

SRC LOCATIONS:

Auditorium: Chair & Floor Yoga
Dining Room: Book Club, Pinochle, American Legion, Vietnam Veterans
Game Room: Hooks & Needles
Sewing Room: Sewing Club



McMenamin Rec Center: Exercise, Dominoes, Breakfast Bar, Hoagie/Sandwich Night
 Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BUS TRIPS: All SRC Bus Trips depart from the back part of Berean Bible Church Parking Lot Friday – July 29 – American Treasures <i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details</i>					1	2
	OFFICES CLOSED Exercise 9 AM Farm Stand 8:30 AM Court N Pavilion Ice Cream & Cup Cakes 3 PM	Dominoes 2 PM Hooks & Needles 2 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM Veterans Brotherhood 11 AM TRASH PICKUP	Hoagie/Sandwich 5 PM Exercise 9 AM Floor Yoga 9:30 AM	Pinochle 2 PM	Exercise 9 AM Pickleball 9 AM Lunch Bunch – Golden Oaks 12 Noon	
3	4	5	6	7	8	9
Flamin' Dick & The Hot Rods	Exercise 9 AM Farm Stand 8:30 AM WOW Bookmobile 10 AM Book Club 2 PM Bible Study 2 PM Tai Chi for Arthritis 1 PM	Dominoes 2 PM Chair Yoga 3:30 PM	Exercise 9 AM Floor Yoga 9:30 AM Home Health Services 2 PM The Nightbirds Calling Band 4 PM	Pinochle 2 PM	Exercise 9 AM Pickleball 9 AM Sewing 9:30 AM	10
10	11	12	13	14	15	16
Bill Koss Combo	Exercise 9 AM Farm Stand 8:30 AM	Dominoes 2 PM Chair Yoga 3:30 PM Making Your Money Last 10 AM	Exercise 9 AM Floor Yoga 9:30 AM Mister Softee 2 PM	Pinochle 2 PM	Exercise 9 AM Pickleball 9 AM	17
17	18	19	20	21	22	23
Stephanie Grace	Exercise 9 AM Farm Stand 8:30 AM	Dominoes 2 PM Chair Yoga 3:30 PM	Exercise 9 AM Floor Yoga 9:30 AM TransNet to TRAAC 9:30 AM	Pinochle 2 PM American Legion 7 PM	Exercise 9 AM Pickleball 9 AM	24
24	25	26	27	28	29	30
Carnaby Street	Summer Concerts on Sunday Night begin at 6 PM at the Sanatoga Lake Bandshell					31