

The Empower Staffing benefits plan is designed to help our clients retain high-quality talent. Employees enjoy these benefits at no out-of-pocket cost, with the flexibility to customize their coverage—whether they want enhanced benefits, additional life insurance, or just basic coverage. All employees are automatically enrolled, with the option to opt out within the first 30 days.





# Investing in Employee Well-Being — At No Out-of-Pocket Cost to You

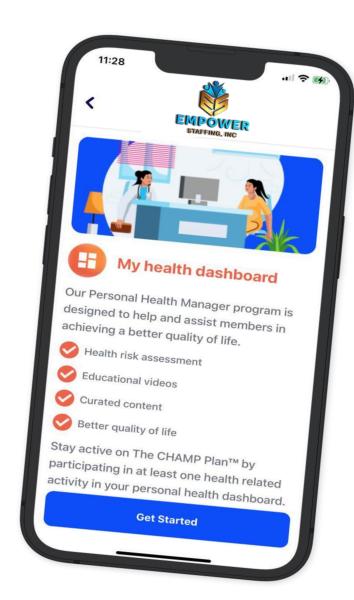
Join us to discover how our integrated preventative care solutions can:

- Lower healthcare costs
- Improve employee retention

- Boost productivity
- Promote a healthier, happier workforce



- The Plan is intentionally designed not to replace or compete with your major medical plan.
- It is designed to be a compliment and even a frontline of defense to your major medical. However, it is strong enough to stand on its own.
- Full-time employees enrolled in **The Plan** will generally see a net increase to their paychecks due to their participation.
- There are 2 plan components: the pre-tax savings for employers implementing **The Plan** and a post-tax benefit of the plan as well.



# **Comprised Of Two Separate Components**

#### "Super" MEC Plan

- Pre-tax component of the plan through auto-enrollment
- Reduces payroll and FICA taxes to both the employer and employee
- Every enrollee will receive Super MEC Plan Coverage, members have full access to in person physician office and urgent care services, prescriptions, and preventive care services, as set forth in the plan.
- Benefit claim payments are paid directly to providers for treatment provided to members.
- Accordingly, there are no tax implications for the member or the employer Plan Sponsor.

#### Health Population Management Plan Component

- Post-tax component of the plan.
- Funded exclusively with after/post tax dollars
- This plan generates CPT codes that corresponds with a claim and a nontaxable insurance payment to the employee (just like any other accident, hospitalization or cancer defined benefit policy)
- This payment is properly excludable from the member's gross income under Section 104(a)(3).

## Post Tax Qualifying Triggers











Watch Video and **Complete Clinical Quiz** 

#### **CPT 96161**

Keeping Your Back Healthy / Depression / Prediabetes / Managing Your Weight / Guide to Physical Activity / Relaxation Exercises / Smoking Cessation / Stages of Change / How Your Heart Works

**Complete Wellness Modules** 

#### **CPT 98969**

Nutrition / Stress / Fitness / Tobacco Cessation

**Biometric Screening** 

CPT 80047-86849



**Visit with Telemedicine Provider** 

CPT 99091

**Complete Assessments and Risk Resolution Guidelines** 

#### **CPT 96161**

Health Risk Assessment with Health Source Score / Health Source Wellcentive / Absenteeism & Presenteeism / Quality of Life / Readiness to Change / Health Utilization / Alcohol / Overweight / Sedentary Lifestyle / Stress / As applicable based on risk



**Coaching with Doctor or Physician** 

CPT 98967



**Coaching with RN** 

CPT 98967

# **Benefits to the Employee**

### Unlimited Primary Care and Urgent Care Office Visits (employee only)

- The plan pays 100% of office visit charges for First Health Providers
- \$0 Deductible / \$0 Copay



### **Unlimited Virtual Care, Anytime, Anywhere**

- Consult with a doctor 24/7 for free
- \$0 Deductible / \$0 Copay
- Employee plus entire family
- On-demand virtual care right when you need it

### **Unlimited Prescriptions with \$0 Copay**

- No copay or cost for 85% of the most commonly prescribed medications
- Employee plus entire family

### Unlimited Hospitalization, Critical Illness & Accident Plan (employee only)

\$0 Deductible / \$0 Copay

# **Benefits To The Employee**

### Universal Life Insurance Policy (employee only)

- Most employees will qualify for up to \$150K of Life Insurance
- Policy is permanent which means, it will never expire
- Zero out-of-pocket cost to employer & employee)
- Accumulates a cash balance at a minimum guaranteed interest rate of 3%

#### 100% Preventative Care Services (employee only)

- Plan pays 100% of all services
- \$0 Deductible / \$0 Copay

### **DIRECT Primary Care / Mental Health Support & Therapy**

- \$0 Deductible / \$0 Copay
- Employee plus entire family

#### **Unlimited Virtual Pet Care**

- \$0 Deductible / \$0 Copay
- Licensed Veterinary professionals



# Plan Benefit Diagnose Coverages

**Direct Primary Care** 

Our Board-Certified Doctors can diagnose your symptoms, prescribe medication and send prescriptions to your pharmacy of choice. We treat most non-emergency conditions such as:

- Abdominal Pain/Cramps Stration
- Abscess
- Acid Reflux
- Allergies
- Animal/Insect Bite
- **Arthritis**
- Asthma
- Backache
- **Blood Pressure Issues**
- **Bronchitis**
- Bowel/Digestive Issues
- Cellulitis
  - Cold

- Cough/Croup
- Diarrhea
- Dizziness
- Eye Infection/Irritation
- Fever
- Flu
- Gas
- S Gout
- Headache/Migraine
- ∀ Herpes
- Solution Joint Pain/Swelling Laryngitis

- Pink Eye
- Poison Ivy/Oak
- Rash/Skin Injury
- Respiratory Infection
- Sinusitis
- Sore Throat
- Sprains & Strains
- STD's
- Strep
- **Tonsilitis**
- Vaginal/Menstrual Issues
- Yeast Infection And More

#### Mental & Behavioral Health

Licensed Therapists and Counselors available anytime, anywhere. Talk to us for issues such as:

- **ADHD**
- Addictions
- Anger Management
- Anxiety
- Bipolar Disorders
- Bullying
- Career/Job Related Stresses
- Child and Adolescent Issues
- Depression
- Divorce
- **Eating Disorders**
- General Life Coaching

- Grief and Loss
- Life Changes
- **Nutrition Counseling**
- Panic Disorders
- Parenting Issues
- Postpartum Depression
- Relationship and Marriage Issues
- Self-Image
- Stress
- Substance Abuse
- Trauma and PTSD And more



# Plan Face Scanner

Employees & family can use the FDA registered scanning technology to capture a large range of health information that they can use to improve upon and track their progress over time.

