

# Organic Cacao Bean 16oz.

## Nutrition Facts

Serving Size: 1 oz (28g)  
Servings Per Container: 16

### Amount Per Serving

**Calories** 170

Calories from Fat 50

Calories from Saturated Fat 10

**% Daily Value\***

**Total Fat** 6g **9%**

Saturated Fat 1.5g **8%**

*Trans Fat* 0g

**Cholesterol** 5mg **2%**

**Sodium** 190mg **8%**

**Potassium** 45mg **1%**

**Total Carbohydrate** 27g **9%**

Dietary Fiber 4g **16%**

Sugars 11g

Other Carbohydrate 12g

**Protein** 4g **8%**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 8%

Vitamin E 0% • Vitamin K 0%

Thiamin 0% • Riboflavin 0%

Niacin 0% • Folate 0%

Phosphorus 2% • Magnesium 4%

Zinc 2% • Selenium 2%

Copper 6% • Manganese 10%

\* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Ingredients + Love: Organic Oats, Organic Cane Sugar, Organic Cacao Nibs, Organic Brown Sugar, Organic Wheat-White Flour, Organic Cacao Powder, Organic Expeller Pressed Canola Oil, Organic Egg, Organic Flaxseed Meal, Organic Oat Bran, Organic Wheat Germ, Organic Vanilla, Organic Cinnamon, Organic Baking Soda, Sea Salt

Contains: Egg, Wheat

Manufactured By Mentoring Gardens In A Licensed, Certified, Commercial Kitchen.

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