



Seas The Moment Guidebook

Food scene

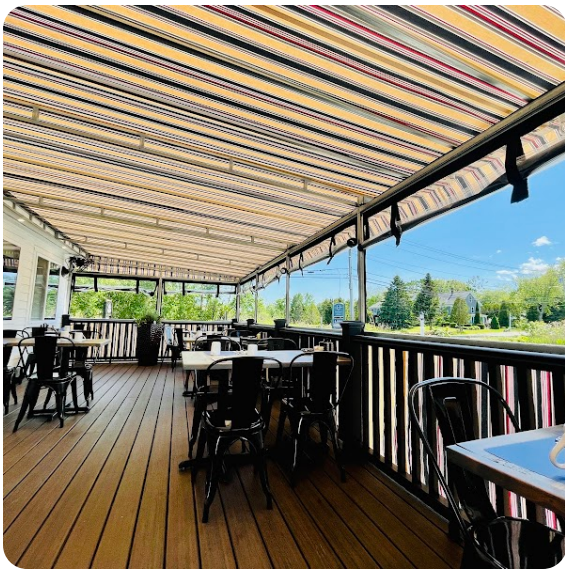


Bennett's Sandwich Shop

21 locals recommend

Take a left out of our driveway and this shop is at the next intersection! We usually stop here if we want something special for our beach days!

This is a casual sandwich shop popular for lobster rolls, grilled cheeses, and subs.



Mike's All Day Breakfast

24 locals recommend

Head east on Western Ave, heading to Kennebunk's Lower Village, and this restaurant is down on the left shortly before the Lower Village.

This neighborhood nook prepares traditional breakfast & lunch dishes in a warm atmosphere.



Pedro's Mexican Restaurant

71 locals recommend

Head east on Western Ave and at the intersection of Western Ave and Port Road, take a left and Pedro's is right there on the left!

Scratch-made, upscale Mexican fare, plus margaritas & tequila, in a colorful, playful environment!

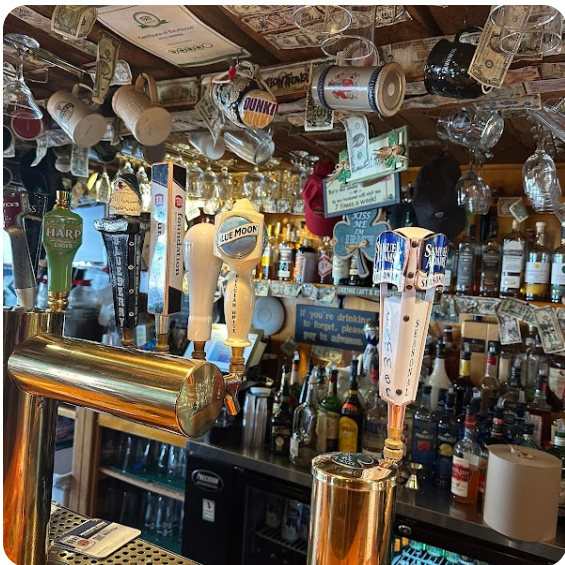


Mornings In Paris

34 locals recommend

Heading east to the Lower Village, right after the Western Ave / Post Road intersection, this amazing breakfast place is on the left!

Great pastries and coffee can be found here!



Ryan's Corner House Irish Pub

14 locals recommend

Ryan's Moved this year! Now head east to the Lower Village, past Dock Square, and take a right on Cross Street!

Relaxed, old-fashioned Irish pub & restaurant featuring traditional meals, live music & a patio.

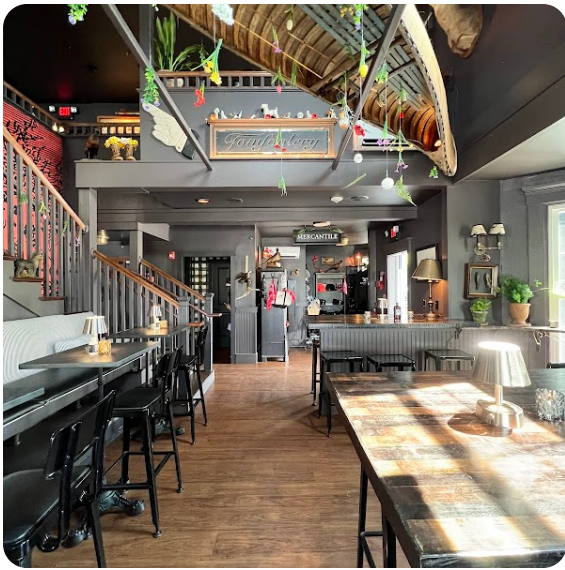


KPORT Provisions

35 locals recommend

Heading east to the Lower Village, soon after the Western Ave / Post Road intersection, this general store is on the left!

