


<b>SRC LOCATIONS:</b> <b>Auditorium:</b> Chair & Floor Yoga <b>Dining Room:</b> Book Club, Pinochle, American Legion, Needlecrafters, Vietnam Veterans, Mahjong <b>Sewing Room:</b> Always Open! <b>Presentations/Seminars typically held in Dining Room</b>		<div><div></div><div><b><u>McMenamin Rec Center: Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Bananagrams, Fellowship Lunch, Circle of Support, Peace Meditation, Reiki</u></b> <i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.</i></div></div> <div>October 2024</div>				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details</div>		<div>1</div> <div>Chair Yoga 3:30 PM Vietnam Veterans 7 PM</div>	<div>2</div> <div>Exercise 9 AM Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Pickleball 5 PM</div>	<div>3</div> <div>Circle of Support – 11 AM Dominoes 2 PM Pinochle 2 PM Brown Bag History 12 Noon</div>	<div>4</div> <div>Exercise 9 AM Bananagrams 2 PM Pickleball 9 AM Joy of Yoga 10:30 AM</div>	<div>5</div>
		<div>6</div>	<div>7</div> <div>Exercise 9 AM Book Club 2 PM</div>	<div>8</div> <div>Light Refreshments 9:15 AM Resident Meeting 9:30 AM Chair Yoga 3:30 PM  Patina Primary Care 2 PM</div>	<div>9</div> <div>Exercise 9 AM Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5 PM  Amity Place Bingo 10:30 AM</div>	<div>10</div> <div>Dominoes 2 PM Pinochle 2 PM</div>
<div>13</div>	<div>14</div> <div>Exercise 9 AM WOW Bookmobile 10 AM Bible Study 2 PM  Pumpkin contest</div>	<div>15</div> <div>Chair Yoga 3:30 PM Mahjong 1 PM  Behind the Words 12 Noon Pumpkin contest</div>	<div>16</div> <div>Men’s Breakfast 8 AM Exercise 9 AM Floor Yoga 9:30 AM Pickleball 5 PM  Pumpkin contest</div>	<div>17</div> <div>Dominoes 2 PM Pinochle 2 PM  Pumpkin contest</div>	<div>18</div> <div>Exercise 9 AM Bananagrams 2 PM Pickleball 9 AM Joy of Yoga 10:30 AM  Pumpkin contest</div>	<div>19</div> <div>Soul Joel’s Comedy 7 PM  Pumpkin contest</div>
<div>20</div>	<div>21</div> <div>Exercise 9 AM  Pumpkin contest</div>	<div>22</div> <div>Fellowship Lunch 12 Noon Chair Yoga 3:30 PM Mahjong 1 PM  Pumpkin contest</div>	<div>23</div> <div>Exercise 9 AM Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5 PM  Pumpkin contest</div>	<div>24</div> <div>Dominoes 2 PM Pinochle 2 PM American Legion 7 PM  Pumpkin contest</div>	<div>25</div> <div>Exercise 9 AM Bananagrams 2 PM Pickleball 9 AM Halloween Party 4 PM Entertainment at SRC: The Bee's Knees 4 PM Pumpkin contest</div>	<div>26</div>
<div>27</div> <div>Peace Meditation 2 PM</div>	<div>28</div> <div>Exercise 9 AM WOW Bookmobile 10 AM</div>	<div>29</div> <div>Chair Yoga 3:30 PM Mahjong 1 PM  PA Fish &amp; Waterways 10 AM</div>	<div>30</div> <div>Exercise 9 AM Floor Yoga 9:30 AM Pickleball 5 PM</div>	<div>31</div> <div>Dominoes 2 PM Pinochle 2 PM</div>	<div>BUS TRIPS: Wednesday – October 9 – Elmwood Park Zoo</div>	