, you may use the dumpster near the McMenamin Rec Center.

Seasonal Maintenance Items

Salt Bags – Salt bags will be delivered to your home. If you run out of salt, you may refill it from the bins at the mailboxes.

Mechanical Rooms - Please be sure that your mechanical room door is closed tightly at all times to prevent any pipes from freezing during the winter months. It is important that nothing is placed on top of the heater or water heater.

Lawn/Garden Décor - Please remember to remove all outside flower pots, chairs, solar lights, flag holders, etc. from edges of sidewalks and driveways to prevent damage during snow removal.

Windows - Maintenance calls have been received regarding residents feeling drafts in their homes. Check your windows to make sure they're latched securely.

Outdoor Holiday Lights - The decorated trees and shrubs around the community are on a timer and will turn on and off automatically.

Outdoor Seating Areas

All remaining chairs and benches (including at mailbox areas) will be removed for the winter season. Removal of these items is necessary to avoid damage during the winter.

SNOW? Yes! It's That Time of Year Again

The basics of the Snow/Ice policy are as follows:

- If snow is predicted and you MUST get out on that day, please call by 3 PM at least a day BEFORE the snow arrives to let us know the time you need to leave. The earlier the office knows, the easier it is to coordinate with the snow removal staff.
- You must sign a waiver in the Office giving us permission to move and clean your car.
- A set of your car keys will be kept locked in the office for the snow staff to move your car for plowing.
- It is NOT mandatory to participate with this snow policy.
- If you do not participate, please be aware that your car will NOT be moved or cleaned off, and YOU will be responsible for moving your car temporarily to a designated parking area.
- If you do not move your car, you will be responsible for clearing the snow around your car.
- The snow removal staff will not scrape ice from residents' vehicles.
- If you have a true emergency, call the On-Call number at 610-326-4043 or push the button on your On-Call box. Do not leave a message at the office after hours and on weekends.
- If your car has already been moved to the snow parking area and you need to use it, please let the office know and your car will be put back in your assigned parking spot.
- If trash/recycle day falls on a snow event day, please know that trash/recycle pick-up may be delayed or even canceled.

Snow removal is typically <u>completed</u> within 24 hours once the snow event has stopped. If possible, we will allow nature to work in our favor to melt the majority of the elements, saving time and resources.

Yard Clippings – Monday Pickups

We will be collecting yard clippings on Mondays during the trash pickup. Please put the clippings out with your regular trash. Do not place the clippings in bags. While your trash may have been picked up and the clippings left behind, we will be through again just to collect the yard clippings. For special cases, call the office to be put on the schedule to have them removed.

Dishwasher Detergent

It has been recommended that dishwasher users should not use liquid or powdered soaps in their dishwashers as they do not dissolve properly. Dishwasher detergent packets should be used instead. It is also recommended running a cup of vinegar every six months to clean out any buildup of detergents or minerals. The cup of vinegar should be placed on your top dish rack. These simple steps will ensure that your dishwasher will work at its peak performance for many years.



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Carbon Monoxide Detectors

All homes are equipped with a carbon monoxide detector. It is important to know that the device will beep ONCE if the electric goes out. There are different types of devices. One device will signal a detection of carbon monoxide by beeping 4 times, then a pause followed by 4 additional beeps. It will repeat this 4 beep signal to alert occupants of the detection. The other device will beep in addition to verbally alerting you of carbon monoxide detection. If this 4 beep alert/verbal alert occurs in your home, please leave your home immediately. Have a neighbor call the office or emergency on-call person right away.

Recycle Reminders

Plastic bags are not accepted as part of recycling. If you want to use a bag for your recycling, paper bags are acceptable. If you are disposing boxes, please break them down to the best of your ability. Please see your Resident Handbook or stop by the office for a complete list of approved items.

Home Safety

The holidays are a popular time to light candles. Be especially mindful to never leave your home for any duration of time with a lit candle. Please use this same consideration when cooking on your stove or in your oven. When leaving a home under these conditions for even a very short time, you run the risk of becoming distracted or maybe even locked out of your home. Blow out all candles and turn off all cooking appliances before leaving your home for any reason. Keep in mind that soot from candles can blacken the walls and ceilings.

Mechanical rooms are to be free of combustible materials and not used as a storage area. If you have combustibles in your mechanical room and need assistance in their removal, please call the Office. It is important that nothing is placed on top of the heater or water heater.

