Hamilton Test (D)

1 » DEPRESSED MOOD ……………….…..
(Gloomy attitude, pessimism about the future, feeling of sadness, tendency to weep)

Absent	0
Sadness, etc.	1
Occasional weeping	2
Frequent weeping	3
Extreme symptoms	4

2 » FEELINGS OF GUILT ……………….….

Absent	0
Self-reproach, feels he/she has let people down	1
Ideas of guilt	2
Present illness is a punishment; delusions of guilt	3
Hallucinations of guilt	4

3 » SUICIDE ………………………………..

Absent	0
Feels life is not worth living	1
Wishes he/she were dead	2
Suicidal ideas or gestures	3
Attempts at suicide	4

4 » INSOMNIA - Initial ……………….…..
(Difficulty in falling asleep)

Absent	0
Occasional	1
Frequent	2

5 » INSOMNIA - Middle ……………….……
(Complains of being restless and disturbed during the night. Waking during the night.)

Absent	0
Occasional	1
Frequent	2

6 » INSOMNIA - Delayed ……………….…..
(Waking in early hours of the morning and unable to fall asleep again)

Absent	0
Occasional	1
Frequent	2

7 ≫ WORK AND INTERESTS ………………..

No difficulty	0
Feelings of incapacity, listlessness, indecision and vacillation	1
Loss of interest in hobbies, decreased social activities	2
Productivity decreased	3
Unable to work. Stopped working because of present illness only. (Absence from work after treatment or recovery may rate a lower score).	4

8 ≫ COGNITIVE IMPAIRMENT ……………..
(Slowness of thought, speech, and activity; apathy; stupor.)

Absent	0
Slight	1
Obvious	2
Interview difficult	3
Complete stupor	4

9 ≫ AGITATION ………………………………
(Restlessness associated with anxiety.)

Absent	0
Occasional	1
Frequent	2

10 ≫ ANXIETY - PSYCHIC …………………..

No difficulty	0
Tension and irritability	1
Worrying about minor matters	2
Apprehensive attitude	3
Fears	4

11 ≫ ANXIETY - SOMATIC …………………..
(Gastrointestinal, indigestion Cardiovascular, palpitation, Headaches Respiratory, Genito-urinary, etc.)

Absent	0
Mild	1

Moderate	2
Severe	3
Incapacitating	4

12 ≫ SOMATIC SYMPTOMS - GASTROINTESTINAL ………………
(Loss of appetite, heavy feeling in abdomen; constipation)

Absent	0
Mild	1
Severe	2

13 ≫ SOMATIC SYMPTOMS - GENERAL …..
(Heaviness in limbs, back or head; diffuse backache; loss of energy and fatigability)

Absent	0
Mild	1
Severe	2

14 ≫ GENITAL SYMPTOMS …………………
(Loss of libido, menstrual disturbances)

Absent	0
Mild	1
Severe	2

15 ≫ HYPOCHONDRIASIS …………………..
(Obsession with having a serious but undiagnosed medical condition)

Not present	0
Self-absorption (bodily)	1
Preoccupation with health	2
Querulous attitude (complaining in a whining manner)	3
Hypochondriacal delusions	4

16 ≫ WEIGHT LOSS …………………………..

No weight loss	0
Slight	1
Obvious or severe	2

17 ≫ INSIGHT …………………………………
(The capacity to gain an accurate and deep intuitive understanding of a person or thing)

No loss	0
Partial or doubtful loss	1

| Loss of insight | 2 |