

# RIDGE REPORTER

## What Guides Us: Our Mission & Vision

*Clear direction. Shared purpose. A stronger community.*

### Mission

Enriching lives through  
quality independent  
living and a strong  
sense of community



### MISSION

Many of you have already shared how our new Mission and Vision statements have resonated with you. These words reflect who we are and where we're going—and we wanted to share a little more about what they mean.

Our mission is simple and heartfelt:

*Enriching lives through quality  
independent living and a strong sense of  
community.*

This reminds us every day that our work is about people—about creating a place where you feel at home, supported, and connected.

### VISION

Our vision sets the tone for our future:

*Setting the standard for vibrant  
independent living.*

It's our way of saying we're always striving to do better—to be a model of what independent senior living can truly be.

Together, these statements serve as our compass. And at the center of it all is you—our residents—who bring meaning, life, and joy to this community.

We are excited about the future as we continue to move forward!

### Vision

Setting the standard  
for vibrant  
independent living





## OFFICE CLOSED

In honor of Independence Day, the Offices will be closed on **Friday, July 4.**

## STAFF SPOTLIGHT



### MAINTENANCE TEAM

David is the newest member of our Maintenance Team. He comes to us with many years of maintenance and construction experience. He enjoys hiking, kayaking in the great outdoors. Welcome, David!



### GROUNDS TEAM

Tyler has joined the Grounds team as part of our seasonal staff. You will see him around the community performing daily site inspections, power washing, and collecting trash. Welcome, Tyler!



## Pet Policy Reminder

We love that pets are part of our community—and with a little care and consideration, they can be a great addition to neighborhood life. All pets must be approved by BRC management, and they must always be on a leash and under adult supervision when outside. Pets are not allowed in the Rec Center.

Please do not leave pets unattended outside, and always clean up after them promptly. Pet ownership is a valued privilege at BRC, and your cooperation helps ensure a peaceful and respectful environment for all residents—both two-legged and four-legged!



## ☀ 5 Summer Safety Tips

Hot summer days can be enjoyable, but they also come with risks. Here are five practical tips to help you stay safe, cool, and healthy this season:



### 1. Stay Hydrated

Drink water regularly throughout the day, even if you're not thirsty. Avoid too much caffeine or alcohol, which can dehydrate you.



### 2. Dress for the Heat

Wear light-colored, loose-fitting clothes and a wide-brimmed hat when outdoors. It helps your body stay cool.



### 3. Plan Around the Heat

Try to do errands or take walks early in the morning or in the evening. Midday sun is the strongest from 11 a.m. to 4 p.m.



### 4. Keep Cool Indoors

Use fans or air conditioning. Close curtains during the day to block heat and open windows in the evening if it cools down.



### 5. Watch for Warning Signs

Signs of heat exhaustion include dizziness, nausea, and heavy sweating. If you feel unwell, ask for help right away.

## ❄ Air Conditioner Tips & Reminders

If your air conditioner isn't working properly, **please let the office know right away.**

Reporting problems early can help avoid uncomfortable days when the weather gets hot.

### Helpful Tip:

Avoid turning your air conditioner on and off throughout the day. It works best when it runs steadily. If you wait until your home is already hot, the unit may struggle to catch up.

Stay cool and let us know if you need assistance – we're here to help!





## *Summer Hiatus – Will Resume in September*

Community meeting, breakfast, fellowship luncheons, Reiki and peace meditation are on a summer hiatus.

### Fun Facts About America

- **The U.S. flag has been changed 27 times!**  
The current 50-star version has been in use since 1960, after Hawaii became the 50th state.
- **Alaska is the westernmost, easternmost, and northernmost state.** Because the Aleutian Islands cross the International Date Line, part of Alaska is technically in the Eastern Hemisphere!
- **The U.S. has no official language.** English is the most widely spoken, but there's no federally declared official language.
- **The Library of Congress is the largest library in the world.**  
It houses over 170 million items—including books, maps, recordings, and photos.
- **Americans eat about 150 million hot dogs on the 4th of July.**  
That's enough to stretch from D.C. to L.A. more than five times!
- **The Liberty Bell hasn't rung since 1846.**  
It cracked while being tested on George Washington's birthday and hasn't been struck since.
- **Mount Rushmore was originally intended to show presidents from head to waist.**  
Budget constraints cut the project short after just the heads were completed.



