

GF White Chocolate Spice

Nutrition Facts

10 servings per container

Serving size 0.5 oz (14g)

Amount Per Serving

Calories 60

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 65mg	3%
Total Carbohydrate 10g	4%
Dietary Fiber <1g	3%
Total Sugars 5g	
Includes 4g Added Sugars	8%
Protein 1g	2%

Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 30mg	0%
Vitamin E 0.1mg	0%
Vitamin K 1mcg	0%
Phosphorus 30mg	2%
Manganese 0.03mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: + LOVE: Gluten Free Oats, Brown + White Cane Sugar, Gluten Free Flours: Fava & Garbanzo Bean, Potato Starch, Tapioca, Whole Grain Sweet Sorghum; White Chocolate Chips* (*contain Milk, Soy Lecithin, Palm Oil); Canola Oil, Egg, Gluten Free Oat Bran, Ground Flaxseed, Vanilla, Cinnamon, Nutmeg, Cloves, Ground Ginger, Baking Soda, Salt

Contains: Milk, Egg, Soy

Manufactured by Mentoring Gardens Kitchen
P.O. Box 425, Harvard IL 60033. We process gluten-free and nuts on a segregated schedule.
We strive to avoid ingredients identifiably derived from bioengineered sources whenever possible. This product is made to support
Mentoring Gardens Projects &
The EduCare Foundation, Inc. dba
CareNowInc.org (a 501c3 Non-Profit)
815-258-6821
www.MentoringGardens.com