This general store serves hot and cold sandwiches, plus groceries, beer, wine, and baked goods.



Batson River Brewing & Distilling - Kennebunk

41 locals recommend

Heading east to the Lower Village, soon after the Western Ave / Post Road intersection, this restaurant is on the right!

This place offers a selection of small plates and beer, plus outdoor games and firepits. [DOG FRIENDLY!]



Federal Jack's

62 locals recommend

Heading east to the Lower Village, soon after the Western Ave / Post Road intersection, this restaurant is on the right - set back a bit - right before the Kennebunk River!

"This airy, seminal Maine tavern offers upscale grub & water views with its signature house-made ales."

We like this place for its views of the river plus it's a bigger restaurant, so you usually can get in with minimum wait!



The Pilot House

39 locals recommend

Heading east to the Lower Village, after the Western Ave / Post Road intersection, this restaurant is on the right - right before the Kennebunk River!

"Waterfront restaurant serving seafood specialties, burgers, steaks & pizzas amid casual surrounds."



The Clam Shack

53 locals recommend

Heading east to the Lower Village, after the Western Ave / Post Road intersection, this restaurant is on the right - exactly before the Kennebunk River!

"Small shack with a walk-up counter sells fried seafood & lobster rolls in take-out containers."



Alisson's Restaurant

54 locals recommend

Heading east to the Lower Village, cross over the Kennebunk River to Dock Square and this restaurant is on the left!

"Down-to-earth local tavern serves New England-style seafood, pub grub & drinks."



The Boathouse Restaurant

40 locals recommend

Heading east to the Lower Village, cross over the Kennebunk River to Dock Square and this restaurant is on the right!

"Chic hotel eatery serving upscale seafood & American dishes in a dockside setup with water views."



Mabel's Lobster Claw

23 locals recommend

Heading east to the Lower Village, cross over the Kennebunk River to Dock Square, take a right down Ocean Ave, follow that road to this restaurant on the left!

"Lobster dinners & other classic coastal fare plus blueberry pie is served up in a casual setting."



The Colony Hotel

14 locals recommend

Heading east to the Lower Village, cross over the Kennebunk River to Dock Square, take a right down Ocean Ave, and follow that road to this grand hotel on the left!

This hotel has a wonderful bar and restaurant (open to everyone) on their pool deck that overlooks Gooch's Beach!

Amazing sunset views!



Maine Diner and Gift Shop

80 locals recommend

Heading west on Western Ave towards Rt. 1, take a left (South) on Rt. 1 to this amazing breakfast, lunch, & dinner spot!

"Maine-style comfort food such as lobster pie & chowder, plus diner eats in a warm, no-frills space."



Bitter End

50 locals recommend

Heading west on Western Ave towards Rt. 1, take a left (South) on Rt. 1 to this really cool restaurant! It's about 5 minutes by car!

While there's inside seating, the outside seating and outside bar make this place unique! Live music most nights in the summer!

"Contemporary American restaurant serving comfort food, beer, and wine in a laid-back setting."



Brewed Awakenings

20 locals recommend

Heading west on Western Ave towards Rt. 1, take a left (South) on Rt. 1 to a great coffee and pastry shop!

"Cozy coffee shop featuring bagels, breakfast sandwiches, and baked goods, plus a barn with a garden and goats."



Fisherman's Catch Restaurant

25 locals recommend

Heading west on Western Ave towards Rt. 1, take a left (South) on Rt. 1 to one of our favorite summer restaurants in Wells!

It's on the road to Wells Harbor and has amazing food & drinks plus outstanding views of the marsh near the harbor!

"Rustic, old-school seasonal seafood shack with lobster rolls, crab cakes & chowder, plus a patio."



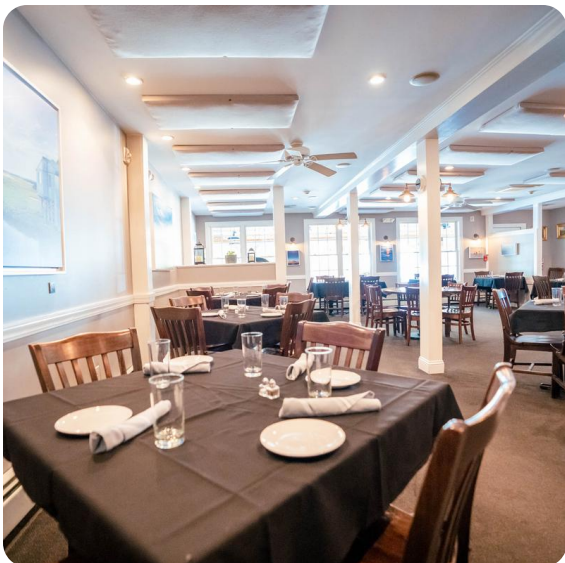
Hobbs Harborside Restaurant

31 locals recommend

Heading west on Western Ave towards Rt. 1, take a left (South) on Rt. 1 to another great restaurants in Wells!

