

# Pumpkin Spice 16 oz.

## Nutrition Facts

Serving Size: 1/2 oz. (14g)

Servings Per Container: 32

### Amount Per Serving

**Calories** 70

Calories from Fat 20

Calories from Saturated Fat 0

### % Daily Value\*

**Total Fat** 2g **3%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** <5mg **1%**

**Sodium** 95mg **4%**

**Potassium** 0mg **0%**

**Total Carbohydrate** 12g **4%**

Dietary Fiber <1g **4%**

Sugars 5g

Other Carbohydrate 6g

**Protein** 1g **2%**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

Vitamin E 2% • Vitamin K 2%

Thiamin 4% • Riboflavin 2%

Manganese 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: + Love: Oats, Sugar, Brown Sugar, Wheat-White All-Purpose Flour, Pumpkin Spiced Cider, Canola Oil, Egg, Flaxseed, Oat Bran, Pumpkin Pie Spice, Vanilla, Cinnamon, Baking Soda, Salt

Contains: Egg, Wheat

Manufactured By Mentoring Gardens In Licensed, Certified, Commercial Kitchen.

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The Educare Foundation, Inc.

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