



February 2025 BRC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	Exercise 10AM Book Club 2PM	Mahjong 1PM Chair Yoga 3:30PM Vietnam Veterans 7PM	Floor Yoga 9:30AM Exercise 10AM Ladies Bible Study 3PM	Circle of Support 11AM Brown Bag History 12PM Pinochle 2PM Dominoes 2PM	Exercise 10AM Games 2PM	
9	10	11	12	13	14	15
	Exercise 10AM WOW Bookmobile 10AM Bible Study 2PM	Breakfast 9AM Resident Committee 9:30AM Mahjong 1PM Chair Yoga 3:30PM	Floor Yoga 9:30AM Exercise 10AM Needlecrafters 3PM	Pinochle 2PM Dominoes 2PM	Exercise 10AM Lunch Bunch 11:45AM Games 2PM	
16	17	18	19	20	21	22
	Exercise 10AM	Mahjong 1PM Chair Yoga 3:30PM	Floor Yoga 9:30AM Exercise 10AM Ladies Bible Study 3PM	Pinochle 2PM Dominoes 2PM	Exercise 10AM Games 2PM	
23	24	25	26	27	28	
Peace Meditation 2PM	Exercise 10AM	Community Lunch 12PM Mahjong 1PM Chair Yoga 3:30PM	Floor Yoga 9:30AM Exercise 10AM Needlecrafters 3PM	Pinochle 2PM Dominoes 2PM American Legion 7PM	Exercise 10AM Games 2PM	

BUS TRIPS:

Tuesday, February 18, Shady Maple and Good's Store
 Tuesday, February 25 – Valley Forge Casinos
 Tuesday, March 11 – Thrift Shopping

McMenamin Rec Center:

Exercise, Dominoes, Light Refreshments, Bananagrams, Fellowship Lunch, Circle of Support, Peace Meditation, Reiki

SRC LOCATIONS: Dining Room: Presentations & Seminars, Book Club, Needlecrafters, Coffee Hour, Pinochle, Vietnam Veterans, American Legion, Bingo, Mahjong, **Club Room:** Dominoes, Wii Bowling
Auditorium: Yoga, Resident Committee, Entertainment

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.