

SRC LOCATIONS:

Auditorium: Chair & Floor Yoga
Dining Room: Book Club, Pinochle, American Legion, Vietnam Veterans
Game Room: Hooks & Needles
Sewing Room: Stitches & Seams



McMenamin Rec Center: Exercise, Dominoes, Breakfast Bar, Hoagie/Sandwich Night
 Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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BUS TRIPS:

Tuesday, October 18 Peddler's Village with Scarecrows

Pumpkin Contest Dropoff - October 10 to 16; Voting October 17 to 21

2	3 Exercise 9 AM Book Club 2 PM	4 Dominoes 2 PM Hooks & Needles 2 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM	5 Exercise 9 AM Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Pickleball 5 PM Pilot Club 2 PM	6 Pinochle 2 PM SRC Singers 3:30 PM	7 Exercise 9 AM Pickleball 9 AM	8
9	10 Exercise 9 AM WOW Bookmobile 10 AM Bible Study 2 PM	11 Breakfast Bar 9:15 AM Resident Meeting 10 AM Dominoes 2 PM Chair Yoga 3:30 PM Personal Journey Through Deafness 6 PM	12 Exercise 9 AM Floor Yoga 9:30 AM Pickleball 5 PM	13 Pinochle 2 PM SRC Singers 3:30 PM	14 Exercise 9 AM Pickleball 9 AM Lunch Bunch-Longhorn Steakhouse 11:30 AM	15
16 Peace Meditation Time 3 PM	17 Exercise 9 AM	18 Dominoes 2 PM Chair Yoga 3:30 PM Senior Helpers 11 AM Legend of Sleepy Hollow 7 PM	19 Exercise 9 AM Floor Yoga 9:30 AM Pickleball 5 PM	20 Pinochle 2 PM SRC Singers 3:30 PM	21 Exercise 9 AM Pickleball 9 AM	22
23	24 Exercise 9 AM AARP Smart DriverTEK 10 AM AARP Smart Driver 1 PM	25 Breakfast Bar 9:15 AM Dominoes 2 PM Chair Yoga 3:30 PM AARP Smart Driver 1 PM	26 Men's Breakfast 8 AM Exercise 9 AM Floor Yoga 9:30 AM Pickleball 5 PM	27 Pinochle 2 PM SRC Singers 3:30 PM American Legion 7 PM Getting Through the Holidays 11 AM (AT BRC)	28 Exercise 9 AM Pickleball 9 AM Maria Damore 4 PM	29
30	31 Exercise 9 AM	Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details				