The U.S. national anthem was based on a British drinking song.  
“The Star-Spangled Banner” was set to the tune of “To Anacreon in Heaven.”



**New!**

## Resident Classifieds

Need something? Have something to offer? Our new classifieds section is here to help neighbors connect!

Residents may post items for sale or free, request help or services, or let others know what they're looking for.

### Submissions:

Provide a short, written description to the office by the 20<sup>th</sup> of the month along with your contact info to be included in the next month's newsletter. Please keep listings appropriate—no junk or oversized items.

All interactions are solely between residents.

**Note:** *This section will run on a trial basis.*



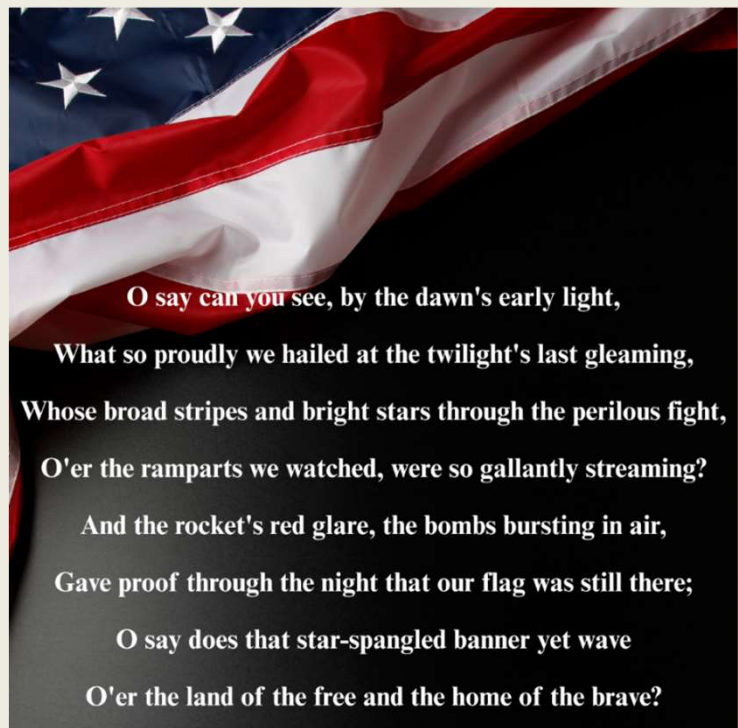
## Resident Joke Submissions Wanted!

Everyone loves a good laugh! Are you a jokester—or just enjoy a clever riddle? We're now accepting resident-submitted jokes for upcoming newsletters.

Send your favorite jokes or funny one-liners to the office by the 20th of each month. Yours might be featured in a future edition!

Keep your eyes on the next newsletter... your joke could be the one that gets everyone smiling!

**“The Star-Spangled Banner”** became the United States' national anthem in 1931. Written by Francis Scott Key during the War of 1812, it was inspired by the sight of the American flag still flying after the Battle of Fort McHenry.






## HAPPY BIRTHDAY!



7 Maria  
13 Natalie  
14 Joan  
18 Thomas  
23 Dee  
29 Joan



### ★ July Fun Facts

 America's Birthday Month:  
The United States celebrates  
**Independence Day** on July 4th,  
marking the adoption of the  
Declaration of Independence in 1776.

However, Independence wasn't  
declared on July 4th. The Continental  
Congress actually voted for  
independence on July 2, 1776—but the  
Declaration of Independence was  
officially adopted on July 4th.



