

# Soap Nuts

Thank you for choosing an ECO Friendly Laundry Alternative!



## Steps:

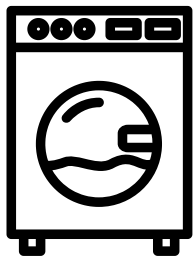
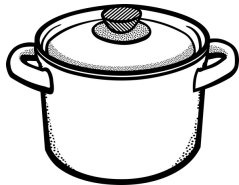
Place 3-5 shells in the cotton pouch tied at the top. Place inside the washing machine with your clothing. Suitable for both front & top loading machines and for temperatures up to 90 Degrees.

Set soap nuts on a well ventilated tray to dry when not in use. (we have these bamboo dishes / trays available at [thehappygoatsoapery.com](http://thehappygoatsoapery.com))

Optional: Add about 10 drops your favorite Essential oil directly in the soap nut bag before throwing in wash.

For Cool Washing (Temps Below 90 Degrees), it's best to make a liquid detergent ahead of time. (Keep out of reach of children and pets)

- On the stove top: 4 cups of water to 1 cup of soap nuts (about a palm full) Place soap nut in your reusable mini soap nut pouch.
- Crush soap nuts inside the pouch to make sure water can flow through them easily when boiled.
- Tie the pouch tight and place pouch of nuts in saucepan. Bring to boil. (do not leave stove unattended)
- Reduce heat. Simmer 30-45 minutes so liquid can concentrate.
- Take soap nut pouch back out of water and let cool. (Do not touch or try to squeeze the soap pouch... it's HOT!!!)
- Cool down the entire mixture first then pour & store in jar.
- OPTION: once liquid is cooled down to room temp. Add Essential Oil of your choice. Use the recommended amount by the oil manufacturer.
- Use as mixture as desired.



## Yay!

You just made your very first  
Soap Nut Detergent!

**SMALL LOAD:** 1 tablespoon of soap nut detergent into your liquid detergent dispenser and run your washing machine like normal.

**MEDIUM LOAD:** 2 tablespoons soap nut detergent.

**LARGE LOAD:** 3- 4 tablespoons soap nut detergent

Optional: Add about 10 to 20 drops your favorite Essential oil directly to the 3-4 cups liquid detergent.

**DID YOU KNOW:** You can wash your hair, dishes and use soap nuts as all purpose cleaner? You heard that right!  
Yes, all Natural Shampoo!!!

Learn more at [TheHappyGoatSoapery.com](http://TheHappyGoatSoapery.com) or Scan QR code below

Your clothes are clean, you're clean, and your house is clean. These soap nuts have worked hard, but they still have one more way to help contribute to your green agenda. Soap nuts are compostable! When they have no life left, just toss them in your compost bin.



**USE CODE : LUVEARTH2**

For 10% off your next soap nut purchase!

Online only. Cannot be combined with any other active sales or offers. No cash value.

**THEHAPPYGOATSOAPERY.COM**



SCAN ME FOR  
RECIPES!



KEEP OUT OF REACH OF  
CHILDREN AND PETS.  
NOT FOR HUMAN  
CONSUMPTION.  
EXTERNAL USE ONLY.  
AVOID EYES.