



District 3 Digest

An E-Newsletter from

Commissioner Julie Fishman

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District 3 News & Information

Greetings!

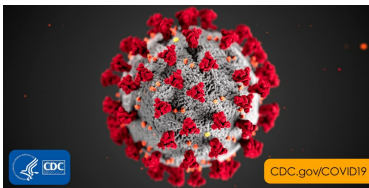
March Madness is here!

No, I'm not talking about basketball. I'm talking about the Presidential Primaries. I am not going to talk about potential candidates. I am however, going to ask you to vote in the Primary. Each and every person who is registered to vote needs to take that privilege seriously.

If you have already voted, make sure to remind your friends and family. Volunteer to take voters to the polls.

This is your opportunity to make your voices heard so make sure to holler!

Coronavirus Awareness



Speaking of madness, don't get so caught up in the media that you forget to pay attention to the facts. There are just over 100 confirmed cases of Coronavirus (also known as COVID-19) in the U.S. and that number will likely increase. I am not here to scare you as the media is already doing that; I am here to tell you what you should know about the

disease and how to protect yourself. I hope that I can help ease some of your worries and keep you aware!

Where Did it Come From?

There are many types of human coronaviruses but COVID-19 is a new disease that has not been seen in humans. The source of COVID-19 came from an animal coronavirus which infects humans. The first infections were linked to a live animal market and now it is being spread from person-to-person. The spread of this disease could happen before a person shows any symptoms.

How Does it Spread? What are the Symptoms?

The Center for Disease Control and Prevention (CDC) believes the disease spreads when in close contact with an infected person's coughs or sneezes. Touching surfaces or objects that have the virus on it and then touching your mouth, nose, or eyes can cause spread. How easily it can spread is still up in the air. COVID-19 is a new disease, so there is still much to learn about it. The symptoms of COVID-19 include fever, cough, and shortness of breath. These symptoms can show up anywhere between 2 and 14 days of infection.

There is no vaccine to prevent the disease but prevention is no different than when avoiding the flu:

- Avoid nonessential travel
- Avoid contact with sick people
- Avoid touching your eyes, mouth, and nose
- Stay home if you're feeling sick
- Cover your sneeze or cough
- Disinfect surfaces and objects that you use regularly
- Wash your hands frequently for a full 20 seconds
- Facemasks should only be worn by people who show symptoms of COVID-19 to help prevent spread

What is Tamarac Doing?

The City of Tamarac Staff has been in constant contact with the State of Florida Department of Health, the CDC, and local Health Care Providers so that we can provide accurate information on the spread. Hand washing guidelines and gel sanitizers will be placed in all city facilities and offices. All city facilities such as restrooms and locker rooms will be sanitized daily, from toilets and showers to light switches and bathroom doors. Dispensers, such as hand soap, gel sanitizers, and toilet seat covers, will be restocked daily. The City of Tamarac encourages City employees and the community to practice good hygiene so that we can prevent any further spread.

Remember to protect yourself by not shaking hands or hugging and kissing friends and family as this is a great way to spread germs! For now, do the fist bump or touch elbows!

The best way we can all prepare is by being aware of our surroundings and making sure we are taking preventative action. If you have any concerns please reach out to me, visit the Broward County and CDC website, or call the Broward County Health Department at (954) 831-4000 or the CDC at 800-232-4636.

Upcoming Events

Did you know the City of Tamarac in conjunction with Hispanic Unity's Volunteer Income Tax Assistance or VITA Program at the Tamarac Community Center? The program offers 100% free tax preparation. IRS-Certified Volunteer Tax preparers assist individuals and families to identify tax credits they are eligible for in order to maximize return refunds and bring critical dollars back to the community most in need. The services are provided from numerous community sites and offered in five languages - English, Spanish, Portuguese, Haitian-Creole and Sign Language.

For more information visit VITATaxesFree.org.

6th - [Movie in the Park](#)

7th - [Let's Go Biking](#)

9th - Commission Workshop at 9:30 am

11th - Commission Meeting at 7:00 pm

20th - [Groove in the Grass - Concert in the Park](#)

21st - [Community Garage Sale](#)

23rd - Commission Workshop at 9:30 am

25th - Commission Meeting at 9:30 am

29th - [Water's Edge Park Grand Opening](#)

Savor the Flavors Tamarac

Prepare your taste buds for an epic journey! Coming in April, the City of Tamarac will be holding a month long event highlighting the many different cuisines available in our city!

Here is an excerpt from an email sent to the City Commission about this exciting program:

"I wanted to share with you updated information and details for our upcoming first ever restaurant promotional campaign "**Savor the Flavors TAMARAC**," a month long food lovers event taking place during April. As you'll see below/attached, we are planning several exciting activities designed to promote and celebrate our diverse array of excellent cuisines and great small business restaurants in Tamarac!

Please visit

www.savourourcity.com/tamarac for

details. You will see there are four basic elements to the series of events throughout April: 1) **Tasty Tamarac PRIX FIXE** menu specials developed especially for **Savor the Flavors TAMARAC**; 2) **Guided Food BUS TOURS** (*ticketed event*) – 2 guided bus tours (April 14th & April 30th) to visit six different restaurants each tour; 3) **Self-Guided PASSPORTS** (*passports purchased in advance*) - residents try pre-selected specialty tastings at 15 different restaurants and return their stamped passports to the City by the end of April to be entered into a drawing for fabulous prizes; and last but not least, 4) a **Culinary Competition** for BEST APPETIZER IN TAMARAC to win the "People's Choice" and the "Judge's Choice" awards!"

I hope you will join me for a gastronomic April!

As always, please contact me if you have any questions or concerns.

Warm regards,

Julie



The Legislative Session ends on March 13th!

See what bills have made it through the legislative process to this point by [Clicking here.](#)

This email is being sent by Commissioner Julie Fishman with personal funds and not paid with public funds. Please be advised that any response to this email will be sent to her City of Tamarac email and as such will be captured by the City's public server and shall be subject to public records disclosure under Ch. 119, Florida Statute.

MARK YOUR CALENDARS!
FIRST ANNUAL
MONTH LONG FOOD-LOVERS EVENT
Savor The Flavors

TAMARAC
PRESENTED BY THE CITY OF TAMARAC
APRIL 2020

PRIX FIXE
Tasty Tamarac
Enjoy a special prix fixe menu for breakfast, lunch &/or dinner all month long at participating restaurants.

GUIDED Food Tour
Guided Food Tours
Join Savor Our City's Chief Foodie Officer on two unique guided tasting tours to some of the best restaurants in Tamarac. April 14th 9:00am-12:00pm and April 30th 10:00am-12:00pm. (*ticketed event*)

Self Guided Tasting Tour
Purchase a passport to pre-arranged global tastings. Fill your passport with stamps from each stop and drop it off at the end of the month at City Hall for your chance to win one of several great prizes. (*ticketed event*)

Cooking Competition
Culinary Competition
Participating Chefs will compete for the best appetizer, dessert or special ingredient. You will have a chance to meet culinary creators at each restaurant and cast your vote for the "People's Choice" awards.

For more information and to purchase tickets:
www.savourourcity.com/tamarac
or call (954)410-3177

Presented by: **TAMARAC** The City For Your Life

Our Event Partner: **TAMARAC**

Our Promotional Partner: **TAMARAC NORTH LAUDERDALE** Fresh & Modern