## ***Resident Committee Meeting***

**No meetings in July or August. Meetings resume in September.**



### ***Lunch Bunch*** ***Luciano's***

*112 W Ridge Pike, Royersford*  
***Friday, July 11 @ 12:00***

*If you are paying by cash at the  
restaurant,  
please bring smaller bills/change.*

**CARPOOL ONLY** this month.  
Meet at the Berean Bible Church  
parking lot @ 11:30AM

**RSVP by Wednesday, July 9**

### ***Bingo Addicts***

***2<sup>nd</sup> & 4<sup>th</sup> Saturdays***

***10AM-12PM***

Love to play Bingo? Join us in the  
SRC Community Center Dining  
Room – and bring a friend!



### ***Blood Drive***

***Tuesday, July 15 @ 2 – 7PM***

American Red Cross will be on site taking donations. If you're interested in donating, please logon to their website; [www.REDCROSSBLOOD.org](http://www.REDCROSSBLOOD.org) or scan the QR code. If assistance is needed, please reach out to Cheryl.



**American  
Red Cross**

### ***Book Club Notice***

***-- Date to be Announced --***

Book club will not be meeting in July and August. The Norristown Library is undergoing renovations and will not be able to supply our books. Watch for an announcement about when we will be able to meet again. We will be reading the same books but not on the dates previously listed.

*Contact Jeanette for more information.*



### ***Summer Water Aerobics*** ***with Jean***

***Tuesdays & Thursdays***

Join Jean for **water aerobics at the Sanatoga Swim Club** every **Tuesday and Thursday evening at 6:30 PM** throughout the summer!

It's a fun, low-impact way to stay active, cool off, and enjoy time with neighbors. All are welcome!

Q: What do you call a snowman in July?



## American Treasure Tour Museum Friday, July 18 @ 12:30PM

- **Contact Bill to carpool** to the fabulous American Treasure Tour Museum in Oaks.
- This is a 100,000 ft museum, a light-hearted adventure through pop culture.
- Enjoy the sights and sounds that filled the nation before the digital age began and see how they connect with today's modern world.
- Be prepared to experience a barrage of the wacky, weird, and the wonderful! Bring a camera!
- Free tram ride is included with your admission ticket to the museum.
- Walking is minimum to moderate.

**Cost: \$15**



- **When: Wednesday, July 16 at 2PM**
- **Where: SRC CC Parking Lot**
- **Who: Everyone!!**



🥒 July is National Picnic Month!  
It's also National Hot Dog Month and National Ice Cream Month—two summer favorites!

☀️ July is named after Julius Caesar -- Originally called *Quintilis* (meaning “fifth month” in Latin), it was renamed in 44 B.C. after Julius Caesar’s assassination to honor the month of his birth.

Three U.S. Presidents died on July 4th. Thomas Jefferson and John Adams both died on July 4, 1826—the 50th anniversary of the Declaration. James Monroe died five years later, also on July 4th.





Why couldn't the bike stand on its own? Because it was two tired.



## Movie Matinee!

Lights, popcorn, action! We're excited to introduce a **Movie Matinee in the SRC CC Dining Room** for residents to relax, cool off, and enjoy a good film together. **Everyone is invited**—we'll provide the popcorn and lemonade, you bring the smiles!



# NEW!

### Movie Matinee Lineup

***Friday, July 18 @ 1:30PM***

***Driving Miss Daisy (1989)***

Set in the American South, this heartwarming film follows the unlikely friendship between a strong-willed elderly woman and her gentle chauffeur. Over 25 years, their bond grows in ways neither of them expected—filled with humor, warmth, and timeless life lessons.



