

Gluten Free Cocoa Dark Chocolate 7 oz.

Nutrition Facts

Serving Size: 1 oz (28g)

Servings Per Container: 7

Amount Per Serving

Calories 170

Calories from Fat 60

Calories from Saturated Fat 10

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 200mg **8%**

Potassium 120mg **3%**

Total Carbohydrate 26g **9%**

Dietary Fiber 4g **16%**

Sugars 11g

Other Carbohydrate 11g

Protein 4g **8%**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

Vitamin E 2% • Vitamin K 2%

Thiamin 4% • Riboflavin 0%

Niacin 0% • Folate 0%

Phosphorus 10% • Magnesium 4%

Zinc 2% • Selenium 2%

Copper 4% • Manganese 8%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: + LOVE: Gluten Free Rolled Oats, Sugar, Brown Sugar, Gluten Free Flour (Garbanzo Bean Flour, Potato Starch, Tapioca Flour, Whole Grain Sweet White Sorghum Flour, Fava Bean Flour), Cocoa, Dark Chocolate (Chocolate, Sugar, Cocoa Butter, Milkfat, Nonfat Milk, Natural Flavor), Canola Oil, Egg, Flaxseed, Cinnamon, Vanilla, Baking Soda, Salt

Contains: Milk, Egg, Soy

Manufactured By Mentoring Gardens In A Licensed, Certified, Commercial Kitchen.

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