

# Organic Cranberry 16oz.

## Nutrition Facts

Serving Size: 1 oz (28g)  
Servings Per Container: 16

### Amount Per Serving

**Calories** 150

Calories from Fat 35

Calories from Saturated Fat 0

### % Daily Value\*

**Total Fat** 4g **6%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 5mg **2%**

**Sodium** 190mg **8%**

**Potassium** 5mg **0%**

**Total Carbohydrate** 28g **9%**

Dietary Fiber 2g **8%**

Sugars 14g

Other Carbohydrate 12g

**Protein** 3g **6%**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

Vitamin E 0% • Vitamin K 0%

Thiamin 0% • Riboflavin 0%

Niacin 0% • Folate 0%

Phosphorus 0% • Magnesium 0%

Zinc 0% • Selenium 0%

Copper 0% • Manganese 4%

\* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Ingredients + Love: Organic Oats, Organic Cranberries, Organic Cane Sugar, Organic Brown Sugar, Organic Wheat-White Flour, Organic Expeller Pressed Canola Oil, Organic Egg, Organic Flaxseed Meal, Organic Oat Bran, Organic Wheat Germ, Organic Vanilla, Organic Cinnamon, Organic Baking Soda, Sea Salt

Contains: Egg, Wheat

Manufactured By Mentoring Gardens In A Licensed, Certified, Commercial Kitchen.

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