*DRIVING  
MISS DAISY*

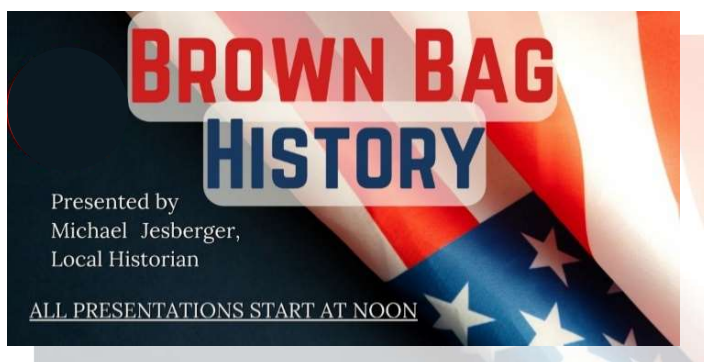
***Friday, July 25 @ 1:30PM***

***Secondhand Lions***

A lighthearted, feel-good film about family, adventure, and growing up at any age.



I named my horse mayo.... mayo neighs.



***Join or Die – The American Revolution  
Through the Life of John Adams, Part I***  
***Saturday, July 19***

This presentation explores the early years of America's pursuit of independence, culminating in the infamous moment when British troops fired into an angry mob in Boston—forever known as the “Boston Massacre.” As tensions escalated, King George III tightened his grip on the American colonies. Join historical lecturer Michael Jesberger for this engaging discussion. Open to the Public.

**RSVP by Friday, July 18**

***The Conflict Ignites – The Battle of  
Lexington and Concord***

***Saturday, August 16***

**The Conflict Ignites – The Battle of Lexington and Concord**

American poet Ralph Waldo Emerson called it “the shot heard 'round the world” when a British raiding party ventured into the Massachusetts interior to seize stockpiled guns—and met resistance before dawn on April 19, 1775, in Lexington. The colonial militia responded, and the American Revolution had begun. Join historical lecturer Michael Jesberger for this engaging discussion. Open to the public.

**RSVP by August 15**

***Ice Cream Bar!***  
***Tuesday, July 29***  
***@ 2PM***  
***SRC Dining Room***

Want to beat the heat?  
Come out to enjoy ice cream with lots of different toppings! It's perfect for the middle of summer. Bring a friend!

Fabulous flavors,  
friends, and fun!

**RSVP by**  
**Monday, July 28**

Hosted by our Verizon  
representative, Melissa.

