

TBI Checklist

Problem or complaint		None (0)	Mild (1)	Moderate (2)	Severe (3)	Very Severe (4)
1	Feeling dizzy					
2	Loss of balance					
3	Poor coordination, clumsy					
4	Headaches					
5	Nausea					
6	Vision problems, blurring, trouble seeing					
7	Sensitivity to light					
8	Hearing difficulty					
9	Sensitivity to noise					
10	Numbness to tingling on parts of body					
11	Change in taste and/or smell					
12	Loss or increase of appetite					
13	Poor concentration or easily distracted					
14	Forgetfulness, can't remember things					
15	Difficulty making decisions					
16	Slowed thinking, can't finish things					
17	Fatigue, loss of energy, easily tired					
18	Difficulty falling or staying asleep					
19	Felling anxious or tense					
20	Feeling depressed or sad					
21	Irritability, easily annoyed					
22	Poor frustration tolerance, overwhelmed					