McMenamin Rec Center Bulletin Boards

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Have you seen the Resident bulletin board in the hallway of the McMenamin Rec Center? This bulletin board is typically full of announcements from residents!

If you have something you would like to let other residents know about or have items to sell or give away, you may post on the hallway board. Please remember to remove your announcement when the appropriate time has passed.

The large bulletin board in the main area of the Rec Center is for staff postings only. Please refrain from posting your personal items on this board. Check this board for announcements and upcoming events.

There are also bulletin boards in the salon area and near the computer in the SRC Community Center.

BEWARE! Don't be fooled by Scammers!

Recently, a team of solicitors went through the community presenting themselves as PECO employees. These people were not from PECO but rather from an alternate energy company. They took many residents by surprise and coerced them into showing them their PECO bills. Even though no paperwork was signed by residents, many found in the following days that their service had been switched from PECO to this alternate company. The office and many residents called the police to report this suspicious behavior and the unwelcome visitors to the community were instructed to leave the property.

Take action!

We are reminding all residents that ours is a **NO SOLICITING** community. If someone knocks on your door trying to sell you something or representing a company or even a politician, please do not let them into your home. Call the police and report the person immediately. You may also call the office to let us know about the incident after you call the police.

If you unwittingly allowed the recent group of solicitors to view your PECO bill, it is possible you were signed up without your knowledge for an alternate electric or gas provider. Residents are encouraged to call PECO to check on the status of their account and ask them to not allow their service to be changed without their express permission.

General Information:

- Anyone soliciting in the township must obtain a permit from the Township.
- Every member of the group must have a copy of the permit along with photo identification.
- No Soliciting communities are listed on the permit (this includes SRC & BRC).
- SRC/BRC has NO SOLICITING signs posted at all the entrances to the community.

Shared Spaces

As sales have picked up more and more, you have likely noticed many new people touring the community. We receive excellent feedback on a regular basis from visitors to the community about the beauty of the campus and the friendliness of the residents.

Please remember to keep all common areas free of personal items including items for decoration or items to give away. The staff decorates common areas for the holidays and seasons. Residents are free to decorate their personal spaces and may post items for sale/free on the Resident Bulletin Boards. Thank you for helping to make SRC/BRC such a special, welcoming place!



Veterans' Wall of Honor Dedication

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On November 2nd, our veterans and/or their spouses gathered together in the SRC dining room for the dedication of our veteran displays. The veterans and their spouses were honored during a very special pinning ceremony conducted by Patient Care Hospice in conjunction with We Honor Veterans, a group dedicated to honoring veterans for their service to our country.

We invite you to take a few minutes to view the Veterans' Wall of Honor in the McMenamin Rec Center.

We are grateful to all of our veterans. Thank you for your service!

Resident & Guest Parking

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Residents are asked to park in the numbered parking spaces corresponding to their own home. In addition, please have your guests park in the unnumbered spots around them. Thank you.



For the past several years BRC neighbors have contributed food throughout the year. During the holidays we gather toys for children whose families utilize the food pantry. We will be collecting toys and donations until December 9th. If you would like to contribute gifts for children from toddlers to teens please call Carrol or Bill. You can contribute a toy or a cash donation to purchase toys.

We are happy to pick up from your home or you can leave toys in the McMenamin Rec Center by the donation box. Toys should be new and left unwrapped.

The items we collected last year made Christmas Morning special for many children. You are ANGELS.

During the Thanksgiving, Christmas, and Easter holidays, the Daily Bread Community Food Pantry collects special holiday meals for program participants. Inside each holiday "basket" is the fixings for a complete meal, including a main dish, side dishes, and dessert.

In addition to the holiday baskets, the food pantry offers donated toys and the opportunity for pantry participants to "shop" for their loved ones. Dark colored trash bags are provided so that children visiting the food pantry with their parents do not see the gifts being selected for them. Food pantry volunteers care for participants' children during this time.

Small gifts are available for adults, as well. Each year, the gifts are different based on what is donated. Most often, there has often been a display of warm hats, gloves, and scarves. Sometimes there are new shoes or winter coats donated by a local store.

ANNOUNCEMENTS



Happy Birthday!

- 4 Rick
- 5 Phyllis
- 24 Carlos
- 26 Kit
- 31 Jim



Happy Anniversary!

