



PACEMAKER/AICD IMPLANT PATIENT INSTRUCTIONS

Patient Name: _____ **Procedure Date:** _____

Arrive to FMC at: _____ **and check-in at Pre-Surgical Services Registration.**

- Nothing to eat or drink **6 hours** prior to procedure.
- Most medications may be taken the morning of the procedure with a small amount of water.
- Medications that should be held for **7 days prior to procedure** if possible:
Coumadin (warfarin), Plavix (clopidogrel), Aggranox (dipyridamole), Bilinta (ticagrelor), and Effient (prasugrel)
- If you take **Pradaxa (dabigatran), Xarelto (rivaroxaban) or Eliquis (apixaban)**, please **hold them for 48 hours.**
- Hold Metformin the morning of procedure
- Plan on staying overnight in the hospital and going home the next day.
- You will need a chest x-ray before the procedure unless one is on file within the last 6 months.
- You must have someone who can drive you home and stay with you the remainder of the day and night following the procedure.
- The procedure may take anywhere from 1 to 2 hours or more
- Plan to be in recovery area for 2 to 5 hours following the procedure

Follow Up:

We will want you to have a follow-up appointment with one of your providers 1 week after your device implant and a visit with our pacemaker representative _____ months after having your device implanted.

Appointment Date: _____ Arrival Time: _____ at Mountain Heart

2000 S. Thompson St., Flagstaff, AZ 86001

Toll Free: (888)668-6478 / Main: (928)226-6400 / Fax: (928)226-6410