

SRC LOCATIONS:

Auditorium: Chair & Floor Yoga
Dining Room: Book Club, Pinochle
Game Room: Hooks & Needles
Sewing Room: Sewing Club



McMenamin Rec Center: Exercise, Dominoes, Breakfast Bar, Hoagie/Sandwich Night
 Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Dominoes 2 PM Chair Yoga 3:30 PM Hooks & Needles 2 PM	2 Exercise 9 AM Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM	3 Pinochle 2 PM	4 Exercise 9 AM Sewing 9:30 AM	5
6	7 Exercise 9 AM	8 Breakfast Bar 9:15 AM Dominoes 2 PM Chair Yoga 3:30 PM	9 Exercise 9 AM Floor Yoga 9:30 AM	10 Pinochle 2 PM	11 Exercise 9 AM Lunch Bunch – Yellow House 12:20 PM	12
13	14 Exercise 9 AM WOW Bookmobile 10 AM	15 Dominoes 2 PM Chair Yoga 3:30 PM	16 Exercise 9 AM Floor Yoga 9:30 AM	17 Pinochle 2 PM	18 Exercise 9 AM Sewing 9:30 AM	19
20	21 Exercise 9 AM	22 Breakfast Bar 9:15 AM Dominoes 2 PM Chair Yoga 3:30 PM	23 Men’s Breakfast 8 AM Exercise 9 AM Floor Yoga 9:30 AM	24 Pinochle 2 PM	25 Exercise 9 AM	26
27	28 Exercise 9 AM	BUS TRIPS: February 3 General Carl Spatz National USAAF Museum February 17 Hobby Lobby & Christmas Tree Shop				