



EverBloom

A creative healing experience inviting women into reflection, self-expression, and connection in a supportive, judgement free space.

SIGNATURE TOPICS

- Grounding the body and breath to create safety and presence
- Releasing perfection and reclaiming self-trust
- Being seen and reflected in shared human experience
- Exploring growth, fear, and resilience through creative floral expression
- Practice in giving and receiving support within community

Aria is a two-time terminal cancer survivor, recording artist, international public speaker, healing group facilitator and mental health advocate who has built a thriving online community through raw storytelling and purposeful content. After relearning to walk and talk following a traumatic car wreck, she turned her healing journey into a powerful platform for connection that now helps survivors find each other and thrive together.



Somatic
Healing



Journaled
Reflections



Bouquet
Creation



Safe
Expression