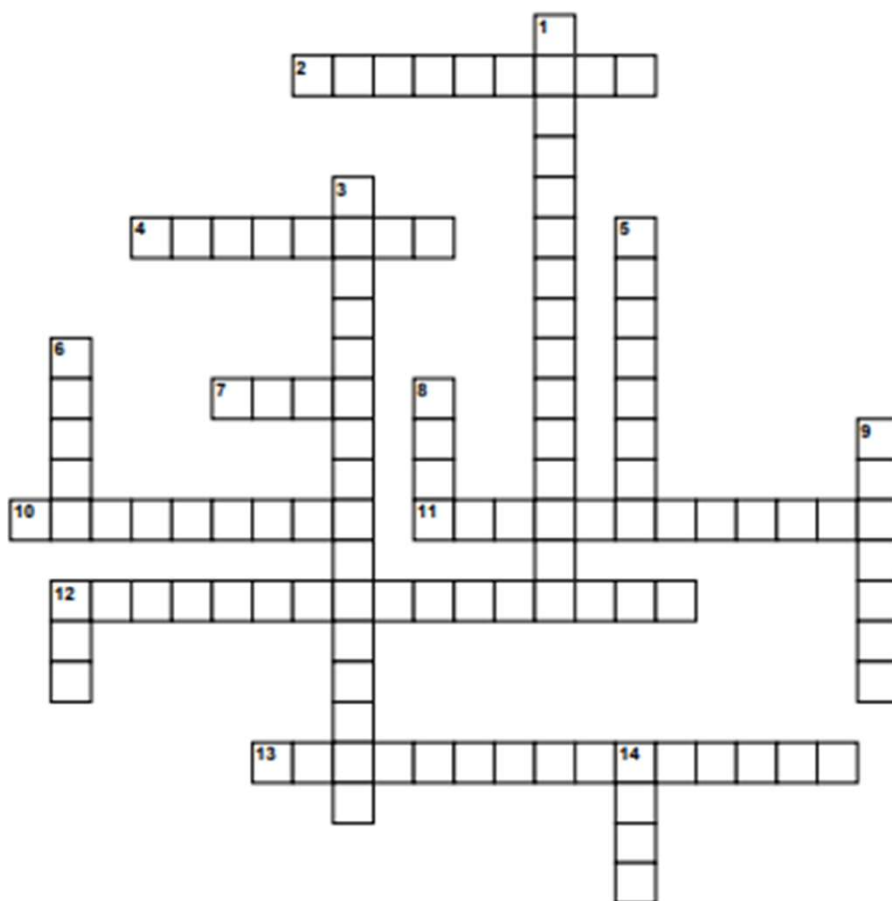
**verizon**✓



## Independence Day



LAND OF THE  
*Free*  
HOME OF THE  
*Brave*



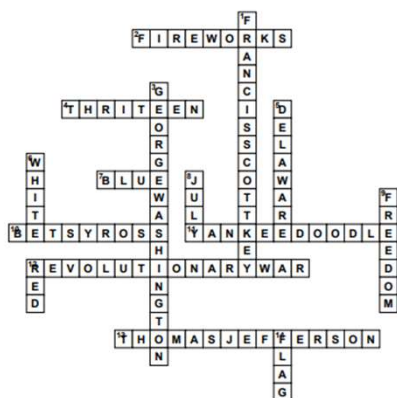
### Across

- [2] Loud lights used for celebration
- [4] Number of original American colonies
- [7] Patriotic color
- [10] Famous for making American flag
- [11] Patriotic song created by the British
- [12] War following Declaration of Independence
- [13] Main author of Declaration of Independence

### Down

- [1] Writer of national anthem
- [3] First President
- [5] Name of famous river crossed by GW
- [6] Patriotic color
- [8] Month in which this holiday takes place
- [9] What the Patriots wanted
- [12] Patriotic color
- [14] Patterned fabric used to proclaim allegiance

### Solution





## LEGEND FOR AMOUNT OF WALKING

Little  
Walking



Plenty of  
Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

### Wednesday, July 9 – Nolde Mansion Tour

**By special invitation from our friends at Nolde Forest!** Step back in time with us as we explore the Nolde Mansion on this docent-led tour. Now serving as the first Environmental Education Center in the state, the Nold property was once the home of a wealthy Reading manufacturer. The mansion now serves as the park and staff offices and is not open to the public except on open house days and for private guided tours, like this one.

Join our docents for the **Private Tour** of the Nolde Mansion and the mansion garden. Together we will learn about the history of this forest and the family who called it home.

**Plan to pack and enjoy a lunch in the picnic area by the mansion after the tour before heading back home.**

**RSVP to the Office by Thursday, July 3**

LEAVE BEREAN PARKING LOT: 9:30AM

Cost: \$21

### SAVE THE DATE: Friday, September 19, 2025

**Taking You There – Historic Site Tours with Mr. US History – Michael Jesberger – Skippack Pike, Montgomery County**



## New Hanover AARP Trips

Checks Payable to:  
**“New Hanover AARP”**

Details posted on the Library Bulletin Board.  
**RSVP to Carol**

Wednesday, August 13 – Totem Pole Playhouse, “Beautiful – The Carole King Musical” \$140

Wednesday, September 3 – Dutch Apple Dinner Theatre – “The Buddy Holly Story” \$130

Wednesday, October 1 – Ace in the Hole at the Brownstone – “Octoberfest” \$150

Wednesday, November 18 – American Music Theatre, “Deck the Halls” \$140

Details posted on the Library Bulletin Board