

Tinnitus and Hearing Survey

A. Tinnitus		No, not a problem (0)	Yes, a small problem (1)	Yes, a moderate problem (2)	Yes, a big problem (3)	Yes, a very big problem (4)
1	Over the last week, tinnitus kept me from sleeping.					
2	Over the last week, tinnitus kept me from concentrating on reading.					
3	Over the last week, tinnitus kept me from relaxing.					
4	Over the last week, I couldn't get my mind off of my tinnitus.					
B. Hearing		No, not a problem (0)	Yes, a small problem (1)	Yes, a moderate problem (2)	Yes, a big problem (3)	Yes, a very big problem (4)
5	Over the last week, I couldn't understand what others were saying in noisy or crowded places.					
6	Over the last week, I couldn't understand what people were saying on TV or in movies.					
7	Over the last week, I couldn't understand people with soft voices.					
8	Over the last week, I couldn't understand what was being said in group conversations.					
C. Sound Tolerance		No, not a problem (0)	Yes, a small problem (1)	Yes, a moderate problem (2)	Yes, a big problem (3)	Yes, a very big problem (4)
9	Over the last week, sounds were too loud or uncomfortable for me when they seemed normal to others around me. *					
10	Please list two examples of sounds that are too loud or uncomfortable for you, but seem normal to others: If you responded 1, 2, 3, or 4 to the statement above:					
11	*If sounds are too loud for you while wearing hearing aids, please tell your audiologist.					