

VA travel pay reimbursement

VA travel pay reimbursement pays eligible Veterans and caregivers back for mileage and other travel expenses to and from approved health care appointments. Find out if you're eligible and how to file a claim.

On this page

- ↓ [File a claim for general health care travel reimbursement online](#)
- ↓ [Eligibility for general health care travel reimbursement](#)
- ↓ [What to do before you file your first claim](#)
- ↓ [Questions you may have about filing your claim](#)
- ↓ [More information about VA travel pay reimbursement](#)

Learn what the PACT Act means for your VA benefits >



General health care travel reimbursement covers these expenses for eligible Veterans and caregivers:

- Regular transportation, such as by car, plane, train, bus, taxi, or light

rail

- Approved meals and lodging expenses

You can file a claim online through the Beneficiary Travel Self Service System (BTSSS).



Sign in to file a travel pay claim

Sign in with your existing **Login.gov**, **ID.me**, **DS Logon**, or **My HealthVet** account. If you don't have any of these accounts, you can create a free **Login.gov** or **ID.me** account now.

[Sign in or create an account](#)

Filing a travel pay claim for the first time? Keep reading to find out if you're eligible and what to know before you file your claim.

Eligibility for general health care travel reimbursement

For Veterans

As a Veteran, you may be eligible for reimbursement if you meet the requirements listed here.

This must be true:

You're traveling for care at a VA health facility or for VA-approved care at a non-VA health facility in your community.

And at least one of these must also be true:

- You have a VA disability rating of 30% or higher, **or**

- You're traveling for treatment of a service-connected condition, even if your VA disability rating is less than 30%, **or**
- You receive a VA pension, **or**
- You have an income that's below the maximum annual VA pension rate, **or**
- You can't afford to pay for your travel, as defined by our guidelines, **or**
- You're traveling for one of these reasons: A scheduled VA claim exam (also called a compensation and pension, or C&P, exam), to get a service dog, or for VA-approved transplant care

For caregivers

We may pay for transportation and related lodging and meals for non-Veterans if the person meets any of these requirements.

At least one of these must be true:

- The person is your family caregiver under the National Caregiver Program traveling to receive caregiver training or to support your care, **or**
- The person is your medically required attendant traveling with you to support your care, **or**
- The person is your transplant care donor or support person

We may also pay for care for an allied beneficiary when the appropriate foreign government agency has authorized their care, or for the beneficiary of another federal agency when that agency has approved their care.

What to do before you file your first claim

- Set up direct deposit. We can then deposit your reimbursement into

your bank account.

[Learn how to set up direct deposit for VA travel pay reimbursement \(https://www.va.gov/resources/how-to-set-up-direct-deposit-for-va-travel-pay-reimbursement\)](https://www.va.gov/resources/how-to-set-up-direct-deposit-for-va-travel-pay-reimbursement)

- Keep your receipts for all transportation and approved meals or lodging. And track your mileage to and from appointments.
[Find out what expenses we pay for and current mileage rates \(https://www.va.gov/resources/reimbursed-va-travel-expenses-and-mileage-rate\)](https://www.va.gov/resources/reimbursed-va-travel-expenses-and-mileage-rate)
- Be sure to file your claim on time. You must file within **30 days** of the appointment or of when you become eligible for reimbursement. File a new claim for each appointment.
[Get step-by-step instructions for how to file a travel pay claim online \(https://www.va.gov/resources/how-to-file-a-va-travel-reimbursement-claim-online\)](https://www.va.gov/resources/how-to-file-a-va-travel-reimbursement-claim-online)

Questions you may have about filing your claim

[Expand all +](#)

Can I file a claim by mail, email, or in person?



Can I get reimbursed for traveling to get treatment at a special disability rehabilitation center?



If I travel with another Veteran or use a free transportation service, am I still eligible for reimbursement?



What if I need transport by ambulance, wheelchair van, or other special type of vehicle?



How can I get help with my claim?





More information about VA travel pay reimbursement

[Reimbursed VA travel expenses and mileage rate](https://www.va.gov/resources/reimbursed-va-travel-expenses-and-mileage-rate) **(<https://www.va.gov/resources/reimbursed-va-travel-expenses-and-mileage-rate>)**

Learn what health care travel-related expenses we reimburse and our current mileage reimbursement rate.

[How to set up direct deposit for VA travel pay reimbursement](https://www.va.gov/resources/how-to-set-up-direct-deposit-for-va-travel-pay-reimbursement) **(<https://www.va.gov/resources/how-to-set-up-direct-deposit-for-va-travel-pay-reimbursement>)**

Find out how to set up direct deposit so we can deposit your reimbursement directly into your bank account.

[How to file a travel pay claim online](https://www.va.gov/resources/how-to-file-a-va-travel-reimbursement-claim-online) **(<https://www.va.gov/resources/how-to-file-a-va-travel-reimbursement-claim-online>)**

Find out how to submit your travel pay claim online through the Beneficiary Travel Self Service System (BTSSS).

[VA online travel pay reimbursement claim instruction videos \(YouTube\)](https://www.youtube.com/watch?v=7lNUiyQT4gM&list=PL3AQ_JVoBEyzJnt68Eq_mPBdyZfkvq0Wu) **(https://www.youtube.com/watch?v=7lNUiyQT4gM&list=PL3AQ_JVoBEyzJnt68Eq_mPBdyZfkvq0Wu)**

Get video instructions on how to use the online Benefit Travel Self-Service System (BTSSS).

Last updated: April 5, 2023