

# English Toffee Chocolate

## Nutrition Facts

10 servings per container

**Serving size** **0.5 oz (14g)**

**Amount Per Serving**

**Calories** **60**

**% Daily Value\***

**Total Fat** 2g **3%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** <5mg **1%**

**Sodium** 70mg **3%**

**Total Carbohydrate** 10g **4%**

Dietary Fiber <1g **3%**

Total Sugars 5g

Includes 5g Added Sugars **10%**

**Protein** 1g **2%**

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.4mg 2%

Potassium 0mg 0%

Vitamin E 0.1mg 0%

Vitamin K 1mcg 0%

Thiamin 0.04mg 4%

Riboflavin 0.01mg 2%

Niacin 0.1mg 0%

Vitamin B6 0mg 0%

Folate 5mcg DFE 0%

Phosphorus 0mg 0%

Manganese 0mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: + LOVE: Oats, Brown + White Cane Sugar, Wheat Flour, English Toffee Chocolate\* (\*Milk, Cocoa Butter, Lactose, Soy Lecithin, Palm + Sunflower Oil, Almonds); Canola Oil, Eggs, Ground Flaxseed, Oat Bran, Vanilla, Baking Soda, Salt

Contains: Milk, Egg, Almond, Wheat, Soy

Manufactured by Mentoring Gardens Kitchen  
P.O. Box 425, Harvard IL 60033. We process  
gluten-free and nuts on a segregated  
schedule. We strive to avoid ingredients  
identifiably derived from bioengineered  
sources whenever possible. This product is  
made to support

Mentoring Gardens Projects &  
The EduCare Foundation, Inc. dba  
CareNowInc.org (a 501c3 Non-Profit)  
815-258-6821

[www.MentoringGardens.com](http://www.MentoringGardens.com)