

Gluten Free Mixed Fruits 16 oz.

Nutrition Facts

Serving Size: 1 oz (28g)
Servings Per Container: 16

Amount Per Serving

Calories 220

Calories from Fat 80

Calories from Saturated Fat 35

	% Daily Value*
Total Fat 9g	14%
Saturated Fat 4g	20%
<i>Trans Fat</i> 0g	
Cholesterol 5mg	2%
Sodium 190mg	8%
Potassium 130mg	4%
Total Carbohydrate 32g	11%
Dietary Fiber 4g	16%
Sugars 15g	
Other Carbohydrate 13g	
Protein 4g	8%

Vitamin A 0%	•	Vitamin C 4%
Calcium 2%	•	Iron 8%
Vitamin E 2%	•	Vitamin K 2%
Thiamin 4%	•	Riboflavin 0%
Niacin 0%	•	Folate 0%
Phosphorus 10%	•	Magnesium 4%
Zinc 2%	•	Selenium 2%
Copper 2%	•	Manganese 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: + LOVE: Gluten Free Oats, Sugar, Brown Sugar, Garbanzo Bean, Potato Starch, Tapioca Flour, Sweet White Sorghum, Fava Bean Flour, Bananas, Canola Oil, Egg, Coconut, Raisins, Papaya, Pineapple, Flaxseed, Vanilla, Cinnamon, Baking Soda, Salt

Contains: Egg, Coconut

Manufactured By Mentoring Gardens In A Licensed, Certified, Commercial Kitchen.

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