

# **Beyond BARS Coaching - Privacy Policy & SMS Communication**

## **Privacy Policy & Messaging Terms**

Beyond BARS Coaching

At Beyond BARS Coaching, we believe in building trust, safety, and integrity in every interaction. Your privacy matters, and we are committed to protecting your personal information.

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### **What We Collect**

When you engage with Beyond BARS Coaching, we may collect:

- Your name, email address, and phone number
  - Information shared when signing up for coaching, programs, events, or resources
  - Communication preferences, including SMS/text opt-ins
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### **How Your Information Is Used**

Your information is used to support your growth and participation, including:

- Delivering coaching services, resources, and program materials
- Sending reminders, check-ins, and accountability support
- Sharing updates related to your programs or involvement
- Responding to questions and providing client care
- Performing services requested, including billing, customer service, appointment reminders, and administrative communication

We aim to communicate with intention—never overwhelm.

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# **Beyond BARS Coaching - Privacy Policy & SMS Communication**

## **SMS / Mobile Messaging Privacy Policy**

### **Information Collected**

We may collect information such as your name, phone number, and email address when you opt in to SMS communication.

### **Use of Information Collected**

We may use the information we collect to perform the services requested, including billing, customer service, appointment reminders, and other administrative requests.

### **Sharing of Information Collected**

Mobile information will not be shared with third parties or affiliates for marketing or promotional purposes.

This includes text messaging opt-in data and consent.

All categories of personal data exclude text messaging originator opt-in data and consent; this information will not be shared with any third parties.

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## **SMS/Text Communication**

By providing your phone number and opting in, you agree to receive text messages from Beyond BARS Coaching. These may include:

- Appointment reminders
- Program updates
- Accountability and support messages
- Account notifications
- Occasional relevant invitations or opportunities

Message frequency may vary. Messaging and data rates may apply.

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# **Beyond BARS Coaching - Privacy Policy & SMS Communication**

## **Messaging Terms & Conditions**

You agree to receive informational messages (including appointment reminders and account notifications) from Beyond BARS Coaching. Message frequency varies. Message and data rates may apply.

For help, reply HELP or contact us at:  
Vanessa.Ragains@gmail.com

You can opt out at any time by replying STOP.

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## **Opting Out & Support**

You are always in control:

- Reply STOP at any time to opt out of SMS communications
- Reply HELP at any time to receive assistance

You understand that messaging frequency may vary and that message and data rates may apply.

At any time, if you want your information removed, you may contact us via email or regular mail.

All messaging practices follow applicable industry standards, including CTIA guidelines.

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## **Your Privacy Is Protected**

Your personal information—including your phone number—will never be sold, rented, or shared with third parties for marketing purposes.

We may use secure, trusted platforms to deliver our services, but your data is only used to support your experience within Beyond BARS Coaching.

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# **Beyond BARS Coaching - Privacy Policy & SMS Communication**

## **Data Protection**

We take reasonable steps to protect your personal information and maintain confidentiality.

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## **Contact**

For questions or support:  
Vanessa.Ragains@gmail.com  
(650) 307-6592

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## **Policy Updates**

We may update this policy as our services evolve. Updates will be reflected on this page.

Effective Date: March 19, 2026