

Benefits of Pumpkin

Pumpkin contains vitamin A,C, & E
Loaded with antioxidants & enzymes
Contains Zinc & Potassium
Helps prevent redness & skin breakouts
Helps fight sun damage & wrinkles
Locks in moisture to keep skin plumb & glowing

Elements
Healing Arts
Center

"Oh Great Pumpkin" Fall Special

*Exfoliate Back, Hands & Feet with a
Pumpkin Spice Scrub,
Followed by Silky Hydrating Pumpkin
Massage Treatment
1 Hour \$100*

*Call for an Appointment today!
(252) 631-5281
www.elementshealingartscenter.com*

