

Gluten Free Mixed Berry 16 oz.

Nutrition Facts

Serving Size: 1 oz (28g)
Servings Per Container: 16

Amount Per Serving

Calories 170

Calories from Fat 50

Calories from Saturated Fat 0

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 190mg **8%**

Potassium 110mg **3%**

Total Carbohydrate 27g **9%**

Dietary Fiber 3g **12%**

Sugars 13g

Other Carbohydrate 11g

Protein 3g **6%**

Vitamin A 2% • Vitamin C 2%

Calcium 2% • Iron 8%

Vitamin E 2% • Vitamin K 4%

Thiamin 4% • Riboflavin 2%

Niacin 0% • Folate 0%

Phosphorus 10% • Magnesium 4%

Zinc 2% • Selenium 2%

Copper 2% • Manganese 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: + Love: Gluten Free Oats, Sugar, Brown Sugar, Garbanzo Bean, Potato Starch, Tapioca Flour, Sweet White Sorghum, Fava Bean Flour, Canola Oil, Cranberries, Blueberries, Cherries, Egg, Flaxseed, Vanilla, Cinnamon, Baking Soda, Salt

Contains: Egg

Manufactured By Mentoring Gardens In A Licensed, Certified, Commercial Kitchen.

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