16 - Doug & Judy



Fun Facts

- One of 7 months with the length of 31 days.
- Starts on the same day of the week as September & ends on the same day as April.
- The shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere.
- December 4 International Free Hugs Day. Hugs are meant to be random act of kindness, a selfless act performed just to make others feel better. wonderlist.com



SRC Resident Christmas Luncheon

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- For those of you that have signed up, the Luncheon will be on Friday, December 2 at 11:30 AM at Berean Bible Church.
- The doors will open at 10:30 AM <u>Enter through the front door.</u>
- Please sign in by 11:15 AM at the latest, so the meal can begin promptly at 11:30 AM.
- Remember to bring your ticket to be eligible to win a door prize.
- Helpers will be available if you are on a cane, walker or in a wheelchair and you require assistance through the buffet line.
- If you need a ride, the bus will be available.
- If you are sick that day, call the SRC office to have your meal boxed and delivered to you or placed in the refrigerator in Carol's Café as you prefer.
- Please remember to wear your nametags.

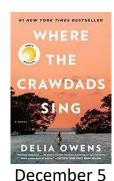




Lunch Bunch Cancelled for December due to Resident Christmas Luncheon being on the same day

Would you like to be the one to pick the restaurant? We are looking for someone to help plan the Lunch Bunch going forward. Contact Kathy.

Book Club Monday, December 5 at 2 PM



Book Club is the 1st Monday of each month in the SRC Dining Room. <u>Where the Crawdads Sing</u> by Delia Owens will be discussed at the December meeting. January's book will be <u>My Beloved World</u> by Sonia Sotomayor.



January 2

Contact Jeanette for more information.

Vaccination Clinic

Tuesday, December 6 at 12 PM – 4 PM

All residents who signed up for a vaccine have received a Vaccine Confirmation in their mail slots. We had a few residents who filled out a flu form but wanted a COVID booster. In this case, a COVID booster form has been placed in your mail slot for you to return. If you submitted a vaccine consent form, and did not receive a confirmation, please call Lara in the Sales Office. Residents with confirmed registrations should stop in on Tuesday, December 6 to the SRC Dining Room anytime between 12 PM – 4 PM for your vaccine(s). We will have your consent form ready for you at the Clinic. If you are receiving the COVID Booster, please bring your COVID Vaccination Card. If you are receiving the Shingles vaccine, please bring your Medicare and Insurance Cards.



Photos with Santa at <u>BRC</u> Thursday, December 8 from 3-6 PM

You are invited to *Photos with Santa* on Thursday, December 8 from 3 PM to 6 PM in the <u>McMenamin Rec Center at BRC</u>. Please schedule your photo appointment by calling Bill.

By the way, the Santa at BRC is PET FRIENDLY, so bring them too! There is no cost for the photos; however, a donation to the Food Pantry is requested.

SRC Singers Holiday Concert Sunday, December 11 at 3 PM Reception in the dining room following the concert.

Bible Study Monday, December 12 at 2 PM

Bible Study will be held in the SRC Dining Room on Monday, December 12 at 2 PM. The study will be headed up by Franklin Iyasere, lead pastor at Providence Church of the Brethren in Royersford.

Resident Meeting with Staff Tuesday, December 13 at 10 AM

The Resident meetings are typically held the 2nd Tuesday of each month in the McMenamin Rec Center.



Cookie Exchange

Watch the US Mailboxes for the date and time

There will be a cookie exchange in the McMenamin Rec Center. Residents are required to bring one kind of cookie. You will need a container to collect the various cookies. Please sign up the kind of cookie you will be bringing. Only one variety of cookie will be allowed to be brought. For more information, contact Carrol.



Breakfast Bar Tuesday, December 13 at 9:15 AM

Tuesday, December 13 at 9:15 AM, enjoy breakfast with your neighbors in the McMenamin Rec Center. Breakfast bar is typically held the 2nd and 4th Tuesday of each month at 9:15 AM. Light fare will include bagels, muffins, EGGO waffles, juice, coffee and fruit.

The cost for Breakfast Bar is \$3

Please RSVP to Rozanne by the Friday before each scheduled Tuesday.

