

PI Test

Welcome to the PI Test

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1	I cannot stand being alone.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Always
2	I get desperate and/or furious when my close ones leave me even for a short period of time.: 1. Not at all 2. Rarely 3. Sometimes 4. Often 5. Always
3	When I have quarrels with my close ones I threaten to kill myself.: 1. Never 2. Rarely 3. Sometimes 4. Very often 5. Always
4	People find me too demanding in relationships.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
5	I have doubts about who I am and what the meaning of my life is.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
6	I think I', a bad evil person.: 1. Not at all 2. Rarely 3. Sometimes 4. Often 5. Very often
7	When I'm driving a car, I cannot resist the urge to speed up and enjoy reckless driving.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
8	At times I resort to binge eating.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
9	At times I spend money recklessly.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
10	I engage in unsafe and inappropriate sexual contacts.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
11	I'm thinking of fantasizing about committing suicide.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
12	When I'm very upset or angry, I hurt myself to calm down.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
13	I feel anxious for several hours.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
14	I get angry easily.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very often
15	I fear that my family, partner or friends abandon or betray me, even when no real threat exists.: 1. Not at all 2. Rarely 3. Sometimes 4. Often 5. Most of the time
16	I have times when I feel very irritable for several hours.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Most of the time
17	I get desperate because I feel empty.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Most of the time
18	I feel that everyone and everything is against me.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Most of the time

19	<p>I have the feeling that I'm not real.: 1. Never 2. Rarely 3. Sometimes 4. Often 5. Most of the time</p>
20	<p>My relationships with close ones are very emotional and troublesome.: 1. I strongly agree 2. I agree 3. I partly agree 4. I disagree 5. I strongly disagree</p>
21	<p>In my relationship with close ones, at first I idealize them and later, when something goes wrong, I hate them. These extremes in my attitude to people interchange frequently.: 1. I strongly agree 2. I agree 3. I partly agree 4. I disagree 5. I strongly disagree</p>
22	<p>I seek out new activities or experiences to occupy myself because I get bored easily.: 1. I strongly agree 2. I agree 3. I partly agree 4. I disagree 5. I strongly disagree</p>
23	<p>I've attempted to completely change the life I lead.: 1. Never 2. Once or twice 3. Several times 4. Many times</p>
24	<p>I can't control myself when I'm gambling.: 1. No, I do not gamble. 2. No, I always control myself when I'm gambling. 3. I rarely lose control when I'm gambling. 4. I sometimes lose control when I'm gambling. 5. I often lose control when I'm gambling. 6. I always lose control when I'm gambling.</p>