This one is a little upscale - recommend you wear your good shorts!

"Laid-back eatery featuring classic surf 'n' turf options, a full bar & tables with harbor vistas."



Village Tavern

29 locals recommend

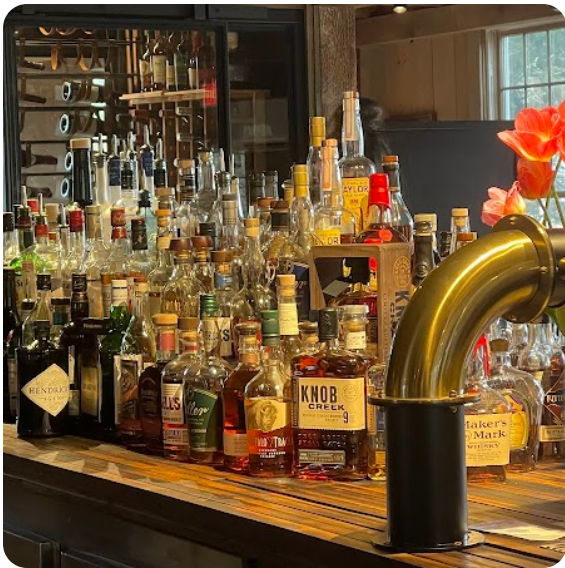
A little bit of a drive in-land, the place is a cozy, romantic spot with a long wood bar offering upscale New American dishes, cocktails & wine.



Chez Rosa

18 locals recommend

Take a left out of the driveway and head towards Dock Square for this dinner-only restaurant offering locally sourced French specialties in a stylish, cozy atmosphere.



Wandby Landing

10 locals recommend

Take a left out of the driveway and minutes down Western Ave is one of our new favorite restaurants for special nights out! Their menu is crafted with a deep respect for seasonality and sustainability. They work closely with local farms, foragers, and fishers to source the freshest ingredients available, ensuring that every dish celebrates the natural richness of Maine. Whether you're digging into a hand-made pasta or grabbing one of their signature wood-fired pizzas to go, you're getting the same top shelf flavor and care that make the Wandby Landing stand out!

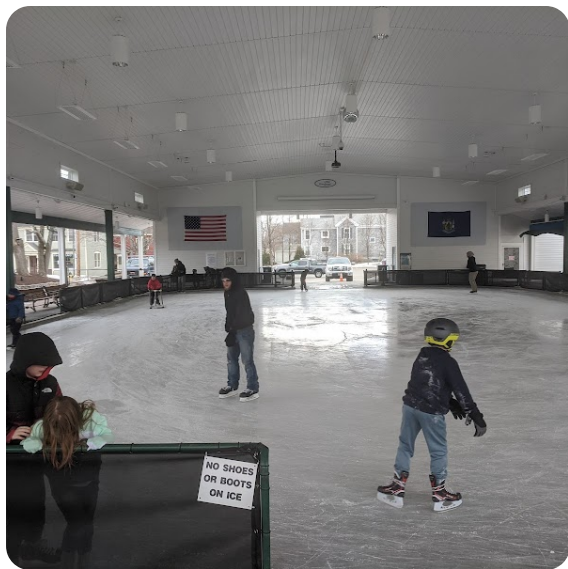


Earth at Hidden Pond

64 locals recommend

A little bit of a drive over to Kennebunkport, but so worth it! Hidden Pond resort's locavore eatery serves high-end New American food amid striking natural decor.

Things to Do



The Waterhouse Center

9 locals recommend

This center is in Kennebunk's Upper Village.

There's Pickle Ball it's warm and ice skating in winter!

This is also the location of an amazing Artisan Market every Saturday during the warmer months! (And across the street, a Farmer's Market is setup every Saturday during the warmer months as well!)

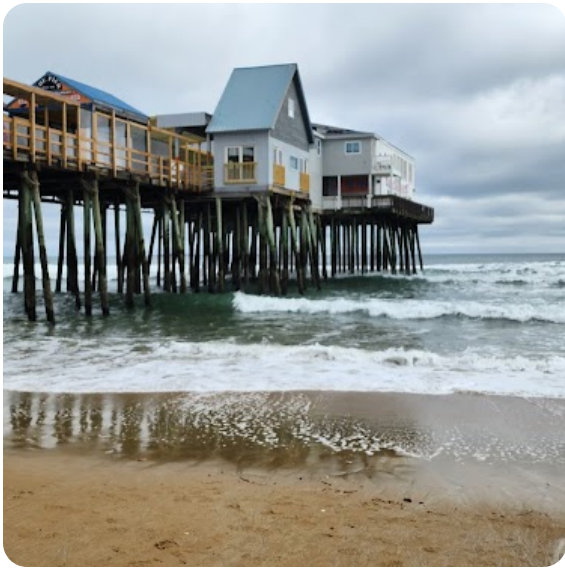


Garden Street Bowl

29 locals recommend

In Kennebunk's Upper Village, this is a fun place for bowling, corn hole, and arcade games! Make a reservation for a lane.