Girls' Night Out +1 Thursday, December 15 at 6 PM

Join us to mingle and jingle and make new friends! For those interested, you may wear your Ugliest Holiday Sweater. (Participation in the ugly sweater contest is optional). Remember to wear your nametag, bring a snack to share, and help us celebrate the last Girls' Night Out of 2022! Outside girlfriends, neighbors, sisters, moms, cousins invited! Held in the Dining Room. **RSVP by Wednesday, December 14.**

Bingo-CIZE Exercise Class Monday, January 9 & Tuesday, January 10 at 11 AM

Bingo-CIZE is a new 10-week exercise class meeting Mondays and Tuesdays from January 9 thru March 14. Offered by Montgomery County Office of Senior Services, the organization who brought us Tai Chi, Healthy Steps, and Matter of Balance, Bingo-CIZE is a fun class which combines health education, a bingo-like game, and exercise. Just what you need for those dull winter months! Held in the Club Room. Class size is limited. **RSVP by Wednesday, January 4.**

MEDICAL ALERT Button Presentation At SRC Wednesday, January 11 at 5 PM OR

At BRC on Thursday, January 12 at 11 AM (Limited seating)

Are you interested in a MEDICAL emergency button in your home or a necklace/watch you can wear anywhere you go? Vital Link, a local family-owned company which manufactures 4 different medical emergency options that you can push if you slip, fall, or are have any type of medical emergency. Vital Link will present these options onsite so we can see the devices and ask questions. Two presentations will be held; please attend whichever presentation works best for you.

We have negotiated discounted pricing for SRC/BRC residents. The flyer and brochure (placed in your mailbox) from Vital Link include additional information and frequently asked questions.

Feel free to visit the website at www.AVitalLink.com, or to reach out with questions via 1-800-338-4825 prior to the presentations.

Be sure to mention you are from SRC/BRC.

Should the need arise, snow dates are Wednesday, January 18 at 5 PM held at SRC and Thursday, January 19 at 11 AM held at BRC (limited seating)

Open to the public; however, discounted pricing is available for residents only.

RSVP to the office by Monday, January 9, being sure to specify which date/location you'd like to attend.

Save the Dates

2023 American Red Cross Blood Drives

All drives will be on Mondays from 2-7 pm in the Auditorium. Register online beginning in December at <u>www.redcrossblood.com</u>.

- January 16
- April 17
- July 17
- October 16





Exercising Monday, Wednesday, Friday at 9 AM *(JoAnne)*

Mexican Train Dominoes Tuesdays at 2 PM

(Donna)



Hoagie/Sandwich Night

1st Wednesday at 5 PM Hoagies are pre-ordered and delivered. *(Jeannette)*

Breakfast Bar

2nd & 4th Tuesday at 9:15 AM (Rozanne)



Men's Breakfast Club

4th Wednesday at 8 AM (Wayne)















Vietnam Veterans

1st Tuesday at 7 PM SRC Dining Room *Words on Wheels* 2nd Monday – December 12 at 10 AM

American Legion



4th Thursday at 7 PM SRC Dining Room



TUESDAY – CHAIR YOGA - 3:30 PM WEDNESDAY – FLOOR YOGA - 9:30 AM

Hooks and Needles 1st Tuesday at 2 PM – SRC Game Room



Bible Study

2nd Monday at 2 PM – SRC Dining Room



Pinochle

Thursdays at 2 PM – SRC Dining Room

Bus Trips

		Sign up with the Office
LEGEND FOR AMOUNT OF WALKING		RSVP by deadline
) Little Walking	Plenty of Walking	Limited seating
		Check Only (Payable to SRC)

Wednesday – December 7 – "Winter Wonderland" Glick's Annual Poinsettia Show Featuring 15,000 poinsettias; Christmas displays, Live music, Complimentary treats; Wreath 33 competition (including SRC residents). **RSVP** to the Office – Monday, December 5 LEAVE BEREAN PARKING LOT: 1:00 PM Cost: \$5.00

Local Christmas Light Tour

Tuesday – December 13 Wednesday – December 14 SEATS AVAILABLE FOR **BOTH NIGHTS**

Take a scenic drive through the local area and enjoy the Christmas lights and decorations.

Warm up after the tour in Carol's Café with some hot chocolate.

Please indicate which day you prefer when you

RSVP to the Office by Friday, December 9

LEAVE BEREAN PARKING LOT: 6:00 PM

Cost: \$5.00

Tuesday – January 10 – Shady Maple, Grocery Store & Goods 22

(Snow date Wednesday, January 25)

Discover the experience of dining at Lancaster County's largest smorgasbord featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple some of Lancaster County's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. <u>Lunch at your own expense</u>.

RSVP to the Office by Friday, January 6.

LEAVE BEREAN PARKING LOT: 10:00 AM

Cost: \$6.00

Upcoming Trips

February – Neag Planetarium – Reading, PA