And afterwards, have dinner at Crotux Kitchen & Taphouse right in the same building!



Old Orchard Beach Inn

Old Orchard Beach is about 30 minutes north.

This area has a really cool boardwalk, many shops, and carnival rides in the Summer!

Nature



Parsons Beach

33 locals recommend

This is the closest beach to our house - you can see a part of the beach plus the Mousam River from the house! It's 3 minutes by car, 5 by bike!

Gorgeous beach, private but open to the public with limited parking and no pets.

More info: Parson's Beach is very private with few visitors because of restrictive parking...only 6 or 7 parking spaces on Parson's Beach Road. Adjacent to the road is a tidal marsh with a few benches where you can sit and enjoy the quiet...shore birds, fish, and shells...lovely. You can walk along the Mousam River to the beach. Beach is private; beware of disturbing residents. Lovely at low tide.



Gooch's Beach

80 locals recommend

Gooch's Beach, also known as Long Beach, is the largest and most popular of the three beaches.

Sandwiched between the mouth of the Kennebunk River and a rocky outcropping called Oaks Neck, Gooch's white sand and good surf draw many visitors in the summer months.



Mothers Beach

54 locals recommend

It is an incredibly serene place to be.

It has STUNNING views all the way down the beach.

There's a great playground for kids right on the beach!

Just a beautiful place to visit!!



Middle Beach

9 locals recommend

Also known as Rocky Beach, Middle Beach is part of a trio of beaches along Beach Avenue in the picturesque Kennebunk area of coastal Maine.

Middle Beach lays between Mother's Beach to the west and Gooch's Beach to the east.

Middle Beach is a narrow and rocky beach composed of mostly smooth pebbles and rocks.



Rachel Carson National Wildlife Refuge

100 locals recommend

Heading west on Western Ave towards Rt. 1, this nature refuge is 4 minutes by car, 9 minutes by bike!

This large salt marsh & estuary features hiking trails, trees & many bird-watching opportunities.

[DOGS ALLOWED.]



The Wells National Estuarine Research Reserve

12 locals recommend

Heading west on Western Ave towards Rt. 1, this nature refuge is 5 minutes by car, 13 minutes by bike!

Conservation center featuring trails through woodlands & wetlands, plus historic farm buildings.

[No dogs or other pets]

Neighborhoods



Lower Village

8 locals recommend

The Lower Village of Kennebunk, once known as “Harbor Village”, was developed in the eighteenth century as a mecca for ship building.

(You can get to the Lower Village by heading east on Western Ave - this road will take you right into the Lower Village in minutes!)

Workers at numerous boatyards built many ships that turned the Kennebunk River into a major port until the mid-1800s when steam and steel ships replaced the sailing schooners as the preferred trading vessel of the era.

The late 1800s brought the addition of a train station that provided a stopping place for summer visitors from Boston and New York, filling the area’s numerous hotels, inns and guest houses. Our area remains a popular destination

due to our beautiful surroundings on the Kennebunk River and the wide array of shops, inns, restaurants and businesses.



Kennebunk

The Main Street / Center of Kennebunk (Upper Village) is full of quaint shops, excellent restaurants and cafes, an ice skating rink (that becomes pickle ball courts in the warmer months), the Brick Store Museum, the "Museum in the Streets", plus a Farmers' Market!

The town of Kennebunk Maine is a charming vacation destination year-round. People don't always realize that the more famous town of Kennebunkport is right next door to Kennebunk and many of the best shops, beaches, art galleries and great restaurants are actually in Kennebunk. Regardless of when you visit, visitors will find so many things to do in Kennebunk and in the area. From coastal excursions to shopping at beachside boutiques, to picturesque nature walks and historical sites, Kennebunk is certainly a great vacation destination.



Kennebunkport

Kennebunkport's Dock Square is located along the ocean and Kennebunk River. (Head east on Western Ave and this road takes you right to Kennebunkport in minutes!)

Settled in the 1600's and a long time ship building mecca, the river banks saw five-masted ships and schooners making their way down the river on their way to the sea.

Sea captains built fine mansions, many of which are preserved today as lovely inns with antique charm.

Over 100 years ago, this part of the Maine Coast first became a resort destination - today it's "the place to be all year".
